



## LARCHMONT UNITED METHODIST CHURCH

*The Vision of Larchmont Church is to be a vibrant, engaging, and inclusive church that follows Jesus Christ.*

**October 1, 2023**

### **Eighteenth Sunday After Pentecost**

†Please stand as you are able

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Prelude	<i>A Mighty Fortress is Our God</i>	Martin Luther
Announcements and Greetings		Pastor Fran Cooper
†Passing the Peace		
†Bringing in the Light of Christ	Anna Guirlinger (Acolyte), Owen Guirlinger (Crucifer)	
† Hymn	<i>We Know That Christ Is Raised</i>	No. 610
†Introit	<i>This is the Day</i>	Natalie Sleeth
†Call To Worship (from Galatians 2)		Liz Smith, Worship Leader

**Leader:** We know that a person is justified not by works or through the laws but through faith in Jesus Christ.

**People:** **So we come to worship not because we were told to, or to keep up appearances, but so we might give thanks and praise to the One who loved us so much he was willing to suffer and die so we might live.**

**Leader:** So let us worship with the joy and passion of people who have been redeemed.

**ALL: Amen.**

#### Opening Prayer

**We thank you, O Lord, that the cross bleeds love and cries mercy. Your cross also bids us to live – and to die – with the same love and mercy of Christ. Enable us, Lord, by your power and grace, to give ourselves fully to what the cross asks of us. For the sake of Christ, we pray. Amen.**

Prayers of the People

Rev. Cooper

Scripture Lesson

Galatians 2:15-21 (NRSV-UE)

Worship Leader

Leader: The Word of the Lord

**People: Thanks be to God**

Anthem

*Alleluia! Sing to Jesus*

Benjamin Harrison

*Alleluia! Sing to Jesus, His the scepter, His the throne,  
Alleluia! His the triumph, His the victory alone.  
Hark! the songs of peaceful Sion thunder like a mighty flood.  
Jesus out of every nation hath redeemed us by his blood.*

*Alleluia! Bread of Heaven, Thou on earth our food our stay.  
Alleluia! Here the sinful flee to thee from day to day.  
Intercessor, friend of sinners, earth's redeemer plead for me,  
Where the songs of all the sinless sweep across the crystal sea.*

*Alleluia! not as orphans are we left in sorrow now,  
Alleluia! He is near us, faith believes nor questions how.  
Though the cloud from sight received him, when the forty days were o'er.  
Shall our hearts forget his promise, "I am with you ever more."*

Children's Message

Pastor Fran

Breakthrough Prayer

**God, please break through the barriers we set up, and show us how to become the vibrant, engaging, inclusive church community you call us to be. Amen**

Sermon

**"Free to Live"**

Pastor Fran Cooper

WORSHIP SERIES: Traveling Light  
(The Book of Galatians)

Invitation to Communion

UMH p. 12

Prayer of Confession

UMH p. 12

Time for Silent Confession

Words of Absolution

UMH p. 12

Celebration of our Giving

Offertory Prayer

Offertory

*Let all Mortal Flesh Keep Silence*

Ed Broughton

†Doxology

*Praise God, From Whom All Blessings Flow*

No. 94

†Communion Hymn

*Moment By Moment*

Printed in bulletin

*(Elements are brought forward during this hymn)*

The Great Thanksgiving

The Lord's Prayer

**Our Father, who art in heaven, hallowed be thy name.**

**Thy kingdom come, thy will be done on earth as it is in heaven.**

**Give us this day our daily bread. And forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation, but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory, forever. Amen**

Receiving the Bread and the Cup

Music During Communion

*The Lord's Prayer*

Albert Hay Malotte

*Our Father which art in heaven, hallowed be thy name.*

*Thy kingdom come, Thy will be done in earth, as it is in heaven.*

*Give us this day our daily bread. And forgive us our debts, as we forgive our debtors.*

