

TRACK 11: ETERNITY IN EVERY DAY



DAY 1 – MAKING DAYS COUNT

Read: Psalm 90:12

“Teach us to number our days, that we may gain a heart of wisdom.”

Life often feels endless when you’re young, but Psalm 90 reminds us that our days are limited. Moses isn’t being morbid. He’s being wise. Numbering our days doesn’t mean obsessing over when life ends. It’s living with **perspective and purpose**. When we recognize that time is short, every conversation, opportunity, and choice start to matter more. That awareness helps to push us to stop wasting time and start making it count—**loving God, loving people, and investing in what lasts**.

Challenge: What’s one way you could make today count—at home, at work, or in your relationships?

Prayer: Lord, help me see the brevity of life not with fear but with focus. Teach me to make today count for you. Amen.

DAY 2 – JOY BEYOND STUFF

Read: Psalm 90:14

“Satisfy us in the morning with your steadfast love, that we may rejoice and be glad all our days.”

We often chase satisfaction in “stuff”—more money, more experiences, more recognition—but it never lasts. The thrill fades, the purchase loses its shine, the applause dies down.

Moses prayed for something deeper: joy rooted in God’s steadfast love. That kind of joy isn’t surface-level happiness that comes and goes with circumstances; it’s a heartfelt satisfaction of knowing we are loved by the **One who doesn’t change**. Embracing this allows God to reshape everything else. His love doesn’t fade, and it doesn’t depend on how

successful we are, how busy we are, or how easy life feels. When we look to him first, we discover a joy that carries us through both ordinary days and difficult seasons, even when life feels fragile and short.

Challenge: Try to begin each day this week by asking God to satisfy you with his love before you check your phone, look at your schedule, or start your tasks.

Prayer: Father, remind me each morning that your love is enough. Fill me with joy that outlasts circumstances or stuff. Amen.

DAY 3 – FOREVER IMPACT

Read: Psalm 90:17

“May the favor of the Lord our God rest on us; establish the work of our hands for us—yes, establish the work of our hands.”

Life is fleeting, but God can take our days and give them **forever impact**. On our own, our efforts fade as quickly as we do, but when God’s hand is on them, they gain eternal weight. What seems small to us—a prayer whispered in faith, an act of kindness no one else notices, a moment of obedience when it would be easier to turn away—becomes significant when God is in it.

We don’t control how long our lives are, but we can entrust every moment to the One who is eternal. **He has a way of taking our ordinary days and weaving them into his extraordinary purposes**. When we live this way, our short days don’t just pass—they become part of God’s eternal story, echoing long after we’re gone.

Challenge: Ask God to use something you do today—big or small—to make an impact that goes beyond you.

Prayer: God, take my fleeting days and make them matter. Let my life echo your love long after I’m gone. Amen.