

REPENT, RELEASE & RECEIVE

Your Miracle

CLEAR THE CONNECTION.
REMOVE THE BLOCKAGE.
— STEP INTO YOUR MIRACLE. —



REPENT
CLEAR THE CONNECTION
TURN FROM & RETURN
TO GOD



RELEASE
REMOVE THE BLOCKAGE
FORGIVE, LET GO &
BREAK EVERY STRONGHOLD



RECEIVE
STEP INTO YOUR MIRACLE
RECEIVE BY FAITH WHAT
GOD HAS PREPARED

REPENT → RELEASE → RECEIVE | FAITH → FREEDOM → MIRACLES

APOSTLE KEITH BARNETT

TEACHING | SCRIPTURE | PRAYER | ACTIVATION

— UNHINGED FAITH. UNSTOPPABLE MIRACLES. —

REPENT, RELEASE & RECEIVE YOUR MIRACLE

AMPC - EXPANDED - UNHINGED EDITION

Repentance clears the connection.

Release removes the bondage.

Faith receives what grace provides.

Apostle Keith Barnett

INTRODUCTION

BEFORE YOU ASK FOR THE MIRACLE

It is possible to become so focused on the miracle we want that we miss the work God wants to do in us. This book begins before the breakthrough. It begins with the heart.

REPENT means I stop defending what God is confronting and turn back into agreement with Him.

RELEASE means I surrender offense, bitterness, pain, fear, control, and every weight that keeps my heart bound. **RECEIVE** means I open my life to God's grace by faith and obey what He places before me.

This is not a formula for forcing God to perform. We do not purchase miracles through repentance, forgiveness, or obedience. Jesus is the center. Grace is the source. Faith is our response. God's wisdom remains greater than our preferred outcome.

The question is not only, *What do I want God to change?* The deeper question is, *What is God asking to change in me?*

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CHAPTER 1

REPENT - CLEAR THE CONNECTION

Repentance is more than feeling bad because something went wrong. Biblical repentance is a turning - a change of mind, heart, and direction that brings us back into agreement with God. Many people want God to change their circumstances while resisting the change He is asking for in them.

David's cry after his sin was not primarily, 'Give me my position back.' He cried for cleansing, truth in the inward parts, a clean heart, and a renewed spirit. Real repentance is not image management. It is surrender.

Repentance does not purchase grace. It responds to grace. God exposes what is wrong because He intends restoration, not because He delights in condemnation.

AMPC SCRIPTURE FOR TEACHING

Psalms 51:10 AMPC - "Create in me a clean heart, O God, and renew a right, persevering, and steadfast spirit within me."

Acts 3:19 AMPC - "So repent (change your mind and purpose); turn around and return [to God]..."

1 John 1:9 AMPC - "If we [freely] admit that we have sinned and confess our sins, He is faithful and just... and will forgive our sins."

EXPOUND IT

Repentance is not God pushing you away. It is God calling you back. Conviction identifies what must change; grace supplies the way home.

UNHINGED

UNHINGED TRUTH: Stop asking God to bless what He told you to turn away from.

HEART CHECK

1. What is God asking me to turn from, not merely feel sorry about?
2. Have I confused regret over consequences with true repentance?

PRAYER / ACTIVATION

Lord, search me. Expose every place where my heart, attitude, words, or choices are out of alignment with You. Give me grace to turn completely and walk clean before You, in Jesus' name.

CHAPTER 2

THE SIN YOU DON'T SEE

Some of the most dangerous areas are not the sins we openly fight but the things we have learned to tolerate. What becomes normal to us can still be contrary to God's Word.

Achan hid what God had forbidden, and the hidden thing affected more than Achan. Scripture repeatedly teaches that concealed sin is not powerless simply because people cannot see it.

The answer is not obsession or fear. The answer is honest surrender before God: 'Show me what I am not seeing.' Spiritual maturity welcomes the light.

AMPC SCRIPTURE FOR TEACHING

Psalms 139:23-24 AMPC - "Search me [thoroughly], O God, and know my heart! Try me and know my thoughts!"

Proverbs 28:13 AMPC - "He who covers his transgressions will not prosper, but whoever confesses and forsakes his sins will obtain mercy."

EXPOUND IT

What you excuse can become what controls you. Repentance breaks agreement with hidden compromise and brings it into the light of God's truth.

UNHINGED

UNHINGED TRUTH: If you have to hide it to keep doing it, you already know the light is confronting it.

HEART CHECK

1. What have I normalized that Scripture confronts?
2. Where am I more concerned with being discovered than with being changed?

PRAYER / ACTIVATION

Lord, reveal what I have normalized, excused, hidden, or refused to confront. I choose truth over concealment and freedom over compromise.

