



Literacy Check

- **2 Kings 5** - The story of Naaman the warrior.
- **Romans 7 & 8** - Paul's admission to being wretched and in need of a savior.
- **Proverbs 3:5-6** - Simple statements with profound implications for how we see the world around us.

Let's Break the Ice

What three items would you want with you on a desert island?

Introduction

Trust can be a loaded word. Some trust easily, some not at all. Yet, when it comes to God, we can make it very difficult on ourselves to trust that he really will be there for us.

A Good Idea

Some members of your group may share some difficult events from their lives. Before group time, pray for the people coming and for the discussions you will be having.

Things to Ponder

Leprosy in 850BC was a death sentence. Even today, it is a difficult disease to suffer from and manage. For us, today, our leprosy, just as it has been since Eden, is sin: a death sentence we have no power to cure on our own. Invite the group to open up about some of their "leprosy" from the past. As a group leader, if you're willing, it may help your group to share if you go first.

Naaman receives easy instructions to cure his leprosy. Go and wash 7 times. But he immediately rejects it. Jesus's path to our cure is just as simple: accept him and believe. Yet people reject him, even violently fight him, every step of the way. For us to be healed, we need to trust that God is not out to "get us" but to save us! Have you or any of your group members had trouble trusting in God, or even accepting that He's really there at all? If someone is willing to share their story, what was it like releasing "my way" and instead trusting and obeying God's way?

Paul has great thoughts on our conditions in all of his Epistles, but **Romans** is especially fascinating. Discuss some of the parallels that your group sees between themselves and Paul's struggles in life.

Wrapping Up

Hopefully your group was able to open up in vulnerability and transparency tonight. Pray for healing of revealed (and hidden) hurts, as well as any prayer requests your members may have. We have an active and loving God who only asks that we ask of Him!