



LARCHMONT UNITED METHODIST CHURCH

*The Vision of Larchmont Church is to be a vibrant, engaging, and inclusive church that follows Jesus Christ.*

**November 12, 2023**

†Please stand as you are able

---

Prelude	<i>Nocturno für Horn</i>	Franz Strauss, Op. 7
	Helen Wargelin, French Horn	
Announcements and Greetings		Pastor Fran Cooper
†Passing the Peace		
†Processional Hymn	<i>O God, Our Help in Ages Past</i>	No. 117
†Bringing in the Light of Christ		
†Introit	<i>Come, Ye Thankful People, Come</i> (v. 2)	No. 694
†Call To Worship		Amy Cushman, Worship Leader

Leader: Out of the depths, O Lord, we cry to You when we are tempted to despair;  
Though we might fail to trust Your promises, You never fail to hear our prayer.

**People: And if You judged our sin, we would never stand again;  
But we see mercy in Your hands.**

**ALL: Don't change the wisdom of Your will in every trial and loss; Our hope is in  
the cross where Your compassions never fail.**

Prayer for the Day (Thomas Merton) Led by Worship Leader

My Lord God, I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end. Nor do I really know myself, and the fact that I think that I am following your will does not mean that I am actually doing so. But I believe that the desire to please you does in fact please you. And I hope I have that desire in all that I am doing. I hope that I will never do anything apart from that desire. And I know that if I do this you will lead me by the right road, though I may know nothing about it. Therefore, will I trust you always, though I may seem to be lost and in the shadow of death. I will not fear, for you are ever with me, and you will never leave me to face my perils alone. Amen.

Prayers of the People

Rev. Fran Cooper

Lord's Prayer

Children's Message

Kacy Hucks

Scripture Lesson

Psalm 86:1-7, 14-17; Romans 8:26-27

Worship Leader

Leader: The Word of the Lord

**People: Thanks be to God**

Anthem

*What a Friend We Have in Jesus*

Charles C. Converse

*Doo doo doo doo doo...*

*What a friend we have in Jesus, all our sins and griefs to bear!*

*What a privilege to carry ev'rything to God in prayer!*

*Oh, what peace we often forfeit; oh, what needless pain we bear, we bear,*

*All because we do not carry ev'rything to God in prayer!*

*Doo doo doo doo doo...*

*Have we trials and temptation? Is there trouble anywhere!*

*We should never be discouraged; take it to the Lord in prayer.*

*Can we find a friend so faithful who will all our sorrows share?*

*Jesus knows our ev'ry weakness. Take it to the Lord in prayer!*

*Doo doo doo doo doo...*

*In his arms he'll take and shield you; you will find a solace there.*

*What a friend in Jesus; Jesus, Jesus, Jesus.*

Breakthrough Prayer

**God, please break through the barriers we set up, and show us how to become the vibrant, engaging, inclusive church community you call us to be. Amen.**

Sermon

**"Help!"**

Pastor Fran Cooper

WORSHIP SERIES: 3 Essential Prayers

†Hymn

*Sweet Hour of Prayer*

No. 496

Celebrating Our Offerings

Offertory

*I Waited for the Lord*, from *Lobesang* (Hymn of Praise) Felix Mendelssohn

Karla Robinson and Fran Cooper, Soprano I and II

Helen Wargelin, French Horn

*I waited for the Lord; He inclined his ear to me and heard my lament.*

*O blessed are they that trust in the Lord, are they who hope and trust in Him.*

†Doxology

*Praise God, From Whom All Blessings Flow*

No. 94

†Closing Hymn

*Precious Lord, Take My Hand*

No. 474

†Benediction

†Benediction Response

*Alleluia, Amen, Amen.*

Carl Wiltse

†Postlude

*Stand Up, Stand up for Jesus*

George J. Webb

---

LAUNCH Missions & Garden of Prayer Church  
Food Distribution

# FOOD *Holiday* DRIVE

DONATE TO FEED STARVING FAMILIES  
AND THE HOMELESS

**DUE BY  
NOV. 12TH**

**PLEASE DONATE  
SHELF STABLE FOODS**

*Drop off at Monroe Street entrance  
or in Fellowship Hall.*

**ITEMS WE NEED:**

PEANUT BUTTER, JELLY/FRUIT SPREAD, MAC-N-CHEESE, RAMEN  
NOODLES, CANNED SPAGHETTI AND RAVIOLI, LARGE CANNED  
GREEN BEANS, LARGE CANNED CORN

For More Information Contact Beth Vinson or Kacy  
Hucks, [education@larchmontumc.org](mailto:education@larchmontumc.org)

