

Reedy Fork Baptist Church

Wednesday, September 23, 2026

BIBLE STUDY

Theme: "Unshakable Faith In A Uncertain World"

SCRIPTURE: Psalms 46:1-11 NIV

¹ God is our refuge and strength, an ever-present help in trouble.

² Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea,

³ though its waters roar and foam and the mountains quake with their surging

⁴ There is a river whose streams make glad the city of God, the holy place where the Most High dwells.

⁵ God is within her, she will not fall; God will help her at break of day.

⁶ Nations are in uproar, kingdoms fall; he lifts his voice, the earth melts.

⁷ The Lord Almighty is with us; the God of Jacob is our fortress.

⁸ Come and see what the Lord has done, the desolations he has brought on the earth.

⁹ He makes wars cease to the ends of the earth. He breaks the bow and shatters the spear; he burns the shields with fire.

¹⁰ He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth."

¹¹ The Lord Almighty is with us; the God of Jacob is our fortress.

I. Key Words:

- Unshakable
- Faith
- Uncertain
- Praise
- Victory
- Hymn

II. People, Places, & Times:

III. Background:

Psalm 46 is a song of trust that describes God as a safe shelter and powerful defender during times of great chaos.

IV. In Depth:

1. Lesson Emphasis: 1 The Refuge(46:1-3).

- A.** How Personal It Is (46:1a)
- B.** How Powerful It Is (46:1b)
- C.** How Permanent It Is (46:2-3)

2. Lesson Emphasis: I. THE RIVER (46:4-7)

- A.** A How Impassive Is Its Flow (46:4)
- B.** How Impotent Is Its Foe (46:5-7)
 - 1.** The Marvelous River (46:4)
 - 2.** The Mysterious Resident (46:5-7)

3. Lesson Emphasis: 3 THE RULER (46:8-11)

- A.** The Call to Behold (46:8-9)
- B.** The Call to Believe (46:10-11)
 - 1.** In God's Person (46:10a)
 - 2.** In God's Plan (46:10b)
 - 3.** In God's Presence (46:11)

V. Make It Happen

- 1.** In what ways does it feel to you like our world is being turned upside down right now?
- 2.** Observe how God is described in verse 1 and then define what each of those three descriptions mean.
- 3.** Observe how the world is described in verses 2-3. What is your impression of the picture of the world that is given in those verses?
- 4.** In verse 2, the psalmist declares that we will not fear. On what basis does the psalmist make that claim?
- 5.** Compare the description of the city of God in verses 4-5 with the description of the world in verses 2-3.
What is different between the two?
- 6.** The remainder of this Psalm describes God's work in this world to bring down everything that opposes His kingdom for the sake of His people and His name.
What do you learn from these verses?
- 7.** What are some of the works of the Lord described in the Bible in which God delivers His people from enemies?
- 8.** What does it mean to find our refuge and strength in God? Have you made God your refuge?
- 9.** What are some of the things you have sometimes wrongly taken refuge in other than God?
- 10.** In what ways can you specifically take refuge in God at this time?
- 11.** In what way is Jesus the fulfillment of this Psalm?
How is He our refuge and strength, and a very present help in trouble?
- 12.** What are you doing right now to make sure that you are spending time in God's Word and in prayer? How are you helping others to do the same?

14. How can you share this hope with others at this time?

What will you do as a result of this lesson?

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