



Lesson Title: Jesus' Resurrection

Scripture Focus: Matthew 28:6-8

The Lesson in Context

Death reigned like a tyrant until Jesus' resurrection. In the ancient world, death even reigned over the pagan gods of the nations. Ancient worshipers believed that gods like the Canaanite god Baal or the Egyptian god Osiris died and rose again every year in a cycle tied to the seasons and crop cycles. But unlike these false gods, Jesus conquered death once and for all when He rose from the grave, never to die again.

Because Jesus died for us and rose again triumphantly, we have hope both for this life and the next. It would be terrifying to think that this life with all its heartaches and struggles is all there is, but we have hope in Christ not in this life only but also in the world to come. We have hope knowing no matter what the enemy brings against us, God can turn it to good, just like He turned the cross that was made to destroy into a source of eternal salvation. God turns even apparent defeats into ultimate victory. No matter what, no matter how dark, no matter how difficult, our faith is not in vain. Our Jesus arose, and one day, we will too.

Group Discussion

1. What are some reasons people may fear death? What is Jesus' answer to these fears?
2. What is one thing you are very happy to leave in the past?
3. What are some ways you prioritize your relationship with Jesus in your daily life and for your family?
4. How do you think the disciples felt that day when the risen Jesus suddenly appeared to them?
5. What is one way your life has changed as Jesus trades fear for hope in your life?

My Prayer for the Upcoming Week

How do you want to be different because of what you have experienced today?
