



## THE HELMET OF SALVATION.

“STAND THEREFORE... AND TAKE THE HELMET OF SALVATION...”

**EPHESIANS 6:17a**

### BIG IDEA

Since God saved me and his grasp is sure,  
I can maintain hope in the battle by putting on the helmet of salvation.

### KNOW YOUR ARMOR

**Q:** What does the helmet protect?

**A:** A helmet protects your head and your mind.

**Q:** Why do you need a helmet in this battle?

**A:** A helmet protects you from discouragement and doubt.

**Q:** What is the Christian's helmet made of?

**A:** Salvation.

### I CAN CONFIDENTLY STAND IN THE BATTLE, BECAUSE...

- My salvation is the perfect result of God's pro-active plan to work on my behalf (Eph. 1:3-6)
  - God lovingly planned my salvation before time began (vv. 4-5)
  - God joyously and lovingly adopted me as a son (v. 5)
  - God takes great joy and glory in my salvation (v. 6)
- My salvation has been secured by the by work of Jesus Christ (Eph. 1:7-10)
  - Though I was a rebel, Jesus offered himself up in my place (v. 7)
    - To redeem someone always costs the redeemer something.
  - Because of Jesus, I am forgiven (v. 7)
  - Jesus takes great joy and glory in lavishing grace upon me (vv. 7-8).
- My salvation has a far greater purpose than easy present circumstances (Eph. 1:9-10)
  - God's plan for my salvation is that he will be glorified.
  - God's plan for history is that he will be worshipped.

**Philippians 2:10-11** - "... at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father."

- My salvation is sure because of God's character, not mine (Eph. 1:11-14)
  - The Holy Spirit's seal indicates that I am owned by God (v. 13)
  - The Holy Spirit's presence in my life is the first proof that God will surely save us (v. 14)

**1 Thessalonians 5:23-25** - "Now may the God of peace himself sanctify you completely, and may your whole spirit and soul and body be kept blameless at the coming of our Lord Jesus Christ. <sup>24</sup> He who calls you is faithful; he will surely do it."

### CLUES ABOUT THE ENEMY'S ATTACK

- He will tempt you **doubt** the validity of your salvation...
  - By accusing you of past repented-of sin (unlovable)
  - By deceiving you into thinking of your salvation as the work of your hands (you should be god)
- He will tempt you to be discouraged with the present reality of your salvation...
  - By pointing out that life is not easy... and saying it should be.
  - By pointing out that life as a believer isn't as fun as a non-Christian... so something must be wrong.

## READY YOURSELF... TODAY AND TOMORROW

- Rehearse the gospel to yourself.
- Fix your gaze on the hope of Jesus Christ.