*And lead us not into temptation, but deliver us from evil:*

*For thine is the kingdom, and the power, and the glory, forever. Amen.*

*Adore te Devote*

Charles Callahan

Prayer Following Communion

†Closing Hymn

*Must Jesus Bear the Cross Alone?*

No. 424

†Benediction

†Benediction Response

*Lord, Dismiss Us with Thy Blessing*

No. 671

†Postlude

*Chorus of Worship*

Ellen Lorenz

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THIS WEEK AT LARCHMONT UNITED METHODIST CHURCH

Sunday, October 1, 2023

8:15 a.m. Heavenly Grounds  
 8:30 a.m. Nursery  
 8:35 a.m. Worship Service  
 9:30 a.m. Sunday School Classes  
 10:30 a.m. Worship Service  
 11:30 a.m. Women's Fellowship Luncheon  
 6:30 p.m. Beacon Youth

Monday, October 2, 2023

7:00 p.m. Women's Bible Study- Fruit of the Spirit

Tuesday, October 3, 2023

10:00 a.m. Staff Meeting  
 3:45 p.m. Larchmont Kids at Play! - meet at LES playground  
 7:00 p.m. Outreach Committee  
 7:00 p.m. Capital Campaign Meeting

Wednesday, October 4 2023

10:00 a.m. Wednesday Morning Bible Study  
 2:00 p.m. Red Cross Blood Drive  
 5:30 p.m. Larchmont Ringers - Handbell Choir  
 6:00 p.m. 8:35LIVE Rehearsal  
 6:30 p.m. Wednesday Night Prayer Group  
 7:30 p.m. Chancel Choir

Thursday, October 5, 2023

9:30 a.m. Mom's Bible Study  
 6:30 p.m. Capital Campaign Group  
 7:00 p.m. Worship & Sanctuary Scope

Friday, October 6, 2023

7:00 p.m. Young Musicians Concert

Sunday, October 8, 2023

8:15 a.m. Heavenly Grounds  
 8:30 a.m. Nursery  
 8:35 a.m. Worship Service  
 9:30 a.m. Sunday School Classes  
 10:30 a.m. Worship Service  
 11:30 a.m. Snacks with the Pastor  
 11:30 a.m. Congregational Care Team  
 5:00 p.m. Capital Campaign/ Admin Council Charrette  
 6:30 p.m. Beacon Youth

LARCHMONT UMC NOTICES!

October 1, 2023

545 Moment by Moment

Having loved His own, He now showed them the full extent of His love. John 13:1

1. Dy - ing with Je - sus, by death reck - oned mine; Liv - ing with Je - sus a  
 2. Nev - er a tri - al that He is not there, Nev - er a bur - den that  
 3. Nev - er a weak - ness that He doth not feel, Nev - er a sick - ness that

new life di - vine. Look - ing to Je - sus till glo - ry doth shine;  
 He doth not bear, Nev - er a sor - row that He doth not share;  
 He can - not heal; Mo - ment by mo - ment, in woe or in weal,

*Refrain*

Mo - ment by mo - ment, O Lord, I am Thine.  
 Mo - ment by mo - ment I'm un - der His care. Mo - ment by mo - ment I'm  
 Je - sus my Sav - ior a - bides with me still.

kept in His love; Mo - ment by mo - ment I've life from a - bove. Look - ing to

Je - sus till glo - ry doth shine; Mo - ment by mo - ment, O Lord, I am Thine.

TEXT: Daniel W. Whittle  
 MUSIC: May Whittle Moody

WHITTLE  
 10.10.10.10. with Refrain

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### Snacks With the Pastor – October 8<sup>th</sup> at 11:30 am

Pastor Fran is inviting folks interested in becoming more involved and/or joining our community to an information and sharing session in the Fellowship Hall. Please let her know if you would like to attend by emailing her at [pastor@larchmontumc.org](mailto:pastor@larchmontumc.org).

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### Red Cross Blood Drive Oct. 4<sup>th</sup>

Update for 2023: We are in need of 30 units of blood to close out our 2023 collection. If you are able to give an hour of your time at our Oct. 4 drive, we would appreciate it! Please contact Traci Shepard at [andrew.shepard1@cox.net](mailto:andrew.shepard1@cox.net) to make an appointment.

