

**Naked Truth**  
**Message Questions**  
**Week 6 Oct 27/29**

**Leaders Note: Please note that the insertion of the videos in the discussion is different this week. Using them as directed will make the discussion MUCH easier!**

**Watch Erik's video. (Start at minute 13:57 )**

1. Give examples of things that we consume.  
Describe what it means to consume something.  
List 10 ways that we consume other humans.
2. Divide your group into two discussion groups and assign one of these passages to each.
  - Group 1: Read 2 Samuel 11:1-27. Describe the people King David looked at but didn't see/consumed.
  - Group 2: Read John 8:1-11. Who was consuming/using this woman? What would lead us to believe that Jesus SAW and authentically loved her?
  - Share your group findings with the whole group.
3. Think about a time you felt like someone was consuming/using you.  
Describe the feelings that you experienced.
4. Really SEEING a person, leads to love. Think about a person in your life who treated you with dignity and really SAW/loved you. Describe this experience.

**Watch Christopher West's video clips.** Before watching we want to clarify the meaning of the term "chastity". We need to redeem this word. Chastity is saying "no" to using a person for sexual gratification in order to say "yes" to really loving. Sexual union is loving only when it is an expression and confirmation of marital vows.

5. Recalling our discussions over the past 6 weeks, what is the ultimate purpose and meaning of our creation as male and female? (whether married or single?)  
**Leaders' note:** your group should come up with something like the following -- it is a sign that points to the invitation to union and communion with God and one another, a sign that we are called to love as God loves.
6. According to Christopher West, what is required for us to have true freedom to authentically love?

7. What are Christopher West's thoughts re: finding our way into leaving using/consuming behind and learning to really love?

**Reflection Questions:**

**Leaders:** Remember that the reflection questions are done individually. Give group members time to read the questions on their own and reflect and journal for 10 minutes. There is no need to discuss the reflections as a group.

1. In what ways do you most often find yourself "consuming" others, especially when it relates to your sexuality?
2. Who in your life needs to be really SEEN by you? Why is it so difficult to SEE this person?
3. What specific steps will you take to train yourself to leave consuming/using behind and authentically love?