CHAPTER 3

RETURN TO YOUR FIRST LOVE

The church at Ephesus had works, endurance, discernment, and perseverance - yet Jesus confronted the loss of first love. Activity for God can never replace affection for God.

You can become skilled at ministry while becoming distant in communion. You can know how to serve, preach, sing, organize, and lead while the private fire grows dim.

Jesus' remedy is clear: remember, repent, and do the works you did at first. Repentance restores priority. It puts relationship back before performance.

AMPC SCRIPTURE FOR TEACHING

Revelation 2:4-5 AMPC - "you have left (abandoned) the love that you had at first... Remember... Repent..."

Matthew 22:37 AMPC - "You shall love the Lord your God with all your heart and with all your soul and with all your mind."

EXPOUND IT

God does not merely want your usefulness. He wants your heart. Ministry flowing from intimacy carries something ministry performed from habit cannot manufacture.

UNHINGED

UNHINGED TRUTH: You can be busy in the house and still be distant from the Father.

HEART CHECK

1. Has ministry activity replaced private communion with God?
2. What did I do when my hunger for God was stronger than I need to return to?

PRAYER / ACTIVATION

Lord, restore tenderness, hunger, and first-love devotion. Deliver me from replacing Your presence with activity.

CHAPTER 4

LET IT GO OR STAY STUCK

Release begins where repentance turns outward into relationships. Some people have left the event but never released the offense. Their body moved forward while their heart stayed at the scene of the wound.

Joseph's story shows that betrayal does not have to become identity. What others meant for evil did not cancel God's purpose. Forgiveness did not mean the betrayal was good; it meant the betrayal would not own Joseph's future.

Forgiveness is not calling wrong right. It is surrendering vengeance and refusing to let another person's action keep ruling your inner life.

AMPC SCRIPTURE FOR TEACHING

Genesis 50:20 AMPC - "you thought evil against me, but God meant it for good..."

Mark 11:25 AMPC - "if you have anything against anyone, forgive him and let it drop."

Ephesians 4:31-32 AMPC - "Let all bitterness... be banished from you... forgiving one another."

EXPOUND IT

Release is not saying it did not hurt. Release is saying the hurt will no longer have authority over your obedience, worship, relationships, or future.

UNHINGED

UNHINGED TRUTH: Stop giving permanent residence in your spirit to people who may not even be thinking about you.

HEART CHECK

1. Whose actions am I still replaying internally?
2. What would releasing vengeance free me to do?

PRAYER / ACTIVATION

Lord, I release every offense I have been carrying. I surrender vengeance, bitterness, and the need to replay the wound. Heal me and move me forward.

CHAPTER 5

UNFORGIVENESS IS A PRISON

Jesus' parable of the unforgiving servant is intentionally severe. A man who received extraordinary mercy refused to extend mercy to someone indebted to him.

Grace is meant to transform the receiver into a person who understands mercy. When we cling to unforgiveness, we remain emotionally chained to the very thing we say we want freedom from.

Forgiveness may be a decision you must reaffirm while healing continues. It does not automatically restore trust or remove wise boundaries.

AMPC SCRIPTURE FOR TEACHING

Matthew 18:33 AMPC - "should you not have had pity and mercy on your fellow attendant, as I had pity and mercy on you?"

Colossians 3:13 AMPC - "even as the Lord has [freely] forgiven you, so must you also [forgive]."

EXPOUND IT

You can have boundaries without bitterness. Forgiveness releases personal vengeance. Reconciliation is different: restored relationship normally requires truth, repentance, safety, and rebuilt trust. Forgiveness can be given even when reconciliation is not yet wise or possible.

UNHINGED

UNHINGED TRUTH: Unforgiveness promises protection but keeps you tied to the person who hurt you.

HEART CHECK

1. Am I calling bitterness a boundary?
2. Do I need to forgive while still maintaining a wise boundary?

PRAYER / ACTIVATION

Father, because You have shown me mercy, I choose to forgive. Give me wisdom for boundaries and grace to keep my heart free.

CHAPTER 6

RELEASE THE PAIN

Pain that is never surrendered often changes form. It can become anger, withdrawal, suspicion, hardness, control, or a constant expectation that the next person will repeat what the last person did.

Job's restoration narrative includes the striking moment when he prayed for his friends. We should not turn that verse into a mechanical formula, but it does reveal a heart that could pray beyond its own pain.

God can heal memories without erasing history. The goal is not pretending you were never wounded. The goal is refusing to let the wound dictate who you become.

AMPC SCRIPTURE FOR TEACHING

Job 42:10 AMPC - "the Lord turned the captivity of Job and restored his fortunes when he prayed for his friends."

Psalms 147:3 AMPC - "He heals the brokenhearted and binds up their wounds..."

