CRSWLK
ABIDE

Come Follow Me

HOW TO GROW IN MY DISCIPLESHIP WITH JESUS

CROSSWALK

Come Follow Me

How to Grow In My Discipleship With Jesus

Session 1

Welcome & Introduction

What is/Who is a disciple?

The Great Gospel Commission . . . Omission?

Matthew 28:18-20

Jesus On Discipleship

Matthew 16:24-25

John 8:31-32

What is The Gospel?

1 John 1:9

Romans 6:23

Ephesians 2:1-10

Romans 5:1-2

Galatians 2:20

Mark 1:14-15

Jesus Invites Us To Think About Our Thinking

"Repent!"

What Is Sin & When Does The Story Begin?

Genesis 3 or Genesis 1 & 2?

Transactional vs Transformational

Luke 6:40

Four Questions We Must Ask Ourselves *[D. Willard]*

1. **What is reality?**

2. **Who is really well off in this life?**

3. **Who really is a good person?**

4. **How does one actually become a good person?**

Trying To Balance A Life Of Discipleship With Jesus . . .

Matthew 6:33

Matthew 16:24-25 NIV
[24] Then Jesus said to his disciples, “Whoever wants to be my disciple must deny themselves and take up their cross and follow me. [25] For whoever wants to save their life will lose it, but whoever loses their life for me will find it.

John 8:31-32 NIV
[31] To the Jews who had believed him, Jesus said, “If you hold to my teaching, you are really my disciples. [32] Then you will know the truth, and the truth will set you free.”

Matthew 28:18-20 NIV
[18] Then Jesus came to them and said, “All authority in heaven and on earth has been given to me. [19] Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, [20] and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.”

Matthew 28:18-20 KJV
[18] And Jesus came and spake unto them, saying, All power is given unto me in heaven and in earth. [19] Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost: [20] Teaching them to observe all things whatsoever I have commanded you: and, lo, I am with you alway, even unto the end of the world. Amen.

1 John 1:9 NLT
[9] But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness.

Romans 6:23 NLT
[23] For the wages of sin is death, but the free gift of God is eternal life through Christ Jesus our Lord.

Ephesians 2:1-10 NLT
[1] Once you were dead because of your disobedience and your many sins. [2] You used to live in sin, just like the rest of the world, obeying the devil-the commander of the powers in the unseen world. He is the spirit at work in the hearts of those who refuse to obey God. [3] All of us used to live that way, following the passionate desires and inclinations of our sinful nature. By our very nature we were subject to God's anger, just like everyone else.

[4] But God is so rich in mercy, and he loved us so much, [5] that even though we were dead because of our sins, he gave us life when he raised Christ from the dead. (It is only by God's grace that you have been saved!) [6] For he raised us from the dead along with Christ and seated us with him in the heavenly realms because we are united with Christ Jesus. [7] So God can point to us in all future ages as examples of the incredible wealth of his grace and kindness toward us, as shown in all he has done for us who are united with Christ Jesus. [8] God saved you by his grace when you believed. And you can't take credit for this; it is a gift from God. [9] Salvation is not a reward for the good things we have done, so none of us can boast about it. [10] For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago. …

Romans 5:1-2 NIV

[1] Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, [2] through whom we have gained access by faith into this grace in which we now stand. And we boast in the hope of the glory of God.

Galatians 2:20 NIV

[20] I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.

Mark 1:14-20 NIV

[14] After John was put in prison, Jesus went into Galilee, proclaiming the good news of God. [15] "The time has come," he said. "The kingdom of God has come near. Repent and believe the good news!" [16] As Jesus walked beside the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the lake, for they were fishermen. [17] "Come, follow me," Jesus said, "and I will send you out to fish for people." [18] At once they left their nets and followed him. [19] When he had gone a little farther, he saw James son of Zebedee and his brother John in a boat, preparing their nets. [20] Without delay he called them, and they left their father Zebedee in the boat with the hired men and followed him. …

Luke 6:40 NLT

[40] Students are not greater than their teacher. But the student who is fully trained will become like the teacher.

Matthew 6:33 NIV
[33] But seek first his kingdom and his righteousness, and all these things will be given to you as well.

