



## LARCHMONT UNITED METHODIST CHURCH

*The Vision of Larchmont Church is to be a vibrant, engaging, and inclusive church that follows Jesus Christ.*

**May 7, 2023 10:30 am**

**5<sup>th</sup> Sunday of Easter**

†Please stand as you are able

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Prelude *Psalm 140* (variation 1 and 2) J.P. Swelling

Announcements and Greetings

†Passing of the Peace

†Bringing in the Light of Christ Thomas Shearin (Acolyte), Hunter Hucks (Crucifer)

†Hymn *Christ, Whose Glory Fills the Skies* No.173

†Introit *Come, Let Us Gather*

†Call To Worship Brian Casey, Worship Leader

Leader: Rejoice, people of God! Celebrate the life within you, and Christ's presence in your midst!

People: **Our eyes shall be opened! The present will have new meaning, and the future will be bright with hope.**

Leader: Rejoice, people of God! Bow your heads before the One who is our wisdom and our strength.

People: **We place ourselves before our God, that we may be touched and cleansed by the power of God's Love.**

Prayer for the Day (Adapted from the prayers of Martin Luther)

**Waken our hearts, O Lord, our God; make them ever watchful to serve you and your purposes. Trouble us with the smallness of our vision and work. Rekindle in us a renewed desire for the coming of your glorious kingdom when all wrongs will be made right, when everything that is broken will be made whole, and when we will trade a cross for a crown. In Jesus' name we pray, Amen.**

Prayers of the People

Scripture Lesson

Acts 9:10-19b (NRSV-UE)

Worship Leader

Leader: The Word of the Lord

**People: Thanks be to God**

Anthem

***Our Rock and Our Salvation***

arr. Sheldon Curry

*God of grace and God of glory, on thy people pour thy power  
as we walk with God, our rock and our salvation.*

*Crown thine ancient church's story, bring her bud to glorious flower,  
when we walk with God, our rock and our salvation.*

*Grant us wisdom, grant us courage for the facing of this hour  
if we walk with God, our rock and our salvation.*

*Lo! The hosts of evil 'round us scorn thy Christ, assail His ways,  
still we walk with God, our rock and our salvation.*

*From the fears that long have bound us free our hearts to work and praise,  
as we walk with God, our rock and our salvation.*

*Grant us wisdom, grant us courage for the living of these days,  
all sustaining God, our rock and our salvation.*

*Cure thy children's warring madness, bend our pride to thy control  
so we walk with God, our rock and our salvation.*

*Shame our wanton, selfish gladness, rich in things and poor in soul,  
show thy mercy, God, our rock and our salvation.*

*Grant us wisdom, grant us courage, lest we miss Thy kingdom's goal,  
hold us close, O God, our rock and our salvation.*

*Save us from weak resignation to the evils we deplore,  
hide us safe in God, our rock and our salvation.*

*Let the gift of thy salvation be our glory evermore,  
as we soar with God, our rock and our salvation.*

*Grant us wisdom, grand us courage, serving thee whom we adore.  
Praise and glorify the rock of our salvation.*

Children's Message

Pastor Fran

Breakthrough Prayer

**God, please break through the barriers we set up, and show us how to become the vibrant, engaging, inclusive church community you call us to be. Amen**

Sermon

*"From Enemy to a Brother"*

Pastor Fran Cooper

WORSHIP SERIES: When the Church Prays

Invitation to Communion

Prayer of Confession

Time for Silent Confession

Words of Absolution

Celebration of our Giving

Offertory

*In Remembrance*

John M. Radley

†Doxology

*Praise God, From Whom All Blessings Flow*

No. 94

(LASST UNS ERFREUEN)

†Communion Hymn

*One Bread, One Body*

No. 620

The Great Thanksgiving

Musical Setting B (pp. 18-20)

The Lord's Prayer

**Our Father, who art in heaven, hallowed be thy name.  
Thy kingdom come, thy will be done on earth as it is in heaven.  
Give us this day our daily bread. And forgive us our trespasses,  
as we forgive those who trespass against us.**

**And lead us not into temptation, but deliver us from evil.**

**For thine is the kingdom, and the power, and the glory, forever. Amen**

Receiving the Bread and the Cup

*The ushers will invite you to move forward to receive the elements at the altar railing.*

Music During Communion

*Open the Gates of the Temple*

Mrs. Joseph F. Knapp

†Closing Song

*O Happy Day, That Fixed My Choice*

No. 391

(vv. 1,2,3)

