



COMMUNITY
CHURCH

Offer Hope. Grow in Community. Be the Church.

April 3, 2022

Psalm 40: God Lifted Me Out Of The Slimy Pit



Verses (1-10)

(1) David waited, waited, and waited.

(6)

*Sacrifice and offering you did not desire—but my ears you have opened—burnt offerings and sin offerings you did not require.
(Psalm 40:6)*

What does David mean that “God does not require” these sacrifices?

(7-10) I am not going to be quiet about how awesome you are God when your sons and daughter’s gather. Because, God, you have my heart.

Verses (11-17)

In Psalm 40:1-10 David shared how God saved him out of the slimy pit of mud and mire.

Psalm 40:11-17: “God, I need Your help again.”

In this world you will have trouble. But take heart! I have overcome the world. (John 16:33)

*But as for me, I am poor and needy;
may the Lord think of me.
You are my help and my deliverer;
you are my God, do not delay. (Psalm 40:17)*

Is your heart failing?
Are there some who desire your ruin?
Have your own sins overtaken you?

Is Psalm 40 about Jesus (Messianic Psalm)?

Therefore, when Christ came into the world, he said:

*“Sacrifice and offering you did not desire,
but a body you prepared for me;
with burnt offerings and sin offerings
you were not pleased.
Then I said, ‘Here I am—it is written about me in the scroll—
I have come to do your will, my God.’” (Hebrews 10:5-7)*

“I am the Good Shepherd. The Good Shepherd lays down His life for the sheep.” John 10:11

Is He your shepherd?

Do you hear His voice calling you?

Will you follow?

Follow Him!

HOME GROUP Questions for Psalm 40:

1. What mental picture did David use to describe God's deliverance in the past? (40:1-2)
2. For what did David praise the Lord in the introduction of the psalm? (40:1-5)
3. What is the main theme of this psalm? (40:1-17)
4. What did David's experience of God's help in the past motivate him to do? (40:3)
5. How should we respond to God's deliverance? (40:3)
6. What specific instructions does the psalm give to God's people? (40:4)
7. In what way did David feel inadequate? (40:5)
8. What does God want from us even more than sacrifices and offerings? (40:6-7)
9. What testimony did David give about his own relationship with the Lord? (40:6-10)
10. How was David involved in proclaiming God's goodness to others? (40:9-10)
11. What was David's request? (40:11-17)
12. What did David believe to be the cause of his distress? (40:12)
13. How was David's difficult situation worsened? (40:14-15)
14. What did David ask the Lord to do to his enemies? (40:14-15)
15. How did David ask the Lord to treat those who seek Him? (40:16)
16. What steps can you take this next week to store God's Word in your heart?
17. What offering of praise can you give to God today?
18. In the next few days, who is one person you could tell about God's faithfulness to you?