Notes

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How to Grow In My Discipleship With Jesus

Session 2

A Greater Overview Of The Kingdom of God

Genesis 1:26

1 Samuel 8:1-9

Matthew 6:33

Matthew 6:9-13

Matthew 13:31-33; 44-46

Acts 1:6-8

Acts 28:23

Colossians 1:13

Revelation 5:1-10

Why Is The Kingdom of God Everything for a Disciple of Jesus?

Luke 12:22-32

Matthew 24:14

Psalm 23: A Vision of The Kingdom of God
Living under the reign of our Shepherd King

Psalm 23:1-6 NKJV
The LORD is my shepherd; I shall not want. [2] He makes me to lie down in green pastures; He leads me beside the still waters. [3] He restores my soul; He leads me in the paths of righteousness For His name's sake. [4] Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You are with me; Your rod and Your staff, they comfort me. [5] You prepare a table before me in the presence of my enemies; You anoint my head with oil; My cup runs over. [6] Surely goodness and mercy shall follow me all the days of my life; And I will dwell in the house of the LORD Forever.

Genesis 1:26 NLT
[26] Then God said, *"Let us make human beings in our image, to be like us. They will reign over* the fish in the sea, the birds in the sky, the livestock, all the wild animals on the earth, and the small animals that scurry along the ground."

1 Samuel 8:1-9 NLT
[1] As Samuel grew old, he appointed his sons to be judges over Israel. [2] Joel and Abijah, his oldest sons, held court in Beersheba. [3] But they were not like their father, for they were greedy for money. They accepted bribes and perverted justice. [4] Finally, all the elders of Israel met at Ramah to discuss the matter with Samuel. [5] "Look," they told him, "you are now old, and your sons are not like you. *Give us a king to judge us like all the other nations have."* [6] Samuel was displeased with their request and went to the LORD for guidance. [7] "Do everything they say to you," the LORD replied, "for *they are rejecting me, not you. They don't want me to be their king any longer.* [8] Ever since I brought them from Egypt they have continually abandoned me and followed other gods. And now they are giving you the same treatment. [9] Do as they ask, but solemnly warn them about the way a king will reign over them." ...

Matthew 6:33 NIV
[33] *But seek first his kingdom* and his righteousness, and all these things will be given to you as well.

Matthew 6:9-13 NKJV
[9] In this manner, therefore, pray: Our Father in heaven, Hallowed be Your name. [10] *Your kingdom come. Your will be done On earth as it is in heaven.* [11] Give us this day our daily bread. [12] And forgive us our debts, As we forgive our debtors. [13] And do not lead us into temptation, But deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen.

Matthew 13:31-33 NLT
[31] Here is another illustration Jesus used: *"The Kingdom of Heaven is like* a mustard seed planted in a field. [32] It is the smallest of all seeds, but it becomes the largest of garden plants; it grows into a tree, and birds come and make nests in its branches." [33] Jesus also used this illustration: *"The Kingdom of Heaven is like* the yeast a woman used in making bread. Even though she put only a little yeast in three measures of flour, it permeated every part of the dough."

Matthew 13:44-46 NLT
[44] *"The Kingdom of Heaven is like* a treasure that a man discovered hidden in a field. In his excitement, he hid it again and sold everything he owned to get enough money to buy the field. [45] "Again, *the Kingdom of Heaven is like* a merchant on the lookout for choice pearls. [46] When he discovered a pearl of great value, he sold everything he owned and bought it! ...

Acts 1:6-8 NLT
[6] *So when the apostles were with Jesus, they kept asking him, "Lord, has the time come for you to free Israel and restore our kingdom?"* [7] He replied, "The Father alone has the authority to set those dates and times, and they are not for you to know. [8] But you will receive power when the Holy Spirit comes upon you. And you will be my witnesses, telling people about me everywhere— in Jerusalem, throughout Judea, in Samaria, and to the ends of the earth." ...

Acts 28:23 NLT
[23] So a time was set, and on that day a large number of people came to Paul's lodging. *He explained and testified about the Kingdom of God and tried to persuade them about Jesus from the Scriptures.* Using the law of Moses and the books of the prophets, he spoke to them from morning until evening.

