

5 Day Devotional
May 3, 2026 AM Sermon
“Real rest is possible”

Day 1: The Promise of Rest Remains

Reading: Hebrews 4:1-3

Devotional: God's promise of rest is still available today, regardless of past failures or present struggles. Like the Israelites who missed the Promised Land, we often forfeit God's rest through unbelief. Yet Scripture declares, "a promise remains of entering His rest." This is breathtaking grace—no matter how long you've wandered in spiritual wilderness, God's rest awaits. The key is mixing God's Word with faith. You can hear truth, witness miracles, and still miss rest if you don't believe. Today, examine what promises of God you've heard but haven't trusted. Is it His provision? His healing? His faithfulness in relationships? Real rest begins when you stop trying to manufacture peace and start believing what God has already said.

5 Day Devotional
May 3, 2026 AM Sermon
“Real rest is possible”

Day 2: The Choice Before You

Reading: Deuteronomy 30:15-20

Devotional: Every day presents a choice: trust God or lean on your own understanding. The Israelites failed to enter rest not because God withdrew His promise, but because they chose disobedience. You are made in God's image with the divine ability to reason, love, and choose. This means you're not a victim of generational sin, past trauma, or present circumstances—you have the power through Christ to choose differently. Satan's greatest deception is convincing you that choices don't matter, that "it is what it is." But Scripture declares otherwise: "Choose this day whom you will serve." Your anxiety, stubbornness, or worry doesn't have to define your legacy. Today, you can choose faith over fear, obedience over rebellion, and God's way over your own.

5 Day Devotional
May 3, 2026 AM Sermon
“Real rest is possible”

Day 3: Ceasing From Your Own Works

Reading: Hebrews 4:9-11

Devotional: True rest comes when you stop striving to earn what God freely gives. "He who has entered His rest has himself also ceased from his works as God did from His." You cannot work your way to peace, joy, or salvation. Religion says do more; Jesus says it is finished. Consider how exhausting life becomes when you try to manufacture happiness through wealth, success, or perfect circumstances. Billionaires lack joy; the famous battle depression. Why? Because rest is not a destination you reach through achievement—it's a Person you trust through surrender. God invites you to stop performing, stop striving, stop trying to be enough on your own. Lay down the burden of self-sufficiency and accept that His yoke is easy and His burden is light.

5 Day Devotional
May 3, 2026 AM Sermon
“Real rest is possible”

Day 4: Finding Rest for Your Soul

Reading: Matthew 11:28-30

Devotional: "Come to Me, all you who labor and are heavy laden, and I will give you rest." Jesus cannot lie. If you lack rest for your soul, the fault isn't God's —it's a failure to come to Him with your burdens. What situation is robbing you of peace? Financial stress? Relational conflict? Physical illness? Emotional trauma? Jesus doesn't promise to remove every hardship, but He promises rest in the midst of them. This rest means you won't be "greatly moved" by life's earthquakes. You'll feel the tremor, but you won't collapse. The prescription is simple: come to Jesus, take His yoke, learn from Him. Stop carrying what He never intended you to bear alone. Real rest happens when you exchange your anxiety for His peace, your worry for His promises.

5 Day Devotional
May 3, 2026 AM Sermon
“Real rest is possible”

Day 5: Today, If You Hear His Voice

Reading: Psalm 95:1-11

Devotional: "Today, if you will hear His voice, do not harden your hearts." God speaks through Scripture, sermons, songs, circumstances, and godly counsel—but hearing requires a soft, responsive heart. The Israelites heard God's voice for forty years in the wilderness yet died without entering rest because they hardened their hearts through repeated disobedience. How is God speaking to you today? Perhaps He's calling you to repentance, inviting you to trust Him financially, urging you to forgive, or asking you to surrender a cherished sin. The word "today" appears repeatedly in Hebrews 4 because procrastination is the enemy of faith. Tomorrow's obedience doesn't bring today's rest. Respond now. Believe now. Obey now. God's rest is available today for those who will hear and respond with faith.