

# Devotion 3: Do Not Be Afraid

April 8, 2026

**Scripture:** *Matthew 28:5–7*

*“But the angel said to the women, ‘Do not be afraid, for I know that you seek Jesus who was crucified. He is not here, for he has risen, as he said. Come, see the place where he lay. Then go quickly and tell his disciples that he has risen from the dead, and behold, he is going before you to Galilee. There you will see him. See, I have told you.’”*

## Devotion

Notice the very first word the angel speaks to the women: “Do not be afraid.” The guards were never told this. They were left in their terror. But the women—who came seeking Jesus out of love—received comfort and an invitation. “I know that you seek Jesus,” the angel says. What a beautiful thing to be known for: seeking Jesus. These women didn’t come to the tomb because someone made them. They came because they loved their Lord, even though they thought He was dead. And because they came seeking, they received far more than they ever expected. Not a dead body to anoint, but an empty tomb and the greatest news in history: “He is not here, for He has risen.” Then the angel gives them three things to do: come and see, go and tell, and look forward to meeting Jesus again. That’s the Christian life in a nutshell. We come to the empty tomb in God’s Word. We go and tell others the good news. And we live in the hope that we will see Jesus face to face.

## Discussion Questions

1. Why do you think the angel comforted the women but not the guards?
2. What does it look like in your daily life to “seek Jesus”?
3. The angel said to come, see, go, and tell. Which of these is easiest for you? Which is hardest?

## Closing Prayer

*Lord God, thank You for the angel’s words of comfort: “Do not be afraid.” Help us to be people who seek Jesus every day—in Your Word, in prayer, and in the life of Your Church. Give us the courage to go and tell others that He is risen. Amen.*

**Family Action Item:** Each family member picks one person to share the Easter message with this week—a friend, neighbor, classmate, or coworker. It can be as simple as saying, “Happy Easter! Jesus is risen!”