#### March 22 2020

Church in your living room with your family during this time is a very unique opportunity for you to lead your children in their faith journey and we've got some tools for you.

1) Worship | If you've got a smart tv, pick a few worship songs off Youtube to sing together. Maybe each person in your family can take a turn picking their favorite song

2) Examen: Click here

3) Lesson: Mary and Martha

## **Scripture:**

Luke 10:38-42

**Main Point:** Jesus wants to be first in our lives-Matthew 22:37-38 Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind." This is the first and greatest commandment. And the second is like it: "Love your neighbor as yourself."

**Why?** Jesus wants to be close to us, and that means we need to spend quality time with him. Sometimes we can get caught up in the things that are not part of God's kingdom though, like Martha did. (**After** doing the lesson could be a great time for you as a family to sit down and make a list of all the things you "do" as a family. Are there things that you can say "no" to in order to have more space and time to spend with God?-**Spiritual Discipline** "**Simplicity**")

Start by playing a little game called "most important" You say 2 things and every either holds up 1 hand if they think the first thing you said is the "most important" or 2 hands if they think the second thing you said is the "most important." (here is a list or think of your own)

- 1. Donuts or broccoli
- 2. Breakfast or dinner
- 3. Summer or winter
- 4. Thanksgiving or Christmas
- 5. Math or art
- 6. Water or soda
- 7. Friends or pets
- 8. School or video games
- 9. M&Ms or Skittles

Today, we're going to talk about a story where Jesus told two women what the MOST IMPORTANT thing is. Does anybody have a guess at what it is?

As we listen/watch, I want you to see if you can figure out what Jesus said is MOST important.

Read Luke 10:38-42 and/or watch Video: God's Story: Mary and Martha

So what did Jesus tell Mary and Martha was the most important thing? (Let kids respond.) That's right, Jesus said HE was. And spending time with him is the most important thing. So anything we compared to him would definitely be less important. Jesus would win our "most important" game...every single time.

And in the story, Mary focused on Jesus and treated him like he's more important than anything else. What did Martha treat as important? (Let kids respond.) Yes, she was busy getting things ready in the kitchen and was mad that Mary wouldn't come help her. She was mad Mary was just sitting with Jesus!

#### **IESUS WANTS TO SPEND TIME WITH US**

You know, it's easy for us to do that, too. I'm going to say something. If you do that thing every week, then I want you to hold up one finger. If you do the second thing, hold up another finger...and so on. One finger per activity. You ready?

- Eating food
- Playing video games
- Talking to friends
- Playing a sport
- Playing a musical instrument
- Writing/drawing
- Spending money
- Watching TV or movies
- Talking on the phone/texting
- Listening to music

Wow, look at all the fingers I have up! I see you guys do too. This is a lot of great stuff, but it can take up our time and maybe even distract us from the ONE (hold up only one finger) thing that is needed.

So one thing that we can do to remind ourselves that Jesus is the ONE thing we need is to purposely get rid of something. Sometimes, for example, people skip a meal and instead of eating, spend time praying. That's called fasting. You can also fast by giving up screen time or video games for a week. Basically, you show Jesus that HE is more important to you than those other things.

# **JESUS GAVE EVERYTHING FOR US**

What's really neat is that Jesus asks us to make HIM the most important...but he also gave away everything he had for us. He left heaven to come to earth and live like us, suffer like us...and die like us, just so that he could be close to us. He gave his very life away for us, so let's think about giving him something this week.

### **Review**

- 1. Why did Jesus come to Mary and Martha's house?
- 2. What did Mary do? (sat at the feet of Jesus)
- 3. What did Martha do?(prepared the meal and got frustrated with her sister for not helping)
- 4. What did Jesus want them to do? (Spend time with him)
- 5. Why does Jesus want to spend time with you? (He loves you and gave up everything to be with you)
- 6. What is something we could give up to show Jesus he's the MOST important this week? (Let kids talk about eating, giving up things like video games, screen time, etc.)

(After doing the lesson could be a great time for you as a family to sit down and make a list of all the things you "do" as a family. Are there things that you can say "no" to in order to have more space and time to spend with God?-Spiritual Discipline "Simplicity")