

Jesus

and emotions



Jesus & Compassion

Mark 1:39-45

What is Compassion?



What is Compassion?

Compassion is allowing another person's suffering to interrupt your life and move you toward loving action.



What is Compassion?

Compassion is allowing another person's suffering to interrupt your life and move you toward loving action.

Pity - I see your pain from over here



What is Compassion?

Compassion is allowing another person's suffering to interrupt your life and move you toward loving action.

Pity - I see your pain from over here



What is Compassion?

Compassion is allowing another person's suffering to interrupt your life and move you toward loving action.

Pity - I see your pain from over here

Sympathy - I feel for you

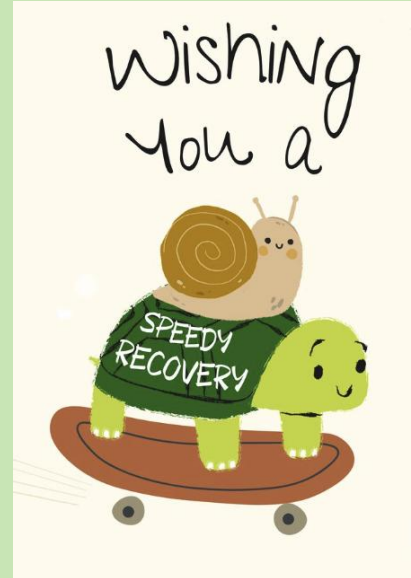


What is Compassion?

Compassion is allowing another person's suffering to interrupt your life and move you toward loving action.

Pity - I see your pain from over here

Sympathy - I feel for you



What is Compassion?

Compassion is allowing another person's suffering to interrupt your life and move you toward loving action.

Pity - I see your pain from over here

Sympathy - I feel for you

Empathy - I'm trying to understand
and feel this with you



What is Compassion?

Compassion is allowing another person's suffering to interrupt your life and move you toward loving action.

Pity - I see your pain from over here

Sympathy - I feel for you

Empathy - I'm trying to understand
and feel this with you



What is Compassion?

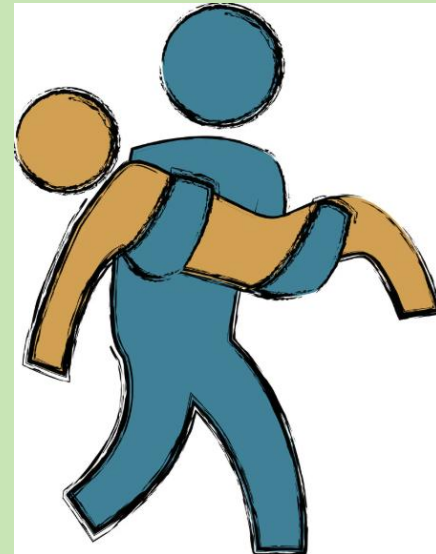
Compassion is allowing another person's suffering to interrupt your life and move you toward loving action.

Pity - I see your pain from over here

Sympathy - I feel for you

Empathy - I'm trying to understand
and feel this with you

Compassion - your pain moves me
toward you for your good



What is Compassion?

The Salmon Cleaning Test



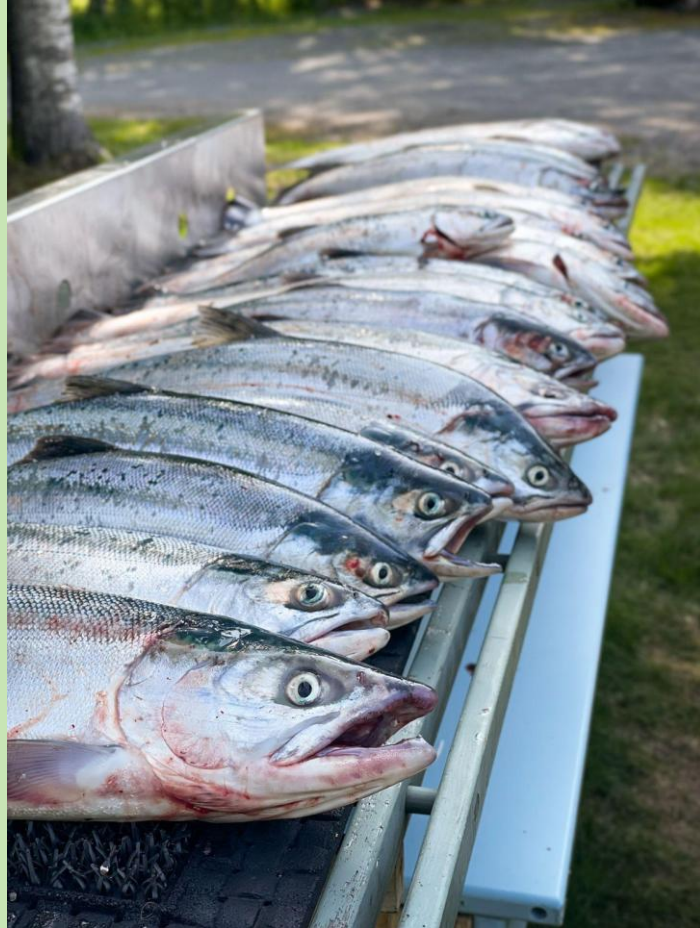
What is Compassion?

