

# Strength To Endure

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Ephesians 6:10-13

March 3, 2024

## Snapshot:

Only in Christ can we find the strength to endure evil.

I. The Foundation of Endurance (6:10)

II. The Participation in Endurance (6:11a)

III. The Need for Endurance (6:11b-13)

## Checking in

*Anything you want to share from your time in the Word this week?*

*How can the group be praying for/with you?*

## Connecting

*When have you needed to endure? What did you do to prepare?*

## Study

### Point 1: The Foundation of Endurance (6:10)

*READ:* Joshua 1:1–9; Joshua 23

*REFLECT:* In what were the Israelites to find strength? Explain how the text reveals your answer? What is the correlation between obeying the Law of God and finding strength in the Lord? In what ways does Joshua 23 reveal Israel did indeed find strength in the Lord? How does that help them to continue finding strength? What warnings do we see from Joshua?

*RESPOND:* What are some practical ways you can find your strength in the Lord? How does understanding we live out the Christian life, not on our own strength, but in the strength of the Lord, help pursue holiness? In what ways do you try to find strength in yourself?

### Point 2: The Participation in Endurance (6:11a)

*READ:* Exodus 14:13, 14; Matthew 7:24–27; 1 Corinthians 16:13, 14; Galatians 5:1

*REFLECT:* What do these passages teach you about standing firm? How do these passages communicate that we have a responsibility along with the strength of God to stand firm? How does the strength of the Lord and our command to stand work together?

*RESPOND:* Discuss each word in Ephesians 6:11 (for example: “put on”; “whole”, etc.) and how we can practically participate in putting on the armor of God. What would it look like for you to put on the armor of God?

### **Point 3: The Need for Endurance (6:11b–13)**

*READ:* Colossians 1:15–20; 2:13–15

*REFLECT:* What does the Colossians text reveal about the spiritual forces in chapter one? What does Colossians one teach us about Jesus' relationship with the spiritual rulers and authorities? What do we learn in Colossians 2?

*RESPOND:* How do you find yourself wrestling against flesh and blood? How does focusing on the visible miss the deeper issue at hand? In what ways do the passages in Colossians give you confidence in the coming attacks of the spiritual forces? How do these verses help you evangelize?

### **Memorizing**

“Finally, be strong in the Lord and in the strength of His might” (Ephesians 6:10).

### **Preparing for next week**

**Read:** Ephesians 6:14-20

**Ask:** questions of the text

**Pray:** through text, for the pastor as he prepares, for your heart to hear, for the congregation to hear, for all of us to be obedient.