Colossians 1:13 NLT
[13] For he has rescued us from the kingdom of darkness and transferred us into the Kingdom of his dear Son,

Revelation 5:1-10 NLT
[1] Then I saw a scroll in the right hand of the one who was sitting on the throne. There was writing on the inside and the outside of the scroll, and it was sealed with seven seals. [2] And I saw a strong angel, who shouted with a loud voice: "Who is worthy to break the seals on this scroll and open it?" [3] But no one in heaven or on earth or under the earth was able to open the scroll and read it. [4] Then I began to weep bitterly because no one was found worthy to open the scroll and read it. [5] But one of the twenty-four elders said to me, "Stop weeping! Look, the Lion of the tribe of Judah, the heir to David's throne, has won the victory. He is worthy to open the scroll and its seven seals." [6] Then I saw a Lamb that looked as if it had been slaughtered, but it was now standing between the throne and the four living beings and among the twenty-four elders. He had seven horns and seven eyes, which represent

the sevenfold Spirit of God that is sent out into every part of the earth. [7] He stepped forward and took the scroll from the right hand of the one sitting on the throne. [8] And when he took the scroll, the four living beings and the twenty-four elders fell down before the Lamb. Each one had a harp, and they held gold bowls filled with incense, which are the prayers of God's people. [9] And they sang a new song with these words: "You are worthy to take the scroll and break its seals and open it. For you were slaughtered, and your blood has ransomed people for God from every tribe and language and people and nation. *[10] And you have caused them to become a Kingdom of priests for our God. And they will reign on the earth."*

Luke 12:22-32 NLT

[22] Then, turning to his disciples, Jesus said, "That is why I tell you not to worry about everyday life-whether you have enough food to eat or enough clothes to wear. [23] For life is more than food, and your body more than clothing. [24] Look at the ravens. They don't plant or harvest or store food in barns, for God feeds them. And you are far more valuable to him than any birds! [25] Can all your worries add a single moment to your life? [26] And if worry can't accomplish a little thing like that, what's the use of worrying over bigger things? [27] "Look at the lilies and how they grow. They don't work or make their clothing, yet Solomon in all his glory was not dressed as beautifully as they are. [28] And if God cares so wonderfully for flowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith? [29] "And don't be concerned about what to eat and what to drink. Don't worry about such things. [30] These things dominate the thoughts of unbelievers all over the world, but your Father already knows your needs. [31] Seek the Kingdom of God above all else, and He will give you everything you need. [32] "So don't be afraid, little flock. For it gives your Father great happiness to give you the Kingdom.

Matthew 24:14 NLT

[14] And the Good News about the Kingdom will be preached throughout the whole world, so that all nations will hear it; and then the end will come.

Notes

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How to Grow In My Discipleship With Jesus

Session 3

Where Have We Been So Far?

Disciple/Apprentice

Revisiting The Great Commission (Omission?)

Matthew 28:18-20 (The Voice Translation)
[18] Jesus came forward and addressed His beloved disciples. Jesus: I am here speaking with all the authority of God, who has commanded Me to give you this commission: [19] Go out and make disciples in all the nations. Ceremonially wash them through baptism in the name of the triune God: Father, Son, and Holy Spirit. [20] Then disciple them. Form them in the practices and postures that I have taught you, and show them how to follow the commands I have laid down for you. And I will be with you, day after day, to the end of the age.

What is The Gospel?

"Repent"

Genesis 3/Genesis 1-2

Transactional vs Transformational

Luke 6:40 NLT

Students are not greater than their teacher. But the student who is fully trained will become like the teacher.

Galatians 2:20 NIV

I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me.

2 Corinthians 5:17 NIV

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!

Balance vs Priority as a Disciple of Jesus

Matthew 6:33 NIV

But seek first his kingdom and his righteousness, and all these things will be given to you as well.

Christianity . . .

Christianity was birthed in Galilee as a relationship.
It spread to Greece and became a philosophy.
It spread to Rome and became an empire.
It spread to Britain and became a culture.
It spread to America and became an enterprise.

- *Dr. Richard C. Halverson*

Discipleship is about a prioritized relationship with Jesus.

When We Think Of The Things Jesus Did, What Are Some Things We Think Of?

-
-
-
-
-

Etc. . .

What about when no one was looking?

Luke 5:15-16 NIV
[15] Yet the news about him spread all the more, so that crowds of people came to hear him and to be healed of their sicknesses.
[16] But Jesus often withdrew to lonely places and prayed.