---

## THIS WEEK AT LARCHMONT UNITED METHODIST CHURCH

### Sunday, November 12, 2023

8:15 a.m. Heavenly Grounds  
8:30 a.m. Nursery  
8:35 a.m. Worship Service  
9:30 a.m. Sunday School Classes  
10:30 a.m. Worship Service  
11:30 a.m. Congregational Care Team  
6:30 p.m. Beacon Youth

### Monday, November 13, 2023

7:00 p.m. Trustees Committee  
7:00 p.m. SPRC  
7:00 p.m. Fruit of the Spirit Bible Study (at the Wetzel's)

### Tuesday, November 14, 2023

10:30 a.m. Staff Meeting  
3:45 p.m. Larchmont Kids at Play! - meet at LES playground  
7:00 p.m. Capital Campaign Meeting

### Wednesday, November 15, 2023

10:00 a.m. Wednesday Morning Bible Study  
5:30 p.m. Larchmont Ringers - Handbell Choir  
6:00 p.m. 8:35LIVE Rehearsal  
6:30 p.m. Wednesday Night Prayer Group  
7:30 p.m. Chancel Choir

### Thursday, November 16, 2023

9:30 a.m. Mom's Bible Study  
7:00 p.m. Administrative Council

### Saturday, November 18, 2023

1:30 p.m. Charge Conference at Oak Grove UMC

### Sunday, November 19, 2023

9:15 a.m. Heavenly Grounds  
9:30 a.m. Nursery  
9:30 a.m. Sunday School Classes  
10:30 a.m. Combined Worship Service  
11:30 a.m. Friendsgiving Potluck Luncheon  
6:30 p.m. Beacon Youth

---

Use this QR code to give online using your phone.



---

## LARCHMONT UMC NOTICES!

November 12, 2023



The flowers are placed on the altar today to the Glory of God and in memory of my parents, Sara and Jimmy Peake, and my brother, Jim Peake, by Pris Peake.

---

### Charge Conference November 18<sup>th</sup> - 1:30 pm at Oak Grove UMC in Chesapeake



Join us for a FRIENDSGIVING POTLUCK lunch next Sunday, November 19, following the combined worship service!

Bring a favorite dish to share. Food may be dropped off in the kitchen prior to worship; please include instructions if refrigeration, warming and/or baking are required.

---

### The Missions Committee is looking for cooks!

We need your help to make a home cooked lunch for the students at the Wesley ODU Center on Tuesday Nov. 28th and Tuesday Dec. 5th. We will meet at 9ish on both days to make the meals at church. If interested, please contact Beth Vinson.

[bethvinson1956@gmail.com](mailto:bethvinson1956@gmail.com) or text 757-635-5347



**Medicare & You**  
The official U.S. government Medicare handbook  
**2024**



Medicare -

Is it your primary medical insurance?

If not, it probably will be!

**Join us at 7:00 pm on Thursday, November 30<sup>th</sup>** in our Fellowship Hall to learn all about Medicare - when you qualify, what it covers, and more importantly, what it doesn't cover. Our education session will be led by Pat Moore of MMC Benefits LLC, who will help you understand the ins-and-outs of MEDICARE. To reserve your seat contact Gary Chiaverotti ([chiaverotti@aol.com](mailto:chiaverotti@aol.com)) as soon as possible, but no later than Tuesday, November 28<sup>th</sup>. This is an open education session, so invite and bring a friend or neighbor.

---

## From the Finance Office

### End of Year Giving

Please note IRS rules require any contributions recorded as given in 2023 must be received by the church by the close of business December 31, 2023. Any donations/gifts of stock/IRA contributions made to the Church must be received by the Church no later than December 28<sup>th</sup> for 2023 tax credit. Equities transferred through a brokerage are considered delivered when they are transferred on the books of the corporation. Contributions sent through the mail are considered delivered on the date of the postmark. Postings to the church's financial records will reflect these rules. **Please consider giving your yearly tithe to the church by Christmas so that we may fulfill our commitments for the 2023 Year.**

### Gifts of Stock or IRA Contributions to the Church

If you wish to give a gift of stocks or shares to Larchmont Church, please do the following:

- Have your Broker contact **Sammy Serafine** at Wells Fargo Securities  
Ph: 757 431-6312
- Wells Fargo Securities will sell the stock and forward a check to the Church.
- Upon verification of donor, distribution of funds will be posted to your account.
- If your Broker is with Wells Fargo Securities, please use the Church's account number which is 4952-4700.

