

December 10<sup>th</sup>, 2023

## **The Thrill of Hope**

***Luke 1:67-79 NIV***

1. What's one thing from last weekend's sermon that you hope we talk about as a group?
  
  
  
  
  
  
  
  
  
  
2. Share of a time where you were very discouraged or of a time where you were without hope. What got you through it? (No Sunday school answers!)

### **Digging Deeper:**

Pastor Terry shared Isaiah 40:25-31 and Philippians 4:6-7. As a group read these passages of scripture together and come up with three ways, we can hold onto hope as we find ourselves in difficult times. Then share with each other what scripture you go to when you are struggling or need to hear from God.

- a. What did these scriptures help get you through? How did they help you get through it?

- b. Our world offers a lot of things that can seem to offer hope or try to find our worth in outside of God. What tends to be an unhealthy behavior that you find yourself doing when life gets the best of you? What has the Lord spoken to you about of how to overcome that when they occur?
- c. What would be some healthy practices or spiritual habits that might help lead you to find and hold onto your faith, hope, and worth in Jesus?
- d. Is there anything you need to do as a result of what you've learned this week?

### **Closing in Prayer**