Jesus was disciplined about His relationship with His Father

John 17:20-21 NLT
[20]"I am praying not only for these disciples but also for all who will ever believe in me through their message. [21] I pray that they will all be one, just as you and I are one-as you are in me, Father, and I am in you. And may they be in us so that the world will believe you sent me.

- **Jesus and His Father had an abiding relationship.**
- **Jesus desires for us to abide in and with Him.**

Priority and Process Matter In The Life of a Disciple

John 15: The Analogy of a Vineyard

John 15:4-5 NKJV
Abide in Me, and I in you. As the branch cannot bear fruit of itself, unless it abides in the vine, neither can you, unless you abide in Me. [5] "I am the vine, you are the branches. He who abides in Me, and I in him, bears much fruit; for without Me you can do nothing.

John 15:12 NKJV
This is My commandment, that you love one another as I have loved you.

John 15:27 NKJV
And you also will bear witness, because you have been with Me from the beginning.

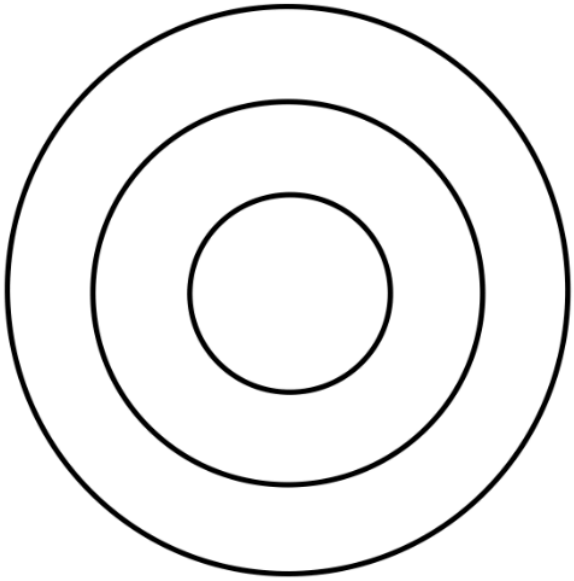
Priority and Process or Balance?

In John 15, Jesus reveals to us the priority of our life and the process that organically follows.

Priority 1: _____

Priority 2: _____

Priority 3: _____



P_____

C_____

S_____

P_____

Jesus invites us into an intimate relationship with Him, that organically results in living out of the overflow of His presence, filling our lives.

Discipleship with Jesus is a life of abiding in Jesus and Jesus in me.

A disciple of Jesus lives life out of the overflow of Jesus and His Kingdom within them.

Luke 7:21 NKJV

The Kingdom of God is within you.

Notes

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Session 4

REVIEW

A key teaching from Jesus regarding discipleship with Him

Matthew 11:28-30 NIV

[28] “Come to me, all you who are weary and burdened, and I will give you rest. [29] Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. [30] For my yoke is easy and my burden is light.”

What is this yoke Jesus is talking about?

What is the yoke for a disciple of Jesus?

Why is it easy and not burdensome?

How do I intentionally live in Jesus's yoke?

Matthew 11:27-30 MSG

"The Father has given me all these things to do and say. This is a unique Father-Son operation, coming out of Father and Son intimacies and knowledge. No one knows the Son the way the Father does, nor the Father the way the Son does. But I'm not keeping it to myself; I'm ready to go over it line by line with anyone willing to listen. "Are you tired? Worn out? Burned out on religion? Come to me. Get away with me, and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."

"With" Jesus vs "For" Jesus

Doing things for Jesus is often the most significant distraction from being with Jesus.

Luke 10:38-42 NIV

[38] As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. [39] She had a sister called Mary, who sat at the Lord's feet listening to what he said. [40] But Martha was distracted by all the preparations that had to be made. She came to him and asked, "Lord, don't you care that my sister has left me to do the work by myself? Tell her to help me!" [41] "Martha, Martha," the Lord answered, "you are worried and upset about many things, [42] but few things are needed—or indeed only one. Mary has chosen what is better, and it will not be taken away from her."

"Mary has found the organizing center for her existence."

- **Fred Craddock**

The difference between One Thing and One More Thing

Considering the context of this passage

A disciple of Jesus is someone who lives their life at the feet of Jesus.

This means abiding with Jesus to the quiet place.

This means abiding with Jesus with other disciples, as He calls us to learn from Him and worship Him.

