

JONAH

Inside the Fish

Despite how Jonah felt about God, God still rescues him

“Men have been looking so hard at the great fish that they have failed to see the great God.”
– G. Campbell Morgan

1. Jonah prayed for God’s help.

Jonah 2:1-2 (NIV) “From inside the fish Jonah prayed to the Lord his God. ²He said: ‘In my distress I called to the Lord, and he answered me. From deep in the realm of the dead I called for help, and you listened to my cry.’”

2. Jonah accepted God’s discipline.

Jonah 2:3 (NIV) “You hurled me into the depths, into the very heart of the seas, and the currents swirled about me; all your waves and breakers swept over me.”

Hebrews 12:6 (NIV) “the Lord disciplines those he loves.”

3. Jonah trusted God’s promise.

Jonah 2:4-7 (NIV) “I said, ‘I have been banished from your sight; yet I will look again toward your holy temple.’ ⁵The engulfing waters threatened me, the deep surrounded me; seaweed was wrapped around my head. ⁶To the roots of the mountains I sank down; the earth beneath barred me in forever. But you, Lord my God, brought my life up from the pit. ⁷When my life was ebbing away, I remembered you, Lord, and my prayer rose to you, to your holy temple.”

4. Jonah yielded to God’s will.

Jonah 2:8-9 (NIV) “Those who cling to worthless idols turn away from God’s love for them. ⁹But I, with shouts of grateful praise, will sacrifice to you. What I have vowed I will make good. I will say, ‘Salvation comes from the Lord.’”