

MYTHBUSTERS

Preparation

- Read the scripture selection and discussion topics.
- Pray for your meeting and group members.
- Be welcoming and the first to smile!

Follow Up

- Remind people to pray and update the prayer journal if you have one.
- Give praise reports and updates.
- Follow up with your group midweek.

Content Summary

- Rules often feel as though they are restricting our freedom. When our parents told us no, we often felt like they wanted to control us, but in many cases they were protecting us. However, we often respond to control in one of two ways. We either respond legalistically, which is an effort to leverage the rules for our own personal benefit, or we take the antinomian approach, which is to explain away the need for rules.
- The reality is that God didn't give us boundaries (things we should not do) and requirements (things we should do) in an effort to control us. He gave us boundaries and requirements to reveal to us our brokenness and to provide a path for us to be restored, both to God and to one another. Legalism tends to be an overemphasis on how

broken we are and antinomianism tends to be an overemphasis on how restored we are.

Scripture Selections

- Romans 8:6-7
- Romans 6:1-2

Icebreaker

- What do you wish was illegal? What do wish was legal?

Discussion Topics

- Can you talk about a time when you did something you knew you weren't suppose to do? What about a time you didn't do something you knew you should do?
- If you were to guess, what tends to be your approach to rules? Are you more legalistic or more antinomian? Do you tend to see things more black and white, or do you function more in the grey, anything goes?
- Scripture is where we find the boundaries and requirements set up by God. The revelation happens when we see that we don't add up. The restoration happens when we start to move toward living out the boundaries and requirements.
- What about your approach to scripture would change if you were to look for an opportunity to see a revelation of your brokenness AND an opportunity to be restored?