

# THE GOSPELS

## The Greatest Sermon Ever

**Matthew 4:24 (NIV)** “News about him spread all over Syria, and people brought to him all who were ill with various diseases, those suffering severe pain, the demon-possessed, those having seizures, and the paralyzed; and he healed them.”

**Matthew 4:25 (NIV)** “Large crowds from Galilee, the Decapolis, Jerusalem, Judea and the region across the Jordan followed him.”

**Matthew 5:1-2 (NIV)** “Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him, <sup>2</sup>and he began to teach them.”

### Seven ways Jesus told us to overcome worry and fear:

#### 1. Lay up treasures in Heaven.

**Matthew 6:19 (NIV)** “Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal.”

**Matthew 6:20-21 (NIV)** “But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and where thieves do not break in and steal. <sup>21</sup>For where your treasure is, there your heart will be also.”

#### 2. Put God in His rightful place.

**Matthew 6:22-23 (NIV)** “The eye is the lamp of the body. If your eyes are healthy, your whole body will be full of light. <sup>23</sup>But if your eyes are unhealthy, your whole body will be full of darkness. If then the light within you is darkness, how great is that darkness!”

**Matthew 6:24 (NIV)** “No one can serve two masters. Either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve both God and Money.”

**Matthew 6:25 (NIV)** “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?”

#### 3. Pay attention to the birds.

**Matthew 6:26 (NIV)** “Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?”

**Matthew 6:27 (NIV)** “Can any one of you by worrying add a single hour to your life?”

#### 4. Pay attention to the flowers.

**Matthew 6:28-29 (NIV)** “And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. <sup>29</sup>Yet I tell you that not even Solomon in all his splendor was dressed like one of these.”

**Matthew 6:30 (NIV)** “If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith?”

#### 5. Get to know your Heavenly Father.

**Matthew 6:31-32 (NIV)** “So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ <sup>32</sup>For the pagans run after all these things, and your heavenly Father knows that you need them.”

## 6. Get up and do some kingdom work.

**Matthew 6:33 (NIV)** “But seek first his kingdom and his righteousness, and all these things will be given to you as well.”

## 7. Focus on today and let God have tomorrow.

**Matthew 6:34 (NIV)** “Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.”