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### Fall Festival

Please grab a pumpkin...located in the atrium, fellowship hall, and the Monroe entrance! Help support the fall festival by donating bags of candy (please no chocolate or nuts) and/or goodies for the cake walk (drop off at church on 29<sup>th</sup> or bring to fall festival by 4pm). POC: Kacy Hucks [education@larchmontumc.org](mailto:education@larchmontumc.org)

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### Food Locker

Next Sunday, October 8<sup>th</sup>, is Second Sunday. Please bring packaged or canned foods to support our Food Locker. We also are in need of paper grocery bags with handles – no plastic bags please!

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### Pumpkin Patch!

The pumpkins are here and we need you to staff a sales shift. Sign up using the QR code. Also - please bring treats to sell at the bake sale!

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### Blessing Bags

The Outreach and Communications Committee organized a sideline project during our service Sunday focused on “Rise Against Hunger.” We put together approximately 100 “Blessings Bags” for distribution to the needy and homeless. The bags contain socks, nail clippers, snacks, washcloths, wet wipes, flashlights, water, candy, and more. They were “assembled” by a group of congregants, mostly kids(!), who bagged the items while walking round (and round!) the tables on which the materials were distributed. These Blessing Bags will be available for pick-up by those attending services on 1 October. Please take several for those in our community who have little and need much.

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### Young Musicians of Virginia Concert

A free concert for the community will be held at our church and community this Friday, October 6<sup>th</sup> at 7pm. The concert will include our Advanced Band, Jazz Band, Concert Choir, Soli Deo (a cappella ensemble) and our Advanced Strings. The concert will last about an hour and fifteen minutes.

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**DID YOU KNOW** some of our Annual Conference Apportionments (sometimes called connectional support) help support four (4) Methodist Universities and a middle/high school in Virginia? They are:

- ☞ Ferrum College - Ferrum, VA
- ☞ Randolph-Macon College – Ashland, VA
- ☞ Shenandoah University – Winchester, VA
- ☞ Virginia Wesleyan University – Virginia Beach, VA
- ☞ Randolph-Macon Academy (6-12<sup>th</sup> grade) – Front Royal, VA

Contact Gary Chiaverotti, your lay representative, with any questions.

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### Join us for Sunday School!

Children ages 2-4 meet downstairs in the preschool wing (E103)

Children K-5<sup>th</sup> grade meet upstairs in the Great Room (E201)

Coffee Talk – meets downstairs in the Parlor

Upper Room – meets upstairs in room A201

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Use this QR code to give online using your phone.



### Larchmont United Methodist Church

1101 Jamestown Crescent

Norfolk VA 23508

757-489-8168 (phone) 757-489-1267 (fax)

[www.larchmontumc.org](http://www.larchmontumc.org)

Lead Pastor  
Administrative Assistant  
Organist/Music Director  
Financial Secretary  
Preschool Director  
Children’s Ministry Director  
Youth Director  
Worship Leader & Digital Communications

Rev. Fran Cooper; [pastor@larchmontumc.org](mailto:pastor@larchmontumc.org)  
Becky Crockett; [office@larchmontumc.org](mailto:office@larchmontumc.org)  
Dr. Heekyung Lee; [music@larchmontumc.org](mailto:music@larchmontumc.org)  
Lynn Ford; [finance@larchmontumc.org](mailto:finance@larchmontumc.org)  
Meg Ditty; [lumps@larchmontumc.org](mailto:lumps@larchmontumc.org)  
Kacy Hucks; [education@larchmontumc.org](mailto:education@larchmontumc.org)  
Kacy Hucks; [youth@larchmontumc.org](mailto:youth@larchmontumc.org)  
Sarah Kingsley; [worshipleader@larchmontumc.org](mailto:worshipleader@larchmontumc.org)

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*Larchmont United Methodist Church*

# **PUMPKIN PATCH**



*Hours:*

**Monday-Friday 11:30 am- 5:30 pm  
Sat. 10 am-6 pm, Sun. 11 am-5:30 pm**

Assortment of pumpkins & gourds / Baked Goods  
All proceeds go to our church's missional endeavors.

**1101 Jamestown Cresent  
Norfolk, VA 23508  
LarchmontUMC.org**

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CROSSROADS & LARCHMONT UMC PRESENT

# FALL FESTIVAL BLOCK PARTY



GRAB THE KIDS  
AND HAVE  
SOME FUN!



