



MAMMOGRAM & PROSTATE *Screening*

VIRTUAL SEMINARS



"PINK TABLE TALK" DR. LANNIS HALL

9:00AM TO 10:20AM

This session is designed to engage participants in a frank and open discussion about breast health and the importance of regular breast screening.



"LISTEN TO YOUR HEART" DR. ANGELA BROWN

10:30AM TO 11:20AM

This session is designed to focus on how to maintain a healthy heart through lifestyle, diet and exercise.



"YOU ARE WHAT YOU EAT" DR. GMERICE HAMMOND

11:30AM TO 12:30PM

This session is designed to focus on how healthy eating is beneficial to our overall good health and provide good tips on healthy eating.

FOR VIRTUAL SEMINARS INFO CLICK HERE:
WWW.BETHESDATEMPLESTL.ORG/EVENTS

BETHESDA TEMPLE CHURCH OF THE APOSTOLIC FAITH, INC.

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