

MYTHBUSTERS

Preparation

- Read the scripture selection and discussion topics.
- Pray for your meeting and group members.
- Be welcoming and the first to smile!

Follow Up

- Remind people to pray and update the prayer journal if you have one.
- Give praise reports and updates.
- Follow up with your group midweek.

Content Summary

- Perhaps the most important question we can ever ask and seek to answer is, “Who is God?” As we strive to understand His nature, character, and how we fit into His narrative, what we think about Him can greatly affect the relationship we can have with Him. So what do you think about when you think about God?

Scripture Selections

1. Galatians 4:4-7

Icebreaker

- Who is the most interesting person you have met and talked with?

Discussion Topics

1. Do you have any friends that, before you got to know them, you assumed you would never like them? What changed?
2. What you think about someone greatly affects how you feel about them. What do you think about when you think about God? Has that changed over time?

Read Galatians 4:4-7. In this passage Paul refers to God as not just father, but “Abba, Father”. This is akin to calling God “daddy” like a child to their father, just coming home.

Is it difficult for you to call God “daddy”? Why or why not?

When we identify God as our father, there are three key areas that we can rely on:

- He loves us
- He is with us
- He is for us

Which of these is hardest for you to embrace? Is there something specific that is preventing you?

5. What can you do this week to change your way of thinking about God?

Changing Your Mind

If nothing came to mind for the last question, just remember that you can change how you currently experience God by thinking about Him differently. This week, challenge yourself to pay attention to the times your thoughts do not align with the three ways that God is a good father. Consider how replacing the opposing thoughts with the ideas that He loves you, is with you, and is always for you would affect the way you think about him.