### Important Reminder:

Each year someone will wait until Dec. 31<sup>st</sup> to transfer their stocks to LUMC but due to the Holidays, the transaction does not post until the New Year. This means you do not get credit for it in the current year. **Please consider making any Stock Transactions prior to Christmas Day to prevent a loss of a Contribution Donation for your 2023 Taxes.**

Also, please contact Lynn and let her know that you are sending Stock so that she can properly post the Contribution.

### Statements:

Statements were sent out at the beginning of October. If you need to know where you stand on your 2023 Giving, please call or email Lynn.

---

### **Join us for Sunday School!**

Children ages 2-4 meet downstairs in the preschool wing (E103)

Children K-5th grade meet upstairs in the Great Room (E201)

Coffee Talk - meets downstairs in the Parlor

Upper Room - meets upstairs in room A201

---

## Ladies' Advent Study

Long before silver bells jingled, Christmas lights twinkled, and horse-drawn sleighs went dashing through the snow, God reached down from heaven with the best gift of all. Love, wrapped in swaddling clothes. Hope, nestled in a manger. Three women played vital roles in the Messiah's birth: Elizabeth, Mary and Anna. Join us as we get to know them better this Advent season.

When: December 3, 10, 17 and 24 at 9:30 am

Where: Gwinn Chapel

Questions: Contact Sandra Clark. 757-639-2424

---



Gary Chiaverotti  
Laura Calvert  
Rev. Fran Cooper  
Dave Lannetti

**Want more information about Legacy Giving or setting up your Giving Plan?** Contact one of our Endowment Committee Members listed below to find out how you can plant a seed now, through Legacy Giving, that will bear fruit for generations to come. They are ready to assist you!

Jonathan Clark  
Ed Lilly  
Sara Morris  
Jonathan Scott

---

**Larchmont United Methodist Church**  
1101 Jamestown Crescent  
Norfolk VA 23508  
757-489-8168 (phone) 757-489-1267 (fax)  
[www.larchmontumc.org](http://www.larchmontumc.org)

Lead Pastor  
Pastor of Visitation  
Administrative Assistant  
Organist/Music Director  
Financial Secretary  
Preschool Director  
Children's Ministry Director  
Youth Director  
Worship Leader & Digital Communications

Rev. Fran Cooper; [pastor@larchmontumc.org](mailto:pastor@larchmontumc.org)  
Rev. Dr. Megan Saucier; [pov@larchmontumc.org](mailto:pov@larchmontumc.org)  
Becky Crockett; [office@larchmontumc.org](mailto:office@larchmontumc.org)  
Dr. Heekyung Lee; [music@larchmontumc.org](mailto:music@larchmontumc.org)  
Lynn Ford; [finance@larchmontumc.org](mailto:finance@larchmontumc.org)  
Meg Ditty; [lumps@larchmontumc.org](mailto:lumps@larchmontumc.org)  
Kacy Hucks; [education@larchmontumc.org](mailto:education@larchmontumc.org)  
Kacy Hucks; [youth@larchmontumc.org](mailto:youth@larchmontumc.org)  
Sarah Kingsley; [worshipleader@larchmontumc.org](mailto:worshipleader@larchmontumc.org)

---

## Assisting in Worship

	<b>This Sunday</b> <b>November 12, 2023</b>	<b>Next Sunday</b> <b>November 19, 2023</b>
<b>Worship Leaders</b>	Amy Cushman	Monica Levow
<b>Children's Worship</b>	Kacy Hucks	Cathy Hickman
<b>Media Tech</b>	Suzanne Koehler	Suzanne Koehler
<b>Sound Tech</b>	Bill Huber	Jeff Paiste
<b>Camera Tech</b>	Clarise Hicks	Clarise Hicks
<b>Sunday Counters</b>	Brian Casey Dave Lannetti	Fred Dobbs Ed Lilly
<b>Monday Counters</b>	Julie Etheridge GM Ziller	Robert King Chris Burge
<b>Bus Driver</b>	Kami Lannetti	James Chen
<b>Ushers</b>	Liz Paiste Traci Shepard Brian Casey Gary Chiaverotti	Jonathan Clark Susan Pollard Traci Shepard Dave Lannetti

---

### Our Mission is to »»

- Help seekers to begin in faith.
  - Help believers to grow in faith.
  - Help the community to thrive in faith.
- 

### Current Worship Series - 3 Essential Prayers

For thousands of years, the Psalmist's utterings have been the guide for prayer, whether at worship, on the battlefield, or alone in thought pondering the world and its complexities. There is spiritual power in simple thoughts, words and feelings, especially when they come from powerlessness, wonder, and gratitude. Join us as we use the model of the Psalms to pray, "Help," "Wow," and "Thanks," and in doing so, see the good and the miraculous in our everyday life.

---