This means abiding with Jesus as He loves the world in our everyday lives.

A disciple is someone who is convinced there is no greater life than to live their life at the feet of Jesus.

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Session 5

REVIEW

We Are Living Souls

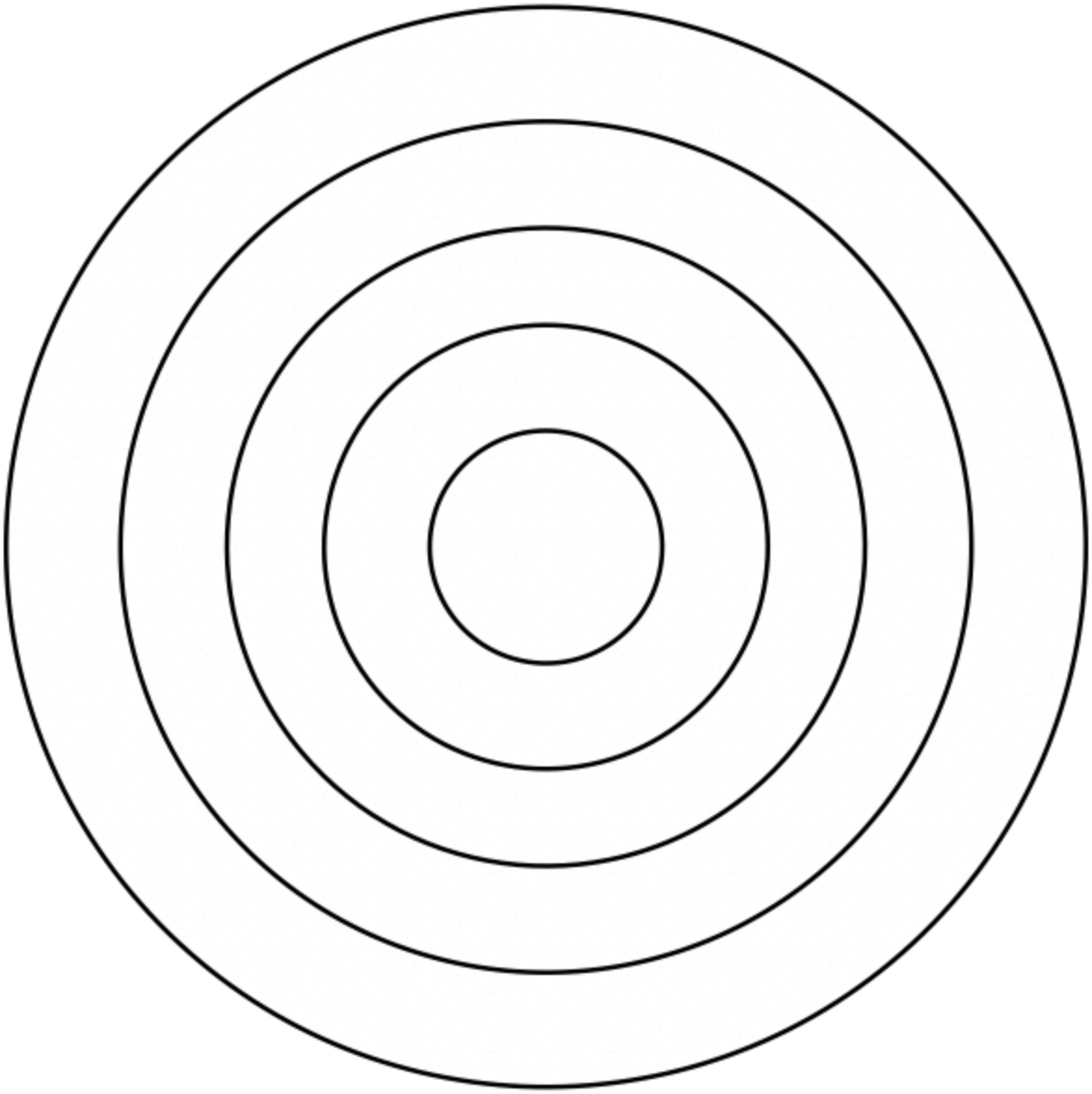
Genesis 1 & 2

Imago Dei

A Living Soul

The Living Soul

[The Renovation of the Heart by Dallas Willard]



Psalm 51:10-12 NLT

Create in me a clean heart, O God. Renew a loyal spirit within me. [11] Do not banish me from your presence, and don't take your Holy Spirit from me. [12] Restore to me the joy of your salvation, and make me willing to obey you.