GAMES, PUMPKIN  
PAINTING, CANDY,  
LLAMAS, DUNK  
TANK, & MORE

**WEAR YOUR FINEST HALLOWEEN COSTUME!**

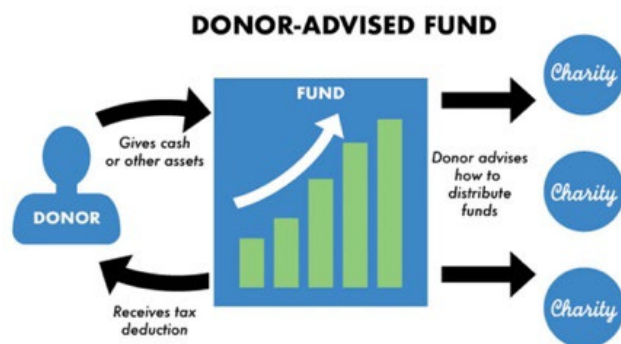
**29<sup>TH</sup>**  
OCT

**1127 SURREY CRESCENT +  
1101 JAMESTOWN CRESCENT**

**FREE**  
4 TO 6 PM



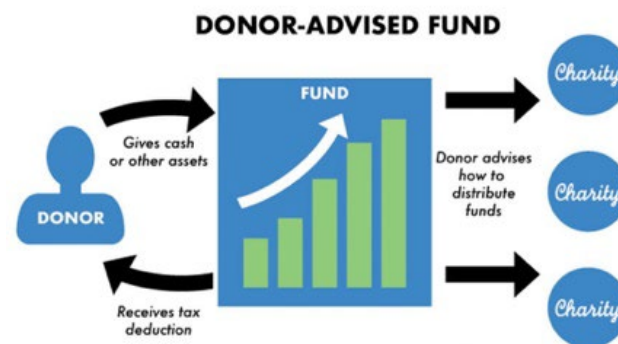
## How a Donor Advised Fund might be a great vehicle to complement your Giving Plan.



A donor-advised fund, or DAF, is like a charitable investment account for the sole purpose of supporting Larchmont United Methodist Church and charitable organizations you care about. Donor-advised funds are the fastest-growing charitable giving vehicle in the United States because: (1) they are easy to set up, (2) provide significant tax-advantages, and (3) enable you to give to charities you care about.

**Contact Gary Chiaverotti**  
([chiaverotti@aol.com](mailto:chiaverotti@aol.com) or 757-623-4950) **to find out how** a DAF works and how you can benefit while supporting LUMC Ministry, Mission, and Outreach activities and Endowment Program.

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## Assisting in Worship

	<b>This Sunday</b>	<b>Next Sunday</b>
	<b>October 1, 2023</b>	<b>October 8, 2023</b>
<b>Worship Leaders</b>	Liz Smith	Haddy Hucks
<b>Children's Worship</b>	Pastor Fran	Kacy Hucks
<b>Media Tech</b>	Suzanne Koehler	TBD
<b>Sound Tech</b>	Bill Huber	TBD
<b>Camera Tech</b>	Ron Pionk	TBD
<b>Sunday Counters</b>	Jonathan Clark	Ed Lilly
	Robert King	Dave Lannetti
<b>Monday Counters</b>	Watt Jones	Jeff Paiste
	Chris Burge	Pris Peake
<b>Bus Driver</b>	Kami Lannetti	James Chen
<b>Ushers</b>	Gary Chiaverotti	Jonathan Clark
	Laura Calvert	Brian Casey
	Chris Calvert	Traci Shepard
	Dave Lannetti	Susan Pollard

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### **Our Mission is to »»**

- .. Help seekers to begin in faith.
  - .. Help believers to grow in faith.
  - .. Help the community to thrive in faith.
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### **Current Worship Series: Traveling Light**

*Do you ever feel weighed down by expectations, guilt, and responsibility?*

*In his letter to the Church at Galatia, Paul reminds believers us that life in Jesus is lifted of burden and a call to lightness in grace.*

*Through this study, we will embrace change, exploration, trust, and love in Christ.*

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