## SUMMARY

In the next 5 years, you will be a different person, in a different place, with new experiences. You can change on purpose or you can allow life to control your change. In essence: you can do a lot of good or a lot of damage in just 5 years.

# START WELL

Before each meeting you should:

- Read the scripture reference(s).
- Read the discussion topics.
- Pray for your group mates.
- Pray for your meeting.
- · Be the first to smile!

## **END WELL**

Each week you should remind people to pray, update your prayer journal, and follow up with your group throughout the week (maybe group text).

# ICEBREAKER

Have you ever set a New Year's resolution that you were able to keep? What was it? How hard was it?

## DISCUSSION

Start with reading the scripture selections as a group. To help facilitate discussion you can ask questions like:

- Who is the woman mentioned in **Proverbs**?
- Who is the young man?
- Besides infidelity, what is the author trying to tell us about the goal of the woman in enticing the man?
- Paul, in his letter to the Romans tells us there is a target we should be focused on. What is it?

On Sunday, Daniel set some homework that you, as a group leader, should encourage your members to work on this week. You'll be able to discuss it next week when we discuss living in community.

## SCRIPTURE

- **Proverbs 7:6-27** The deceitful direction of the world's way.
- Romans 12:2 The destination we should target.

The homework is a personal mission and vision statement (attached). It is designed to help you more clearly understand where you are today and where you want to be. Spend some time talking about the homework with your group and get a commitment from them to complete and bring it next week to go over.

Accountability is one of the best tools we have to effect change in our lives.





By:

## **Personal Values**

Your values are the beliefs that define what matters most to you. Your values form the grid through which your decisions are made and behaviors are developed. Values are used to assess situations, relationships, and habits. The fact is, you already have values that you base your decisions on. The danger lies in not identifying which values you actually hold. In order to determine what values you want to live by, look at the top 5 values of those who influence you the most, and then determine what you believe should be the grid for your decision making:

My Mom's Values: 1.	My Dad's Values: 1.
2.	2.
3.	3.
4.	4.
5.	5.
My Spiritual Leader's Values:	Someone I Admire Values:
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
The Values I Want To Live By:	The Values I Actually Live B
1.	1.
2.	2.

3.

- 2. 3. 4. 4.
- 5. 5.

#### My Personal Values Are:

- 1.
- 2.
- 3.
- 4.
- 5.



# **Personal Mission Statement**

## **Personal Mission Statement**

A personal mission statement is a guiding principle for your life, which helps with decision making and future planning. This statement is another part of your decision making grid, especially as it pertains to future planning, hopes, and dreams. Your mission statement should be aligned with your personal values and should inspire some kind of action or movement. Keep it short and simple. The most significant part of developing a mission statement is the work that goes into it, however your statement will not exhaust all of the work, but it should remind you of it.

### Your Personal Story

Write out some bullet points of your life's story.

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### **Your Priorities**

Write out what matters most to you. People, events, character traits, principles, etc.

## **Quotes and Scriptures**

What are your favorite inspirational quotes and verses?

## **Five Questions**

- 1. Who Am I?
- 2. What do I want to do?
- 3. Who do I want to help?
- 4. How will I help them?
- 5. How will it benefit the world?

### **Craft Your Mission Statement**

Take your time. Use the information above. Think of who you want to be. Try using the back of this paper first, and just write!