Romans 12:1-2 MSG

[1-2] So here's what I want you to do, God helping you: Take your everyday, ordinary life-your sleeping, eating, going-to-work, and walking-around life-and place it before God as an offering. Embracing what God does for you is the best thing you can do for him. Don't become so well-adjusted to your culture that you fit into it without even thinking. Instead, fix your attention on God. You'll be changed from the inside out. Readily recognize what he wants from you, and quickly respond to it. Unlike the culture around you, always dragging you down to its level of immaturity, God brings the best out of you, develops well-formed maturity in you.

2 Corinthians 3:17-18 NLT

[17]For the Lord is the Spirit, and wherever the Spirit of the Lord is, there is freedom. [18] So all of us who have had that veil removed can see and reflect the glory of the Lord. And the Lord-who is the Spirit-makes us more and more like him as we are changed into his glorious image.

2 Corinthians 5:16-19 NLT

[16]So we have stopped evaluating others from a human point of view. At one time we thought of Christ merely from a human point of view. How differently we know him now! [17] This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun! [18] And all of this is a gift from God, who brought us back to himself through Christ. And God has given us this task of reconciling people to him. [19] For God was in Christ, reconciling the world to himself, no longer counting people's sins against them. And he gave us this wonderful message of reconciliation.

Christianity is about a _____ and not a

_____.

Christianity is an _____ _____ of

_____ with Jesus Christ.

Whatever you do, do it _____ _____.

A disciple is someone who is being trained by Jesus how to do everything in this life WITH Jesus.

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Session 6

REVIEW

The Renovation of the Heart by Dallas Willard

VISION

INTENTION

MEANS

Spiritual formation is our continuing response to the reality of God's grace shaping us into the likeness of Jesus Christ, through the work of the Holy Spirit, in the community of faith, for the sake of the world.

– Jeffery P. Greenman

Spiritual Practices/Exercises/Disciplines

Spiritual disciplines are actions we can take in our everyday lives to live at the feet of Jesus, growing in intimacy with Him as His beloved, and learning from Him how to live in His Kingdom now.

WILLARD	FOSTER
Disciplines of Abstinence Solitude Silence Fasting Frugality Chastity Secrecy Sacrifice **Disciplines of Engagement** Study Worship Celebration Service Prayer Fellowship Confession Submission	**Inward Disciplines** Meditation Prayer Fasting Study **Outward Disciplines** Simplicity Solitude Submission Service **Corporate Disciplines** Confession Worship Guidance Celebration

A disciple is someone who is growing in their awareness of Jesus.

A disciple is someone who is intentional about growing in their awareness of Jesus.

A Disciple Must Wrestle With The Following Questions:

1. What is the cost of following Jesus?
2. What is the cost of *not* following Jesus?

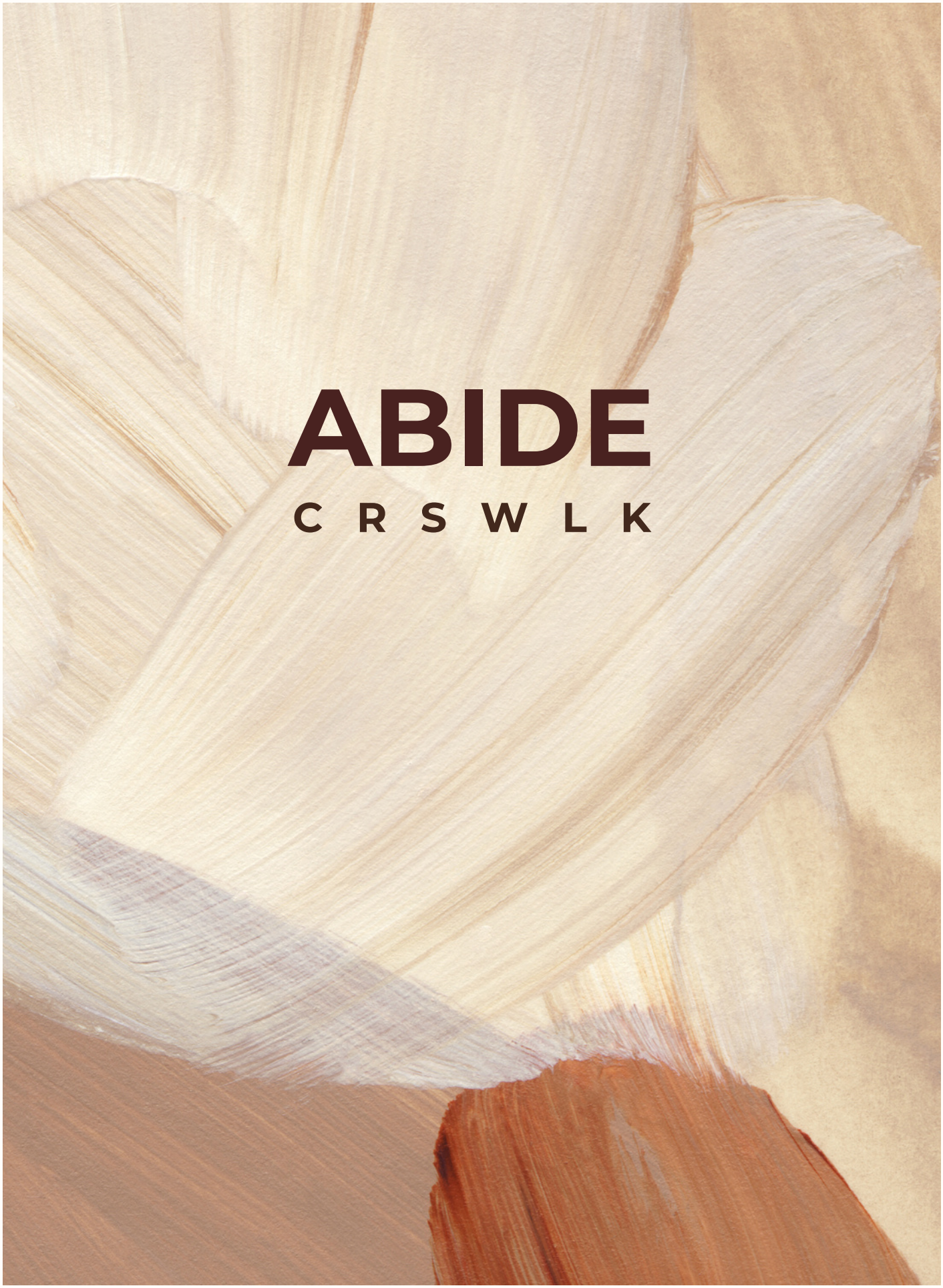
Discerning our abiding relationship with Jesus

Is following Jesus the greatest opportunity you have in this life?

Abide

Abide in Me, and I will abide in you.

Notes


ABIDE
CRSWLK

I AM A LIVING SOUL

SPIRITUAL

PHYSICAL

MENTAL

EMOTIONAL

SOCIAL

THINGS I'M NOTICING

THEMES/THREADS

GOD’S DESIRE FOR ME

AS I PAUSE TO GIVE JESUS MY ATTENTION, WHAT DO I SENSE GOD DESIRES FOR ME AS A LIVING SOUL AND HIS BELOVED DICSIPLE?

SCRIPTURE PASSAGES

SPIRITUAL PRACTICES

WHAT SPIRITUAL PRACTICES DO I SENSE JESUS INVITING ME TO JOIN HIM IN?

WILLARD

ABSTINENCE
INTENTIONS
SILENCE
SOLITUDE
FASTING
FRUGALITY
CHSTITY
SECRECY
SACRIFICE

ENGAGEMENT
STUDY
WORSHIP
CELEBRATION
SERVICE
PRAYER
FELLOWSHIP
CONFESSION
SUBMISSION

FOSTER

INWARD
MEDITATION
PRAYER
FASTING
STUDY

OUTWARD
SIMPLICITY
SOLITUDE
SUBMISSION
SERVICE

CORPORATE
CONFESSION
WORSHIP
GUIDANCE
CELEBRATION

OCTOBER

NOVEMBER

DECEMBER

OCTOBER

	MORNING	AFTERNOON	EVENING
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M			
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NOVEMBER

	MORNING	AFTERNOON	EVENING
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DECEMBER

	MORNING	AFTERNOON	EVENING
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