

CHANGE MY HEART

Big Idea: Don't follow your heart. Follow Jesus who can change your heart.

- Your heart doesn't need to be followed, it needs to be fixed.
- Your heart is not the answer... it is the problem!
- Your heart doesn't just need to be transformed, it needs to be transplanted.

1. TRUST IN JESUS FOR A NEW HEART

Your old, sinful heart is defiled, deceitful, and terminally diseased. We don't just need a better heart—we need a brand new one.

Jesus can give you a new heart.

Ezekiel spoke to the exiled Israelites, telling them they needed to be changed from the inside out. But his words also point forward to the salvation we have in Jesus:

“I will give you a new heart and put a new spirit in you; I will remove from you your heart of stone and give you a heart of flesh. And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws.” (Ezekiel 36:26-27, NIV)

In Christ, God removes our heart of stone—hardened, unresponsive, dead to Him—and gives us a heart of flesh—soft, responsive, and alive to Him. God doesn't just give us any new

heart; He gives us His heart. The moment you turn from sin and trust in Jesus as Savior and Lord, you receive a new heart and God's Spirit moves in.

This means you are eternally secure in Him, but it doesn't mean you'll be perfect. Even David, called a man after God's own heart, sinned greatly. When we sin, we need to be cleansed.

2. CONFESS YOUR SIN FOR A CLEANSED HEART

David's prayer in Psalm 51 is a model for us:

"Create in me a pure heart, O God, and renew a steadfast spirit within me." (Psalm 51:10, NIV)

John writes:

"If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness." (1 John 1:9, NIV)

God cleanses us, purifies us, and washes us clean. We should always be in a posture of confession and repentance—not to earn or keep our salvation, but because we are saved and want to be close to Him. Confession restores our fellowship with God.

Why would I follow my heart, when it so often needs to be cleansed?

3. SEEK THE LORD FOR AN UNDIVIDED HEART

We are easily distracted. Our hearts can be drawn away from God. The hymn says:

Prone to wander, Lord, I feel it,
Prone to leave the God I love.
Here's my heart, Lord, take and seal it,
Seal it for Thy courts above.

The psalmist prays:

“Teach me your way, Lord, that I may rely on your faithfulness;
give me an undivided heart, that I may fear your name.” (Psalm
86:11, NIV)

Here's my heart, Lord—I give it to You. Unite my heart. Give me
an undivided heart.

Why shouldn't I follow my heart? Because I'm never really sure
which way my heart will lead me.

Instead, I ask God: Teach me Your way, Lord. Let me rely on
Your faithfulness. Give me an undivided heart, so I may fear
Your name.

It's not about my heart. It's all about You, Lord.

CLOSING PRAYER

Lord Jesus, I confess that my heart is often divided, distracted,
and in need of Your cleansing. Thank You for Your promise to
give me a new heart and a new spirit. I trust You to change me
from the inside out. Create in me a clean heart, O God, and
renew a steadfast spirit within me. Unite my heart to fear Your
name, and help me to follow You above all else. In Your name I
pray, Amen.