†Benediction

†Benediction Response

*Walk with Me*

†Postlude

*To God All Glory Given*

Rachel Sawyer

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## Assisting in Worship

	<b>This Sunday</b> <b>May 7, 2023</b>	<b>Next Sunday</b> <b>May 14, 2023</b>
<b>Worship Leaders</b>	Brian Casey	Kathy Wetzel
<b>Children's Worship</b>	Pastor Fran	Kacy Hucks
<b>Media Tech</b>	Sara Morris Jeff Paiste	Jeff Paiste
<b>Sound Tech</b>	Lucas Seymour	Lucas Seymour
<b>Camera Tech</b>	Bill Huber	Bill Huber
<b>Sunday Counters</b>	Pris Peake Jonathan Clark	Brian Casey Dave Lannetti
<b>Monday Counters</b>	Julie Etheridge Liz Paiste	Robert King Chris Burge
<b>Bus Driver</b>	Dave Lannetti	Dave Lannetti
<b>Ushers</b>	Laura Calvert Chris Calvert Brian Casey Susan Pollard	Susan Pollard Jonathan Clark Gary Chiaverotti Sandra Clark

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### **Our Mission is to »»**

- Help seekers to begin in faith.
  - Help believers to grow in faith.
  - Help the community to thrive in faith.
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### **CURRENT WORSHIP SERIES**

#### **Series for the Season of Easter - When the Church Prays**

The first vow we make when we become a part of the covenantal community called the Church, is that we will pray.

It is our primary calling! Why does prayer matter so much in

the church and our witness in the world? Using the accounts of believers and scriptures from the first "church" in the book of Acts, we will study the difference prayer brings to our church's life, our believers, and how God uses us for his purposes.

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## THIS WEEK AT LARCHMONT UNITED METHODIST CHURCH

### Sunday, May 7, 2023

8:15 a.m.	Heavenly Grounds
8:30 a.m.	Nursery
8:35 a.m.	Worship Service
9:30 a.m.	Sunday School Classes
10:30 a.m.	Worship Service
11:30 a.m.	Women's Fellowship Friendship Luncheon
6:30 p.m.	Beacon Youth

### Monday, May 8, 2023

7:00 p.m.	Trustees Committee
7:00 p.m.	SPRC

### Tuesday, May 9, 2023

10:00 a.m.	Staff Meeting
6:00 p.m.	8:35LIVE Rehearsal

### Wednesday, May 10, 2023

9:30 a.m.	Preschool Chapel
10:00 a.m.	Bible Study - <i>Mysteries of the Messiah</i>
6:30 p.m.	Wednesday Night Prayer Group
7:00 p.m.	Missions Committee
7:30 p.m.	Chancel Choir

### Thursday, May 11, 2023

9:30 a.m.	Mom's Bible Study - <i>Risen Motherhood</i>
6:00 p.m.	Anchor Men Dinner and Program

### Sunday, May 14, 2023

8:15 a.m.	Heavenly Grounds
8:30 a.m.	Nursery
8:35 a.m.	Worship Service
9:30 a.m.	Sunday School Classes
10:30 a.m.	Worship Service
11:30 a.m.	Congregational Care Team

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Use this QR code to give online using your phone.



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## LARCHMONT UMC NOTICES!

May 7, 2023

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The flowers are placed on the altar today to the Glory of God in celebration of Dr. Heekyung Lee who begins today as our Organist/Choir Director. Welcome!

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### Graduate Sunday is May 28!

Is your child graduating from high school, college or a trade school? Please let us know by emailing [education@larchmontumc.org](mailto:education@larchmontumc.org) along with 4-6 digital pictures and where he/she plans to attend college, trade school, or future plans.



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### Second Sunday

Next Sunday, May 14<sup>th</sup>, is Second Sunday. Please bring packaged or canned foods to support our Food Locker. In April, we provided 59 bags of groceries to assist 91 individuals in 21 households. Of the 91 individuals, 42 were children.

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### Red Cross Blood Drive

Our next blood drive is Thursday, May 18<sup>th</sup>, from 2-7 pm in the Fellowship Hall. For information, call Traci Shepard 757-761-2031/[andrew.shepard1@cox.net](mailto:andrew.shepard1@cox.net). You can also contact Kami Lannetti at [klannetti@gmail.com](mailto:klannetti@gmail.com)/757-404-4164.

