

SPRING
2025

High School



The Noble Experiment

In “The Noble Experiment,” high schoolers will explore what it means to live with integrity, where who they are lines up with the way they live. Over four weeks, they’ll learn how to live with personal integrity, relational integrity, and sexual integrity. The goal? To help them become whole, healthy people who live with purpose!

MEMORY VERSE

And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.
Philippians 4:8, NLT

Week One

Proverbs 11:3

Integrity does what’s right.

Week Two

Matthew 7:24–27, Matthew 22:36–40

Integrity follows what Jesus says is best.

Week Three

1 Corinthians 13:4–7, John 13:34–35

Integrity honors everyone involved.

Week Four

1 Corinthians 6:19–20

Because you matter, your sexual integrity matters.

High School

ENGAGE IN EVERYDAY MOMENTS TOGETHER



Morning Time

As your teen starts their day, point out a time when they said they were going to do something and they did it. Let them know how much you appreciate them being true to their word.



Their Time

What are the safeguards you've had in place for your teen? Which ones need to be adjusted as they get older and take on more responsibility?



Meal Time

At a meal this week, have everyone at the table describe a time when they agreed to do something that they had no intent of doing, or someone has done that to them. Then ask: "How can we make our yes and no responses be honest and trustworthy? How can we be people others count on to do the right thing?"



Bed Time

Pray that you and your teen will be people of integrity. When you are challenged to say or do the right thing, you'll do it. You won't take the easy way out, no matter how hard it may be.



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