

Why Worship?—Psalm 121

March 19, 2023

BIG IDEA: In life, when we don't recognize the need to actively Worship our God, we will inevitably worship something else!

1. In a dangerous world, our God made Heaven and Earth (vs. 1-2)

A. There is comfort when we recognize that God made

_____.

"He set the earth on its foundations, so that it should never be moved." Psalm 104:5

**B. When we keep our sovereign God on his throne our
troubles stay in _____.**

2. In a dangerous world, our God will never grow tired and weary (vs. 3-4)

*The Everlasting God
You do not faint You won't grow weary
You're the defender of the weak
You comfort those in need
You lift us up on wings like eagles*

3. In a dangerous world, our God will always watch over us (vs. 5-7)

Psalm 18:2
The Lord is my rock and my fortress and my deliverer, my God, my rock, in whom I take refuge, my shield, and the horn of my salvation, my stronghold.

TRUTH INTO ACTION:

- **By recognizing all that He is and all that He has done, we can re-examine our need to worship Him.**
- **Worship is a THANK YOU. Let's find which pair of glasses we need to focus and make much of Him for all that He does.**



Please understand we want to help you know Jesus personally and journey with you in taking fresh steps of obedience daily. We would love to pray with you and for you. Join us at the end of the service for prayer or send us your request on the Connect Card and we will lift them up throughout the week.

Table Talk

Warm Up: What was your WORST ROAD TRIP you can remember?

1. Read Psalm 121 again as a group.

2. Humans are worshippers. What was the idol being warned about in each of these passages?
 - Genesis 11:4
 - Genesis 35:2
 - Exodus 32:1-7
 - 1 Samuel 7:3
 - 2 Chronicles 31:1
 - Jeremiah 1:16
 - Romans 1:21-23
 - 1 John 1:21

3. Describe looking back on a rough time in your life. What part of Psalm 121 gives you the most hope?

4. How does this Psalm as whole help us focus our hope?

5. What gift of worship resonates most with you?

6. What are some ideas on how to re-energize worship in our lives?