

## KIDS

Exodus 20:2-17, Isaiah 49:15, Proverbs 20:27; 2 Corinthians 12:13-14, Colossians 3:21 Adam Barton | April 30, 2023

**BIG IDEA:** Be a parent that your children like to be around by making them feel safe, seen, and soothed.

- 1) You shall not have any other gods before me.
- 2) You shall not make for yourself and idol.
- 3) You shall not misuse the name of the Lord.
- 4) Remember to keep the Sabbath day holy.
- 5) Honor your father and mother. (Exodus 20:12)
- 6) You must not murder.
- 7) You must not commit adultery.
- 8) You must not steal.
- 9) You must not lie.
- 10) You must not covet.

(Exodus 20:2-17)

## Children need to feel safe (Isaiah 49:15)

- Routine is critical to feeling safe
- Do not be aggressive with your kids ... and apologies are powerful

## Children need to feel seen (Proverbs 20:27; 2 Corinthians 12:13-14)

- Be curious about how God made your child
- Be a gardener not a carpenter

## Children need to feel soothed (Colossians 3:21)

- Look for times your kids need you
- Lean into how they are feeling

**Book Recommendation:** The Power of Showing Up by Siegel and Bryson

For Next Week Read:

Colossians 3:17

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