



NAVIGATING THE **NEW NORMAL**



MESSAGE: Navigating the New Normal: Loss of Certainty

SPEAKER: Jim Johnson | **DATE:** May 2 & 3, 2020

Uncertainty is the anxious feeling we get when we don't know what happens next

God's desire for each of us is to live courageously in the face of life's uncertainties (2 Timothy 1:7 NLT)

Here's our problem—uncertainty is one of life's few certainties

Uncertainty will be a lifelong tension to manage . . .

How can we manage the tension of uncertainty?

The story of Joseph—A life of uncertainty well managed! (Genesis 37-50)

Find the opportunity in the difficulty (Genesis 41:33 NLT)

There are two ways to look at difficulty—you can see it for the pain it causes or the opportunity it presents

Refuse to numb the tension (Genesis 39:8-9 NLT)

Numbing your sense of uncertainty kicks the can of your emotional and spiritual vulnerability down the road.
An opportunity for growth can become the occasion for addiction

Keep an eye on the bigger picture (Genesis 41:35-36 NLT)

An eye on the bigger picture of your life keeps you from being overwhelmed by the uncertainty of any single frame of your life

Hold on to a greater hope (Genesis 50:20 NLT)

Hope is the anticipation and expectation that something good is going to happen, and you have good reason to think that it will!

Having a hope worth holding onto is the ultimate antidote to any sense of uncertainty in any season of life