



Part 1: Your Spiritual Health

360: Biblical Insights for Whole-Person Wellness

January 5, 2025

Pastor Billy Shaw

Town Creek Baptist Church

TownCreekLeland.com

Matthew 6:33, "Seek the Kingdom of God [first, or] above all else, and live righteously, and He will give you everything you need."

Proverbs 1:7, "Fear of the Lord is the [beginning, or] foundation of true knowledge, but fools despise wisdom and discipline."

Memory Verse

Matthew 22:37-38, "Jesus replied, 'You must love the Lord your God with all your heart, all your soul, and all your mind. This is the first and greatest commandment.'"

If I commit to get my spiritual health right in this new year . . .

1. I will know God's _____.

"Don't let your hearts be troubled. Trust in God, and trust also Me."

- John 14:1

"Therefore, since we have been made right in God's sight by faith, we have peace with God because of what Jesus Christ our Lord has done for us."

- Romans 5:1

"Peace that passes all understanding."

- Philippians 4:7

"I am leaving you with a gift - peace of mind and heart. And the peace I give is a gift the world cannot give. So don't be troubled or afraid. Remember what I told you; I am going away, but I will come back to you again . . . I am going to the Father."

- John 14:27

2. I will have God's _____.

"Don't let your hearts be troubled. Trust in God, and trust also in me. There is more than enough room in my Father's home. If this were not so, would I have told you that I am going to prepare a place for you? When everything is ready, I will come and get you, so that you will always be with me where I am. And you know the way to where I am going."

"No, we don't know, Lord," Thomas said. "We have no idea where you are going, so how can we know the way?"

Jesus told him, "I am the way, the truth, and the life. No one can come to the Father except through me. If you had really known me, you would know who my Father is. From now on, you do know him and have seen him!"

- John 14:1-7

Unless otherwise noted, Scripture quotations are from the New Living Translation.

3. I will witness God's _____.

"I tell you the truth, anyone who believes in me will do the same works I have done, and even greater works, because I am going to be with the Father."

- John 14:12

"The Spirit of the LORD is upon Me, for He has anointed me to bring Good News to the poor. He has sent me to proclaim that captives will be released, that the blind will see, that the oppressed will be set free, and that the time of the Lord's favor has come." - Luke 4:18-19

4. I will have the privilege of _____.

"You can ask anything in my name, and I will do it, so that the Son can bring glory to the Father. Yes, ask me for anything in my name, and I will do it."

- John 14:13-14

"Listen! The Lord's arm is not too weak to save you, nor is His ear too deaf to hear you call. It's your sins that have cut you off from God. Because of your sins, he has turned away and will not listen anymore."

- Isaiah 59:1-2

5. I will enjoy God's _____.

"If you love me, obey my commandments. And I will ask the Father, and He will give you another Advocate, who will never leave you. He is the Holy Spirit, who leads into all truth. The world cannot receive Him, because it isn't looking for Him and doesn't recognize Him. But you know Him, because He lives with you now and later will be in you. No, I will not abandon you as orphans - I will come to you. Soon the world will no longer see me, but you will see me. Since I live, you also will live. When I am raised to life again, you will know that I am in my Father, and you are in me, and I am in you. Those who accept my commandments and obey them are the ones who love me. And because they love me, my Father will love them. And I will love them and reveal myself to each of them."

- John 14:15-21

"For His Spirit joins with our spirit to affirm that we are God's children."

- Romans 8:16

My Next Step Today Is To:

_____ Get my spiritual health right this new year, with God's help.

_____ Memorize Matthew 22:37-38.

_____ Establish a daily quiet time with God including time in prayer.

_____ Participate in as much of the 360 Series with Church Online as possible.

_____ Attend Town Creek in person.

_____ Invite my friends to watch Church Online with me.