

5 Day Devotional

Naaman's story invites us to bring our real needs to God and let Him reveal what we most deeply need: dependence on Him. Over the next five days, you'll trace a path from self-reliance to humble obedience, learning to trust God's way even when it doesn't make sense. As you go, ask God for a "Just Jesus" posture—where your life, healing, and peace point back to Him alone.

Day 1

2 Kings 5:1-3

Naaman had everything that looked like security—position, influence, and resources—yet he carried a need he could not solve. God often allows an obvious need to surface so we'll finally face the deeper one: our limits and our longing for Him. The sermon highlighted this tension—when we think the fix can only be done by us (or purchased by us), we drift from trust into control.

It's striking that God used a "lowly" servant girl to redirect Naaman toward hope. Her simple, courageous words shifted the trajectory of a powerful man's life. God's help often comes through unexpected people and quiet faithfulness, reminding us that His grace is not reserved for the impressive; it's offered to the humble and the willing.

Today, name what you've been trying to manage with strength, status, or strategy. Then let God reframe it: what if your need is not just the thing you want solved, but an invitation to come closer to Him?

- What is the most obvious need you're carrying right now—and how have you been trying to handle it in your own strength?
- Where are you tempted to believe that influence, money, or the "right connections" will bring the peace you want?
- Who is an unexpected person God might use to speak truth into your life, and how can you listen with humility?
- Write a brief prayer surrendering your need to God without telling Him exactly how He must answer.
- What would a "Just Jesus" posture look like in one specific situation you'll face today?

Day 2

Psalm 20:7

Naaman arrived with horses, chariots, and a visible display of strength—an outward picture of what people trust when they feel vulnerable. Psalm 20:7 names that temptation plainly: some trust in what looks powerful and reliable, but God’s people choose to trust the Lord. The sermon warned that fear grows when we believe the fix depends on us or on someone else doing it our way.

Trust can be subtle: it’s not only what we say we believe, but what we reach for first. When stress rises, do we reach for control, comparison, or a “proven” human solution before we reach for God? Naaman’s resources were not the problem; his confidence in them was. What we lean on reveals what we worship.

God invites you to bring your plans and tools under His leadership rather than replacing Him with them. He is not against preparation or wisdom—He is against prideful self-reliance that crowds out dependence. Real peace begins when your trust shifts from your “chariots” to God’s presence and promises.

- Identify your “horses and chariots”—what do you rely on for security when you feel exposed or anxious?
- When a leader, friend, or system doesn’t do things your way, what does your reaction reveal about your trust?
- What would it look like to pray first today—before you research, vent, strategize, or purchase a solution?
- Choose one practical step that reflects trust (pause, pray, ask for help, wait, obey) and do it within the next 24 hours.
- How has God proven faithful to you in the past, and how can that memory strengthen your trust today?

Day 3

James 4:6

Naaman’s anger flared when God’s instruction didn’t match his expectations. Pride often sounds like, “I thought it would go this way,” and it resists anything that feels too ordinary, too humbling, or too inconvenient. James 4:6 brings both a warning and an invitation: God opposes the proud, but He gives grace to the humble.

Humility is not thinking less of yourself; it’s surrendering the demand to be in charge. In the sermon, Naaman’s turning point came when he stopped insisting on his preferred method and started submitting to God’s word. Pride doesn’t always look like arrogance—it can look like the quiet insistence that God must explain Himself before we obey.

Grace meets us when we yield. God is not trying to embarrass you; He is freeing you from the exhausting burden of self-salvation. When you humble yourself, you're not losing dignity—you're gaining access to the kind of grace that heals what pride cannot.

- Where are you currently saying, "I thought God would..." and feeling disappointed, offended, or resistant?
- What is one area where you're demanding understanding before obedience?
- Practice a humble prayer: "God, I submit to Your way even when I don't understand it"—write it out and pray it slowly.
- Is there a relationship where pride is blocking reconciliation or growth? What is one humble step you can take this week?
- How might God's grace be available to you right now if you release control?

Day 4

2 Kings 5:10-14

Elisha's instruction was simple: go wash in the Jordan seven times. For Naaman, the simplicity was the offense—no special treatment, no dramatic ceremony, no spotlight. Yet God often uses humble obedience to break our pride and draw us to Himself. The sermon emphasized that Scripture is not first a book to be explained, but to be believed and obeyed.

Naaman's servants helped him see what pride couldn't: if you traveled this far for cleansing, why refuse because the path is humbling? Obedience doesn't earn God's power; it positions us to receive what God freely gives. The Jordan didn't heal him, and his effort didn't heal him—God healed him. Obedience was the doorway, not the source.

