

## Warming Up

What impacted you from the message this week?

What are one or two things you sense God teaching you or how is He conforming you into His image?

## **Digging Deeper**

Have you, as an individual or as a group, practiced any spiritual disciplines of late? (fasting, solitude, sabbath, prayer, generosity, etc...) How has this impacted your relationship with God and others?

**Read James 5:13-16**. How difficult is it to admit your sin? Have you ever confessed sin to another trusted believer and received prayer? In what way can that prayer bring forgiveness, healing and new life?

Some sins seems to nag us and never stop. We get to the point where we are tired and discouraged from battling. Many times we resolve to just live with it. How can you help one another begin new practices that could replace sin?

How can we move from good intentions to good actions?

What is the relationship between brokenness and repentance?

**Read again, Judges 10:6-16.** What might be a reason that God doesn't rescue even when you plead for mercy?

Why is "trying to do better" not repentance? What is repentance?

Discuss examples in our lives of how we are impacted by our own sin? Someone else's sin? Adam's Sin? Satan's attack?

## **Bringing it Home**

What are some ways we can help each other "persevere" through difficult times...when we don't see God coming to the rescue?

Pray for one another.