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### Anchor Men's Dinner and Program

Join us on Thursday, May 11<sup>th</sup> for our next Anchor Men's dinner and program at 6pm in the Fellowship Hall. Our speaker is our own Fred Dobbs who will inform us about Microplastics in our Ocean: Genuine Concerns and Known Unknowns. There will be no cost for dinner, but please contact Jonathan Clark, [clarkjon1058@gmail.com](mailto:clarkjon1058@gmail.com), or Gary Chiaverotti, [chiaverotti@aol.com](mailto:chiaverotti@aol.com), no later than Tuesday, May 9<sup>th</sup> to reserve your spot. Bring a friend!

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## 2023 Inaugural Memorial Day Parade

*The Countdown has Begun! 27 Days Away!*

On the morning of Memorial Day, Monday May 29<sup>th</sup>, the Larchmont Edgewater Civic League (LECL) is hosting its inaugural Memorial Day Parade to honor the military fallen. The parade will end at LUMC where there will be organizational info booths in our parking lot, free food/drink, and a wreath-laying ceremony on the green space. The Mayor accepted the invitation to be the Grand Marshal, and the list of organizations participating is growing by the week. The LECL is working with LUMC and other neighborhood organizations to pull-off a great event, one in which LUMC's role will be pivotal in its success. For more details on how you can volunteer to help, please contact Gary Chiaverotti ([chiaverotti@aol.com](mailto:chiaverotti@aol.com), LUMC's POC) or Mike Crockett ([mike.crockett@yahoo.com](mailto:mike.crockett@yahoo.com), LECL's POC).

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## DID YOU KNOW?

Did you know that LUMC has its own Columbarium in the Courtyard Memorial Garden? Here are some pertinent facts:

- The Columbarium is intended to provide opportunities for current or former church members and their immediate families to make end-of-life plans and to remember their loved ones in the Christian tradition, near their church home.
- The Columbarium has 60 niches, each with the capacity to hold two urns. To date, nine niches have been purchased.
- You may select the niche that you want on a first-served basis, as determined by the date of receipt of a fully completed, paid-in-full Agreement between the niche purchaser and the church.
- Each niche costs \$2,000, which includes engraving of the niche stone faceplate and perpetual maintenance.
- Purchase of a niche eliminates the need to choose a burial site, casket, vault and monument. Also, there is no need to plan for interment and memorial services at different times and locations.

If you wish further information, please pick up the Columbarium brochure on the table in the Monroe hallway. Additional questions may be addressed to the Columbarium Committee: Pris Peake at 757-489-7833; Sara Morris at 757-215-5483; and Robert King at 757-215-5482.

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## Join us for Sunday School!

Children ages 2-4 meet downstairs in the preschool wing (E103)

Children K-5<sup>th</sup> grade meet upstairs in the Great Room (E201)

Coffee Talk – meets downstairs in the Parlor

Upper Room – meets upstairs in room A201

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## Larchmont United Methodist Church's Vacation Bible School

presents



July 24<sup>th</sup>-28<sup>th</sup>, 2023

Larchmont United Methodist Church

1101 Jamestown Crescent, Norfolk, VA 23508

9 a.m. - Noon

Ages: 3 (potty trained) through 5<sup>th</sup> grade  
\$15 per child or \$30 per family, cash or check  
(made payable to LUMC)

Questions? Contact Kacy Hucks, LUMC's Children's  
Director, [education@larchmontumc.org](mailto:education@larchmontumc.org)

To register and pay electronically, please scan the QR code  
at right.



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Larchmont United Methodist Church  
1101 Jamestown Crescent Norfolk, VA 23508  
757-489-8168 (phone); 757-489-1267 (fax)

Lead Pastor  
Administrative Assistant  
Interim Choir Director  
Organist/Music Director  
Financial Secretary  
Preschool Director  
Children's Ministry Director  
Worship Leader  
Pastor of Visitation  
Digital Communications Specialist  
Youth Leader

Rev. Fran Cooper; [pastor@larchmontumc.org](mailto:pastor@larchmontumc.org)  
Becky Crockett; [office@larchmontumc.org](mailto:office@larchmontumc.org)  
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Gabby Ford; [youth@larchmontumc.org](mailto:youth@larchmontumc.org)

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# Microplastics in our Ocean: Genuine Concerns and Known Unknowns

Fred C. Dobbs  
Ocean and Earth Sciences  
Old Dominion University

LUMC Anchor Men's Group  
11 May 2023

OCEAN & EARTH SCIENCES



OLD DOMINION UNIVERSITY

Photo credit: Masaya Maeda, Anacostia Watershed Society