

# Meeting At The Mountain

May 31, 2026

Bible Passage: Exodus 19

**Big Idea:** The 10 Commandments are there to \_\_\_\_\_ you to Jesus and motivate you to \_\_\_\_\_ Jesus.

## #1-Why are the 10 Commandments a big deal? (Exodus 19)

- The Commandments have \_\_\_\_\_ our world and the laws of nations more than any other document in history.
- The \_\_\_\_\_ battle over the 10 Commandments (separation of church & state)
  - Resource: Separation of Church & State: What the Founders Meant by David Barton
- The \_\_\_\_\_ battle over the 10 Commandments (separation of law & grace)

## #2-Why do we need to study the Ten Commandments today? (Exodus 19)

- We live in an age of \_\_\_\_\_
- We live in an age of \_\_\_\_\_
- We live in an age of \_\_\_\_\_

## #3-What was the historical background to the actual giving of the Ten Commandments?

- God's \_\_\_\_\_ of Israel from slavery in Egypt (Exodus 1-14)
- Israel's arrival at Sinai and a time of preparation (Exodus 19)
  - God assigned them three things in preparation:
    - Wash their \_\_\_\_\_ (Exodus 19:10)
    - \_\_\_\_\_ at the bottom of the mountain to keep the people from going up on the mountain (Exodus 19:12-14)
    - Abstain from sexual relations during this time (Exodus 19:15)
- God's appearance on Mount Sinai before the people (Exodus 19:16-19)

## #4-What was God's purpose behind giving the Law?

- What the Law was **not meant to do**:
  - The law was not designed to bring you into \_\_\_\_\_ with God.
  - The law was not designed to serve as a \_\_\_\_\_ to get into heaven.
- What the Law was **meant to do**:
  - The Law is designed to \_\_\_\_\_ God's character to us (Psalm 19:7-11)
  - The Law is designed to \_\_\_\_\_ human evil (Romans 13)
  - The Law is designed to \_\_\_\_\_ you of sin and your need for a Savior (Romans 7:7-14)

## A few Observations:

- The Commandments come as \_\_\_\_\_ from above, not wisdom from below.
- The Commandments are given as \_\_\_\_\_ commands to be obeyed not options to be entertained.
  - Jesus summarized the 10 into 2 commandments: Love God & Love Others as Yourself (Matthew 22:35-40)
- The Ten Commandments are directed to the \_\_\_\_\_ rather than the group.

## Fighter Memory Verse --JUNE

Romans 12:1-2 (ESV)

1 I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. 2 Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

## TRUTH INTO ACTION

- Since the Commandments come from above—**DON'T LOOK WITHIN FOR TRUTH, LOOK TOWARD GOD.**
- Since they are called Commandments—**REMEMBER THEY ARE NOT MERELY SUGGESTIONS.**
- Since the Commandments are directed to the individual rather than the group—**EXAMINE YOUR OWN LIFE FOR OBEDIENCE or DISOBEDIENCE.**

### Pray first



Please understand we want to help you know Jesus personally and journey with you in taking fresh steps of obedience daily for Jesus. We would love to pray with you and for you. Join us at the end of the service for prayer or send us your request on the Connect Card and we will lift them up throughout the week.

## Table Talk:

**This lesson is a follow up to the sermon. Please take the time this week to work through it in your community group or around your own kitchen table.**

**Warm Up:** From memory, see how many of 10 commandments you can name.

### 1. The Commandments come as authority from above, not wisdom from below.

- Why is it important for us to note that this authority or truth comes from above? (Jeremiah 17:9)
- How dangerous is it to follow this line of thinking, “My greatest truth comes from within me?” Discuss this with those around your table.

### 2. God gave the Israelites freedom from the Egyptians to do what? (See 19:5-6)

3. Why would God call the Israelites a holy nation in vs. 6 and what does that mean? [Hint: God announces for Israel a conditional covenant. If they would keep His covenant, Israel would be a people for His own possession and a kingdom of priests and a holy nation (Exodus 19:5–6). The people of Israel responded that they would fulfill what God would command them, and thus they sealed the covenant with a commitment (Exodus 19:8). Israel broke the covenant (Jeremiah 31:32) and forfeited the blessings offered therein. However, Paul explains that Abraham was the father of three different kinds of descendants in Romans 4. He is the father of many according to the flesh (Israel in general, Romans 4:1), he is the father of those who believe who are not of Israel (Gentile believers, Romans 4:11), and he is the father of all who believe and are of the nation of Israel (Jewish believers, Romans 4:12).] Except from <https://www.gotquestions.org/kingdom-of-priests.html>

4. The point in the sermon was made that **the law was not given to remedy our sin but to reveal our sin and point us to our need for a savior. Read Romans 8:3 and Galatians 3:24 and discuss.**

5. Review Truth into Action. Which one did the Holy Spirit cause you to think about the most and why?

**Prayer:** Father God, without the law I would be lost. Thank you for Bible truth that teaches me what's RIGHT, what's WRONG and the solution that Jesus can be for me. Guide me today and help me to be a fully devoted disciple of Jesus. In the sweet name of Jesus I pray, AMEN!