1 Peter 5:7 AMPC - "Casting the whole of your care... on Him, for He cares for you affectionately."

EXPOUND IT

Pain must be brought into God's presence rather than built into your identity. Healing is not denial; it is surrender plus truth over time.

UNHINGED

UNHINGED TRUTH: What hurt you may explain some of your reactions, but it does not get to become the lord of your future.

HEART CHECK

1. What reaction in me may actually be unhealed pain speaking?
2. What pain do I need to name honestly before God?

PRAYER / ACTIVATION

Lord, I give You the pain beneath my anger, fear, and defenses. Heal what I cannot fix by myself and teach me to live free.

CHAPTER 7

POSITION YOURSELF TO RECEIVE

Receiving is not passive unbelief disguised as waiting. Bartimaeus heard Jesus was passing by and cried out. When people tried to silence him, he cried louder.

Faith responds to revelation. Bartimaeus could not heal himself, but he could position himself to call on the One who could.

Positioning does not manipulate God. It means bringing your attitude, obedience, expectation, and action into agreement with what God has said.

AMPC SCRIPTURE FOR TEACHING

Mark 10:47-48 AMPC - Bartimaeus "began to shout" to Jesus and "kept on shouting out all the more."

Hebrews 11:6 AMPC - "without faith it is impossible to please and be satisfactory to Him."

James 2:17 AMPC - faith without corresponding action "is destitute of power."

EXPOUND IT

Faith does not earn the miracle; faith reaches toward the One who is able. Position yourself where obedience and expectation meet.

UNHINGED

UNHINGED TRUTH: Stop calling it 'waiting on God' when God has already told you what step to take.

HEART CHECK

1. What obedient step have I delayed?
2. Is my expectation rooted in God's character and Word or only in my preferred outcome?

PRAYER / ACTIVATION

Lord, show me the obedient step in front of me. Give me courage to move, speak, reach, and respond in faith.

CHAPTER 8

PRESS THROUGH THE CROWD

The woman with the issue of blood had reasons to stop: years of suffering, failed treatments, depleted resources, social barriers, and a crowd between her and Jesus.

Her faith did not deny the obstacles. It decided the obstacles would not have the final word. She pressed through because she had settled something inwardly: if she could reach Jesus, she believed change was possible.

Breakthrough faith is not loud emotion alone. It is settled persuasion that keeps moving toward Christ when resistance says quit.

AMPC SCRIPTURE FOR TEACHING

Mark 5:27-28 AMPC - "she came up behind Him in the throng and touched His garment... If I only touch His garments, I shall be restored to health."

Mark 5:34 AMPC - "your faith (your trust and confidence in Me...) has restored you to health."

Galatians 6:9 AMPC - "let us not lose heart and grow weary... for in due time... we shall reap."

EXPOUND IT

The crowd is whatever stands between hearing about Jesus and personally reaching toward Him in faith. Refuse to let resistance become your theology.

UNHINGED

UNHINGED TRUTH: The crowd does not get to decide how close you get to Jesus.

HEART CHECK

1. What 'crowd' has been discouraging my pursuit of Jesus?
2. Have delays changed what I believe about God's character?

PRAYER / ACTIVATION

Jesus, strengthen my faith when resistance rises. I will not let disappointment, delay, opinions, or past failure stop my pursuit of You.

CHAPTER 9

OBEDIENCE UNLOCKS OVERFLOW

Peter had professional experience and a night of failure. Jesus' instruction challenged what Peter's recent experience told him. Peter answered, in effect: because You say so, I will act.

Obedience is where revelation becomes movement. We can agree with God's Word mentally and still resist the instruction that requires trust.

The miraculous catch was not a reward for technique. It revealed the authority of Jesus and the power of responding to His word.

AMPC SCRIPTURE FOR TEACHING

Luke 5:5-6 AMPC - "on the ground of Your word, I will lower the nets [again]... they caught a great number of fish."

John 14:15 AMPC - "If you [really] love Me, you will keep (obey) My commands."

EXPOUND IT

Obedience is not a lever that forces God to give us whatever we want. It is the posture of a disciple who trusts God's wisdom above his own understanding.

UNHINGED

UNHINGED TRUTH: Your last failure does not have more authority than God's next instruction.

HEART CHECK

1. Where has past disappointment made me reluctant to obey again?
2. What instruction from Scripture do I already know but have not acted on?

PRAYER / ACTIVATION

Lord, deliver me from selective obedience. When You speak through Your Word and lead me by Your Spirit, give me courage to obey fully.

SPECIAL TEACHING

GODLY SORROW VS. CONDEMNATION

Not every painful feeling about sin is the same. Paul distinguishes godly sorrow from worldly sorrow. Godly sorrow produces repentance - it moves us toward God, truth, change, and life. Condemnation, by contrast, tells us that failure is our permanent identity and that there is no way back.

