

**February 12, 2023**

Sit, **Walk**, Stand

*Ephesians 4:1-16 & Ephesians 4:21-24 NIV*

1) What from this week's message stood out to you? What is something you don't want to forget? Anything that you disagreed with?

2) In your own words define what "unity" is? What does it look like, sound like, feel like? How might you become more unified with others within the Body (other believers) who may not look or sound like you?

3) Pastor Alexis shared that because of our belief that God is "all knowing, all powerful, faithful, and has our best interest at heart even when we can't see it" our actions or behaviors change. What behaviors have you seen change in your life since following Jesus? Share your experience(s) with being transformed. How have others responded to this?

4) Read Ephesians 4:25 - 5:21. Choose two or three examples from these passages to share practical ways to live out these principles.

(b) Which one(s) do you struggle with?

(c) How can your home group come alongside you and hold you accountable?

5) Take time to write out your prayer as you walk in unity, transformation, and amongst others this week. What do you want to see happen in your life, and in others' lives? If you are open to sharing your prayer, do so with your group.

\*\*\*Worship Experience\*\*\*

As a group, sit in a time of worship together.

Build Your Kingdom Here. Rend Collective

Make Us One. Jesus Culture

Because He Lives. Carrie Underwood