

# Jesus Gives A Lesson on Disarming FEAR

May 5, 2024

## Introduction:

Text: Mark 4:35-41

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**Big Idea:** Faith must be \_\_\_\_\_ to become fully effective.

## #1-Jesus \_\_\_\_\_ allows my life circumstances to strip me of \_\_\_\_\_ securities (35-37)

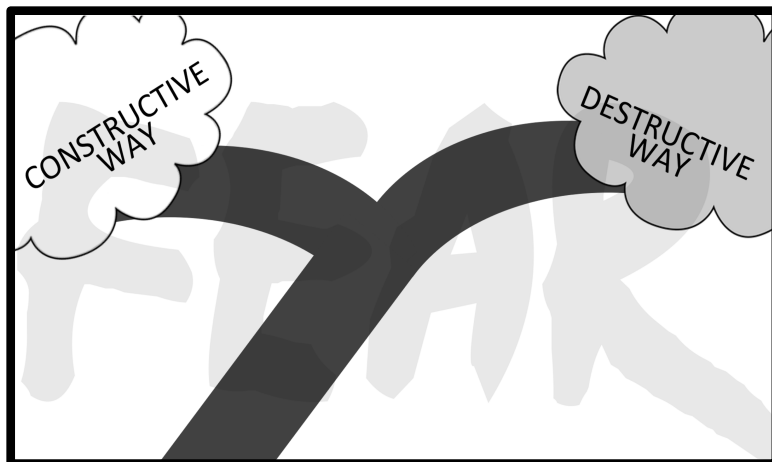
- \_\_\_\_\_ strength and resources can give me the sense that I am "safe & secure"
- Jesus is more concerned about the genuine fabric of my faith than my \_\_\_\_\_.
  - When we disobey God, **we defy His authority and despise His holiness.**
  - When we fail to trust God, **we doubt His sovereignty and question His goodness.**
  - In both cases, **we cast mockery upon His majesty and His character.**
  - In order to trust God, we must always view our adverse circumstances through the eyes of faith, **not our emotions or feelings.**

## #2-When I am vulnerable, Jesus proves Himself most \_\_\_\_\_ (38)

- When the sense of vulnerability comes, reject the notion that Jesus does not \_\_\_\_\_.
- Jesus wants us to trust Him not our \_\_\_\_\_.
- Trusting God is a matter of the \_\_\_\_\_; it is not dependent on my feelings.

## #3-Jesus' answer to my fear is \_\_\_\_\_ (39-41)

- Trusting Jesus in the "dark" is \_\_\_\_\_
  - Trusting God is a matter of the WILL
  - Trusting God is a matter of KNOWLEDGE
  - Lessons from Psalm 56:4 and 34:4.
  - Three essential truths to remember in the darkness:
    - God is completely \_\_\_\_\_
    - God is infinite in \_\_\_\_\_
    - God is perfect in His \_\_\_\_\_ and LOVE



## TRUTH INTO ACTION: Learning to Trust God

1. Trusting God is a matter of the **WILL**. **Choose to live trusting God over and over again.**
2. Trusting God is a matter of **KNOWLEDGE**. **When the Bible states a truth, make the decision to believe it.**
3. Don't live fearing your fears. **Live your life WORSHIPPING the God who can "hush" or silence YOUR FEARS.**

## CONNECT CARD NEXT STEP:

#1- In what areas of your life are you tempted to respond with fear rather than faith?

#2-Let us know how we can help you and pray for you.

**Pray first†**

Please understand we want to help you know Jesus personally and journey with you in taking fresh steps of obedience daily. We would love to pray with you and for you. Join us at the end of the service for prayer or send us your request on the Connect Card and we will lift them up throughout the week.

**Table Talk**

**Read the gospel accounts:** Matthew 8:23–27, Mark 4:35–41, Luke 8:22–25

**Warm Up:** What is the worst storm you've ever been through?

1. How did the disciples react to this storm? And what did many of them do for a living?
2. Are you ever annoyed when it looks like God is sleeping and ignoring the situation that has "swamped" you and threatens to drown you?
3. Why do you think the disciples wake Jesus up?
4. Did they want Him to calm the storm or to take cover?
5. Why are the disciples still "terrified" even after Jesus calms the storm?
6. In what areas of your life are you tempted to respond with fear rather than faith?

**Closing Prayer:** Jesus help me to worship you not to fear my fears. Amen!

Resources: Jerry Bridges, *Trusting God Even When Life Hurts*; G. Campbell Morgan; R. C. Sproul, *The Gospel of Mark*; Tim Keller, *Christ the King*; *Life Application Bible Commentary, Mark*; Jason Meyer, *Mark for You*; Gaebelien (Ed.), *The Expositor's Bible Commentary: Mark*.