# **Armor Up!**

Pastor Greg Stansel

Ephesians 6:14-20

March 10, 2024

#### **Snapshot:**

The armor of God enables us to stand against evil attacks.

- I. The Armor of God prepares us for attacks (6:14, 15)
- II. The Armor of God prepares us for battle (6:16, 17)
- III. The Armor of God is applied by prayer (6:18–20)

## Checking in

Anything you want to share from your time in the Word this week? How can the group be praying for/with you?

### Connecting

Have you ever had to wear armor of any kind? Explain why.

### Study

#### Point 1: The Armor of God prepares us for attacks (6:14, 15)

READ: Romans 1:18, 25; 2:6–8; Colossians 1:3–6; Romans 3:21–26; Ephesians 2:11–22

*REFLECT:* What do you learn about truth, righteousness, and the gospel of peace in these verses?

*RESPOND:* What are some specific ways you have experienced Satan's attack on truth, righteousness, and the gospel of peace in your life, in the church, and in the world? What would it look like for you to put on these pieces of armor day by day? In what ways should the church as a whole be equipping the saints with this armor?

#### Point 2: The Armor of God prepares us for battle (6:16, 17)

READ: Romans 10:17; 1 Thessalonians 5:1-11

*REFLECT:* What do we learn in these verses of the armor Paul refers to in Ephesians 6? What are some warnings? What are some commands or expectations?

*RESPOND:* What would it mean for you to put on faith, salvation, and the Word of God in all circumstances? What hinders you from praying at all times in the Spirt? What are some steps you can take to grow your prayer life? What are some steps you can take to develop your time in the Word? What would it look like for you to work out your salvation with fear and trembling? What feeds your faith? What causes your faith to wane?

#### Point 3: The Armor of God is applied by prayer (6:18–20)

READ: Jude 17-21; Romans 8:26, 27

*REFLECT:* What do you learn of the Spirit's role in prayer? What does it mean to pray "in the Spirit"? On what is the prayer in Ephesians 6:18–20 focused?

*RESPOND:* What are some hinderances to your prayer life? Why is it important to pray at all times? What role does prayer play in the armor of God both individually and corporately?

## Memorizing

"Therefore, take up the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand firm". (Ephesians 6:13)

## Preparing for next week

**Read:** Ephesians 6:21-24 **Ask:** questions of the text

**Pray:** through text, for the pastor as he prepares, for your heart to hear, for the congregation to hear, for all of us

to be obedient.