

INTRODUCTION

Finding balance in anything can be difficult. When it comes to parenting, or any relationship for that matter, how do we find balance between loving and accepting our kids for who they are, and setting up boundaries and requirements for keeping them safe? This was the topic of conversation last Sunday. Let's talk about how to L.A.B.R. to enter His rest, and make sure we not our of balance in our relationship with our kids.

DISCUSSION TOPICS

One of the best ways to learn how to balance things, is to hear how others have learned to balance. Ask the group the following questions: One of the best ways to learn how to balance things, is to hear how others have learned to balance. Ask the group the following questions:

1. How have you balanced love and acceptance, and boundaries and requirements?
2. When have you given too much love and acceptance and forgotten to provide boundaries and requirements?
3. When have you been too focused on boundaries and requirements, and forgotten to love and accept?
4. How do respond when your kids, or your spouse, bring up your own lack of balance? Does that response need to change?
5. Talk about how you see Jesus exercise this kind of balance with us? How can we be more like Jesus in this regard?

MOVING FORWARD

Consider how this relates to other relationships in your life. What does it look like to practice this kind of balance in our marriage, at work, with our family? And how can we continue to grow closer to Jesus and engage with others in a more healthy way?