Romans 8:1 does not make sin insignificant. It announces that those who are in Christ Jesus do not live under a final sentence of condemnation. The Holy Spirit convicts specifically so we can repent; condemnation attacks identity and pushes us toward hopelessness.

AMPC SCRIPTURE FOR TEACHING

2 Corinthians 7:10 AMPC - "godly grief... produces the repentance that leads and contributes to salvation and deliverance from evil."

Romans 8:1 AMPC - "there is now no condemnation... for those who are in Christ Jesus."

EXPOUND IT

Conviction says, 'This must change - come back to God.' Condemnation says, 'You can never change - stay away from God.' Learn the difference.

UNHINGED

UNHINGED TRUTH: Conviction points to the door of repentance. Condemnation tries to convince you the door is locked.

PERSONAL REFLECTION

What truth from this teaching is the Holy Spirit asking me to act on?

SPECIAL TEACHING

REPENTANCE THAT MAKES THINGS RIGHT

Sometimes repentance requires more than private words. When our actions have harmed another person, genuine repentance may include confession, apology, restitution, changed behavior, or repairing what can responsibly be repaired.

Zacchaeus did not use restitution to buy salvation. His changed response revealed that something real had happened in his heart. Grace reached him, and his relationship to money and people changed.

Not every situation can be repaired directly, and wisdom matters - especially where contact would be unsafe or harmful. But repentance should make us willing to correct what we can rather than hiding behind religious language.

AMPC SCRIPTURE FOR TEACHING

Luke 19:8 AMPC - Zacchaeus said he would restore what he had wrongfully taken.

Matthew 5:23-24 AMPC - Jesus teaches the seriousness of seeking reconciliation when a brother has something against us.

EXPOUND IT

Repentance asks more than, 'Did I say sorry?' It asks, 'What does changed behavior look like now?'

UNHINGED

UNHINGED TRUTH: An apology without a willingness to change can become another way of protecting the same behavior.

PERSONAL REFLECTION

Is there something I need to make right, repair, or change in my behavior?

SPECIAL TEACHING

RECEIVING BY FAITH WITHOUT MAKING FAITH A FORMULA

Faith is confidence in God, not a technique for controlling God. Scripture calls us to ask, believe, trust, and expect - while also submitting our desires to God's will and wisdom.

Mark 11:24 teaches bold believing prayer. First John 5:14-15 adds an essential dimension: confidence is connected to asking according to His will. Biblical faith can be strong without becoming presumptuous.

Sometimes faith receives the answer we expected. Sometimes faith keeps trusting when God's answer, method, or timing differs from ours. The object of faith is God Himself.

AMPC SCRIPTURE FOR TEACHING

Mark 11:24 AMPC - "whatever you ask for in prayer, believe (trust and be confident)..."

1 John 5:14 AMPC - "if we ask anything according to His will... He listens to and hears us."

Hebrews 11:6 AMPC - "without faith it is impossible to please and be satisfactory to Him."

EXPOUND IT

Faith is not pretending uncertainty does not exist. Faith places greater weight on God's character than on circumstances.

UNHINGED

UNHINGED TRUTH: Faith does not make God your servant. Faith makes you confident enough to trust Him as Lord.

PERSONAL REFLECTION

Am I trusting God Himself, or only trusting for the outcome I prefer?

FINAL ACTIVATION

REPENT. RELEASE. RECEIVE.

Use these final pages slowly. This is not about rushing through three religious steps. It is an invitation to become honest before God and respond to Him.

REPENT

Scripture: Acts 3:19 AMPC - "repent... turn around and return [to God]."

Write: What is God asking me to turn from, correct, confess, or make right?

Declaration

I will not defend what God is confronting. I turn from sin and return fully to God.

RELEASE

Scripture: Mark 11:25 AMPC - "forgive him and let it drop."

Write: Who or what am I still carrying that I need to place in God's hands?

Declaration

I release offense, bitterness, pain, fear, and control. What happened to me will not rule what God is doing in me.

RECEIVE

Scripture: Hebrews 11:6 AMPC - God is "the rewarder of those who earnestly and diligently seek Him."

Write: What promise, instruction, grace, peace, or direction am I trusting God to help me receive and walk in?

Declaration

I receive God's grace by faith. I trust His Word, submit to His wisdom, and will obey the next step He places before me.

FINAL PRAYER

Father, I come to You through Jesus Christ. I repent of every place where I have resisted Your truth. I release offense, bitterness, pain, fear, and control. I receive Your grace, forgiveness, freedom, peace, wisdom, and direction. Give me courage to make right what I can, wisdom for healthy boundaries, and faith that trusts You without trying to control You. I will obey Your Word and follow Your Spirit. In Jesus' name, amen.

I REPENT. I RELEASE. I RECEIVE.