Sometimes your breakthrough is on the other side of doing the next right thing God already made clear. When you obey in small, specific ways, you're declaring, "God, You are God, and I am not." That posture becomes fertile ground for God's help, healing, and peace—often in ways you didn't predict.

- What clear, specific step of obedience do you already know God is calling you to take?
- Where have you dismissed God's instruction because it feels too ordinary, too slow, or too humbling?
- Who are the "servants" in your life—people offering wise counsel—and how can you receive it without defensiveness?
- Choose one act of obedience today that costs you pride (apologize, confess, ask, serve, stop, start).

- After you obey, take five minutes to thank God in advance for His wisdom and goodness, even before you see results.

Day 5

Romans 10:9

Naaman's story ultimately points beyond physical cleansing to the deeper need of every heart: restoration with God. The sermon made it clear that our greatest problem is not merely circumstantial; it is spiritual—sin, separation, and the inability to heal ourselves from the inside out. God alone is the source of help, healing, and everlasting peace, and He has made that peace available through Jesus.

Romans 10:9 describes a response that is both personal and concrete: confess Jesus as Lord and believe God raised Him from the dead. This is not a transaction to buy God's favor; it's surrender—leaving our way to receive His. The "Just Jesus" posture means we stop trusting substitutes and let our lives point to the Savior rather than ourselves.

Whether you are renewing faith you already have or considering Christ for the first time, today is an invitation to humble trust. Bring Him your need, your fear, your pride, and your questions. God's grace is strong enough to meet you where you are and lead you into a new way of living that rests on Him.

- In your own words, what are you trusting to make you "okay" apart from Jesus?
- If you've never done so, are you ready to confess Jesus as Lord and entrust yourself to Him? If you have, what does renewed surrender look like today?
- Write a short confession prayer that includes repentance, trust, and a willingness to obey.
- What is one "substitute savior" (control, approval, achievement, pleasure, religion without surrender) you need to put down this week?
- How can your life point someone else to God—like the servant girl did—through one simple act of courage or kindness?

Sermon Blog

Lessons from Naaman: When Our Greatest Need Reveals Our Deepest Need

This past Sunday at Bedrock Community Church, we explored the powerful story of Naaman in 2 Kings 5:1–14—a story that reminds us just how often God uses the obvious needs in our lives to get our attention about something much deeper. Whether you were packed into the Outpost, listening online, or catching up here, this message is one we can all relate to.

The Story

Naaman was the commander of the Syrian army—a man with position, power, and prestige. By all accounts, he had it all. But Scripture tells us, “he was a leper.” No amount of money, influence, or military might could solve his problem. His greatest need was beyond his ability to fix.

Enter an unlikely hero: a young Israelite servant girl, taken captive in a raid, who simply points Naaman’s household to the prophet Elisha in Israel, saying, “He would cure him of his leprosy.” Sometimes, God uses the most humble and overlooked people to move His story forward.

Pride and Obedience

Naaman’s journey to healing wasn’t straightforward. He arrived with gold, silver, and an entourage, expecting a grand ceremony or a dramatic act of healing. Instead, Elisha didn’t even open the door. He sent a messenger: “Go and wash in the Jordan seven times, and your flesh shall be restored.”

Naaman was furious. This wasn’t how he wanted it done. How often do we try to script God’s intervention in our lives? Sometimes we want healing, help, or peace—but on our terms.

But when Naaman finally humbles himself and obeys the simple instruction, God heals him. Not because of the water, or the act itself, but because God alone is the source of help, healing, and everlasting peace.

Key Takeaways

1. God can use our greatest need to expose our deepest need.
Naaman’s leprosy pointed to a deeper need for dependence on God—a lesson for all of us who try to fix life with our own resources.
2. Humble obedience is the pathway to grace.
Naaman had to set aside pride, follow an instruction that didn’t make sense, and trust God’s way over his own.
3. Only God heals.
Healing, peace, and real change come from God—not from our status, money, or

efforts. As the sermon reminded us, beware of anyone who claims special power or secret knowledge apart from God's Word.

4. Our lives should point to "Just Jesus."

Whether we're in a position of influence or feel unseen, we're called to live in a way that points people to Christ alone.

Life Application

What need in your life are you trying to fix by yourself? Where is God inviting you to humble obedience, even if it doesn't make sense? Like Naaman, maybe the journey is less about the problem and more about learning to trust God fully.

Final Thought

At the end of the day, the message is simple: "Just Jesus. Nothing more, nothing less, nothing else." Whatever you're facing, bring it to Him. Trust His way, even when you don't understand. And let your life point others to the only One who truly heals.