

**Easter-The Ache We All Feel!**  
Study Guide

***Warming Up***

What are the signs of aging you are beginning to feel?

Make a list of all of the bad news things that are currently happening in the world. Not a fun warm up, but the purpose being to feel a little of the weight of the age in which we currently live.

How have these things impacted your worldview...your outlook on life?

***Digging Deeper***

**Read Romans 8:18-39.**

What are some of your expectations for the future?

What do you think Paul meant by “the glory” to come?

Why do we as Christians “groan”?

What reason for hope do you find in this passage?

How does the Holy Spirit help us in our groaning?

What comfort do we find in vss. 28-39?

***Bringing it Home***

What “present sufferings” are you struggling with? What have you found helpful in dealing with pain and suffering?

How has hope in Christ helped you this week?

**Pray for one another.**