The Salmon Cleaning Test



What is Compassion?

The Salmon Cleaning Test



What is Compassion?

- Middle of the Night Parent



What is Compassion?

- Middle of the Night Parent
- “Let me know if you need anything”



What is Compassion?

- Middle of the Night Parent
- “Let me know if you need anything”
- Six months after



Understanding Compassion Rightly



Understanding Compassion Rightly

- Compassion is central to the character of God



Understanding Compassion Rightly

- Compassion is central to the character of God

“The Lord—the Lord is a compassionate and gracious God, slow to anger and abounding in steadfast love and truth.”

Exodus 34:6



Understanding Compassion Rightly

- Compassion is central to the character of God
 - *Exodus 34:6*

Hebrew word: Raḥûm



Understanding Compassion Rightly

- Compassion is central to the character of God
 - *Exodus 34:6*

Hebrew word: Raḥûm - womb feelings



Understanding Compassion Rightly

- Compassion is central to the character of God
 - *Exodus 34:6*

Hebrew word: Raḥûm - womb feelings

Greek word: σπλαγχνίζομαι (splachnizomai)



Understanding Compassion Rightly

- Compassion is central to the character of God
 - *Exodus 34:6*

Hebrew word: Raḥûm - womb feelings

Greek word: σπλαγχνίζομαι (splachnizomai)
- Moved in your gut



Understanding Compassion Rightly

- Compassion is central to the character of God
 - *Exodus 34:6*

Hebrew word: Raḥûm - womb feelings

*Greek word: σπλαγχνίζομαι (splachnizomai)
- Moved in your gut*



Understanding Compassion Rightly

- Compassion is central to the character of God
 - *Exodus 34:6*
- God's compassion invokes his mercy.



Understanding Compassion Rightly

- Compassion is central to the character of God
 - *Exodus 34:6*
- God's compassion invokes his mercy.
- God's compassion for humanity was made visible when he took on our flesh



Understanding Compassion Rightly

- Compassion is central to the character of God
 - *Exodus 34:6*
- God's compassion invokes his mercy.
- God's compassion for humanity was made visible when he took on our flesh
 - *Isaiah 7:14 - Immanuel - "God with us"*



Understanding Compassion Rightly

- Compassion is central to the character of God
 - *Exodus 34:6*
- God's compassion invokes his mercy.
- God's compassion for humanity was made visible when he took on our flesh
 - *Isaiah 7:14 - Immanuel - "God with us"*
 - *Isaiah 53:4-5 - A Servant who carry our pains*



Understanding Compassion Rightly

- Compassion is central to the character of God
 - *Exodus 34:6*
- God's compassion invokes his mercy.
- God's compassion for humanity was made visible when he took on our flesh
 - *Isaiah 7:14 - Immanuel - "God with us"*
 - *Isaiah 53:4-5 - A Servant who carry our pains*
 - *Isaiah 64:1 - Come down!*



Compassion Modeled in Jesus

Mark 1:39-45





Leviticus 13-14







Compassion Modeled in Jesus

Mark 1:39-45 - Jesus' compassion holistically restores the whole person.



Compassion Modeled in Jesus

' And Jesus went throughout all the cities and villages, teaching in their synagogues and proclaiming the gospel of the kingdom and healing every disease and every affliction. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, "The harvest is plentiful, but the laborers are few; therefore pray earnestly to the Lord of the harvest to send out laborers into his harvest."

Matthew 9:35-38



Compassion Modeled in Jesus

Mark 1:39-45 - Jesus' compassion holistically restores the whole person.

Matthew 9:35 - Jesus' compassion sees the wandering and longs for them to know His Voice



Compassion Modeled in Jesus

“Behold I myself will search for my sheep and will seek them out...I will rescue them from all places where they have been scattered...I will bring them into their own land, I will feed them... They shall lie down in good grazing land... I myself will be the shepherd of my sheep... I will seek the lost, and I will bring back the strayed, I will bind up the injured, and I will strengthen the weak...”

Ezekiel 34:11-16



Distorted Compassion



Distorted Compassion

Enabling - shielding someone from the consequences of an unhealthy pattern in the name of kindness.



Distorted Compassion

Enabling - shielding someone from the consequences of an unhealthy pattern in the name of kindness.

Avoidance or Suppression - seeing suffering but keeping our distance because loving action may cost too much.



Distorted Compassion

Enabling - shielding someone from the consequences of an unhealthy pattern in the name of kindness.

Avoidance or Suppression - seeing suffering but keeping our distance because loving action may cost too much.

Guilt - helping primarily to relieve our discomfort .



Clothe Yourself with Compassion



Clothe Yourself with Compassion

“Put on then, as God’s chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience”

Colossians 3:12



Clothe Yourself with Compassion

“Put on then, as God’s chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience”

Colossians 3:12

Acts 3



Clothe Yourself with Compassion

“Put on then, as God’s chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience”

Colossians 3:12

Acts 3 - What I have, I give You

