



Welcome to Teen Church at RFBC!

Sunday, October 15, 2023

A photograph showing a group of people from a high-angle perspective, with their hands raised in a gesture of prayer or preparation. The hands are spread out, palms facing up, and are arranged in a circular pattern. The background is softly blurred, showing more people in similar poses. The overall tone is serene and focused.

Prayer and Preparation

Call to Worship



Call to Worship

Leader: Sing a new song to God.

Congregation: Sing of light and hope.

Leader: Dance with laughter and joy.

Congregation: Dance with hearts full of love.

Leader: Rejoice with strings and drums.

Congregation: Rejoice with justice and peace.

All: Sing a new song to God.

Invocation/Prayer of Confession

Almighty Father,

We enter your presence confessing the things we try to conceal from you and the things we try to conceal from others.

We confess the heartbreak, worry, and sorrow we have caused, that make it difficult for others to forgive us, the times we have made it easy for others to do wrong, the harm we have done that makes it hard for us to forgive ourselves.

Lord have mercy and forgive us through Christ.

Amen.

Paul E. Engle,
Baker's Worship Handbook,
Grand Rapids: Baker Books, 1998

Our Father who art in heaven, hallowed
be thy name. Thy kingdom come. Thy
will be done on earth as it is in heaven.

Give

us this day our daily bread, and forgive
us our trespasses, as we forgive those
who trespass against us, and lead us
not into temptation, but deliver us from
evil.

For thine is the kingdom, and the power,
and the glory, for ever and ever.

Amen.

The Lord's Prayer



Announcements

- Happy birthday to our friends born in October!
- Support the Boy Scouts by purchasing popcorn or donating to support their fundraising effort.

Worship



PHIL THOMPSON MY WORSHIP OFFICIAL SESSION RECORDING

Last time, we talked about guilt...

THE HAUNTED HEART





Bottom Line:

ANGER WILL HAUNT
YOUR HEART.

(YOU OWE ME.)

Foundation for this series...

Let's recap our series on the heart, I want to first lay a foundation for where we will go the next few weeks.



There are four ways our hearts are "haunted" and each is based on *debt*:

Guilt is when I
owe you.

Anger is when
you owe me.

Greed is when I
owe me.

Jealousy is when I
think God owes
me.



This is a crucial series. This week we want to look at anger.

What does
the Bible say?
Genesis 4: 1-8
CEV

Adam and Eve had a son. Then Eve said, "I'll name him Cain because I got him with the help of the LORD."

² Later she had another son and named him Abel. Abel became a sheep farmer, but Cain farmed the land.

³ One day, Cain gave part of his harvest to the LORD,

⁴ and Abel also gave an offering to the LORD. He killed the first-born lamb from one of his sheep and gave the LORD the best parts of it. The LORD was pleased with Abel and his offering,

⁵ but not with Cain and his offering. This made Cain so angry that he could not hide his feelings.

What does
the Bible say?
Genesis 4: 1-8
CEV

⁶ The LORD said to Cain: What's wrong with you? Why do you look so angry?

⁷ If you had done the right thing, you would be smiling. But you did the wrong thing, and now sin is waiting to attack you like a lion. Sin wants to destroy you, but don't let it!

⁸ Cain said to his brother Abel, "Let's go for a walk." And when they were out in a field, Cain attacked and killed him.



What does
this mean for
us today?

What does this mean for us today?

When we experience anger a few behaviors will show up in our lives:

- Pride – Anger and pride walk together. Why? They both believe they are right. In the scripture we see that Cain gave less but expected more.
- Division: Similar to “separation” that we talked about last time. With guilt, you push someone away. But unrighteous anger will make God push away from you. We do NOT want that.

How do we apply this?

How do we deal with anger?

Forgiveness



How do we apply this to our lives?

Anger gains strength from secrecy. Exposing it through forgiveness is powerful.

- Ephesians 4: 31-21

Forgiveness is nothing we deserve—we can't make someone forgive us if we have wronged them. But forgiving others allows us the opportunity to become closer to God. Forgive the people or things at which you are angry.

If the distance you feel from God is self-inflicted because of unforgiveness, confess before God forgiveness toward people who have hurt you. Forgiving them frees you.

- Matthew 6: 14-15

What does the
Bible say?

Ephesians 4:
31-32 CEV

31 Stop being bitter and angry and mad at others. Don't yell at one another or curse each other or ever be rude.

32 Instead, be kind and merciful, and forgive others, just as God forgave you because of Christ.

What does the
Bible say?

Matthew 6: 14-15
CEV

14 If you forgive others for the wrongs they do to you, your Father in heaven will forgive you.

15 But if you don't forgive others, your Father will not forgive your sins.



Let's Play a Game

[HTTPS://JEOPARDYLABS.COM/PLAY/CAIN-AND-ABEL-41](https://jeopardylabs.com/play/cain-and-abel-41)

Altar Prayer
Call to Discipleship
Benediction