



# Outward Group Discussion Guide

February 1, 2026 (Salem)

## SUMMARY

This sermon explores the fifth commandment—honoring father and mother—as the foundational relationship for both individual blessing and societal stability. The pastor emphasizes that this commandment is not merely about obedience but about recognizing God's design for the family unit as one man and one woman in covenant relationship, raising children who learn to respect authority. The sermon addresses both childhood obedience and adult honor, acknowledging that while no parent is perfect, refusing to honor parents keeps individuals bound to childhood hurts and prevents them from experiencing the fullness of life God intends. The ultimate solution to imperfect earthly parenting is found in becoming children of God through Jesus Christ, who provides the perfect model of a loving Father and enables believers to extend forgiveness and honor even when it feels undeserved.

## DISCUSSION QUESTIONS

1. How does understanding God's rescue from sin and slavery in Egypt change the way we approach the commandments, particularly the fifth commandment about honoring parents?
2. In what ways does the breakdown of the traditional family unit impact not just individual lives but the stability of society as a whole?
3. What does it mean to honor your parents as an adult versus as a child, and how do those expressions of honor differ in practice?
4. How can parents create an environment where obedience and honor are expected while also avoiding provoking their children to anger, as Ephesians 6:4 warns?
5. Why do you think the commandment to honor father and mother is positioned as the first commandment about human relationships, right after the commandments about loving God?
6. How does allowing children to act according to their own will without boundaries actually demonstrate a lack of love rather than freedom?

7. What does it mean to 'tether children to reality,' and how does this responsibility shape the way parents should approach discipline and guidance?
8. For those who experienced imperfect or even harmful parenting, how can understanding God as a perfect Father help release them from being stuck in childhood pain?
9. How does refusing to forgive or honor imperfect parents keep someone bound to their past and prevent them from experiencing the blessing God intends for their life?
10. In what practical ways can diligent discipline during childhood prepare children to respect all forms of authority throughout their lives, including law enforcement and workplace leadership?