



# **Ephesians 4:1-16**

**<sup>1</sup>Therefore I, the prisoner in the Lord, urge you to walk worthy of the calling you have received,  
<sup>2</sup>with all humility and gentleness, with patience, bearing with one another in love, <sup>3</sup>making every effort to keep the unity of the Spirit through the bond of peace.**



# **Ephesians 4:1-16**

**<sup>4</sup>There is one body and one Spirit – just as you were called to one hope at your calling – <sup>5</sup>one Lord, one faith, one baptism, <sup>6</sup>one God and Father of all, who is above all and through all and in all.**



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  - a) Step by Step



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b) humility, patience, gentleness, & love



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  - iii. Unity of His People’s Response – “One” Faith, Hope, Baptism



## **Ephesians 4:1–2 (NASB95)**

**<sup>1</sup>Therefore I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called,**

**<sup>2</sup>with all humility and gentleness, with patience, showing tolerance for one another in love,**

## **Ephesians 4:1–2 (NLT)**

**<sup>1</sup>Therefore I, a prisoner for serving the Lord, beg you to lead a life worthy of your calling, for you have been called by God. <sup>2</sup>Always be humble and gentle. Be patient with each other, making allowance for each other's faults because of your love.**



# **Ephesians 4:1-16**

**<sup>7</sup>Now grace was given to each one of us  
according to the measure of Christ's gift.**

**<sup>8</sup>For it says:**

**When he ascended on high,  
he took the captives captive;  
he gave gifts to people.**



# **Ephesians 4:1-16**

**<sup>9</sup>But what does “he ascended” mean except that he also descended to the lower parts of the earth?**

**<sup>10</sup>The one who descended is also the one who ascended far above all the heavens, to fill all things.**



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  - b) Christ's descension (incarnation & resurrection) led to His ascension where he now "fills all things"**



# **The Apostle's Creed**

**I believe in God, the Father almighty,  
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit and born of the virgin Mary.  
He suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended into hell.**

**The third day he rose again from the dead.**



# The Apostle's Creed

He ascended to heaven  
and is seated at the right of God the Father almighty.  
From there he will come to judge the living and the dead.  
I believe in the Holy spirit,  
the holy catholic church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body  
and the life everlasting. Amen.



**<sup>9</sup>But what does “he ascended” mean except that he also descended to the lower parts of the earth? <sup>10</sup>The one who descended is also the one who ascended far above all the heavens, to fill all things. Ephesians 4:9**

## **1 Peter 3:18–22**

**<sup>18</sup>For Christ also suffered for sins once for all, the righteous for the unrighteous, that he might bring you to God. He was put to death in the flesh but made alive by the Spirit, <sup>19</sup>in which he also went and made proclamation to the spirits in prison <sup>20</sup>who in the past were disobedient, when God patiently waited in the days of Noah while the ark was being prepared. In it a few – that is, eight people – were saved through water.**



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## **1 Peter 3:18–22**

**<sup>21</sup>Baptism, which corresponds to this, now saves you (not as the removal of dirt from the body, but the pledge of a good conscience toward God) through the resurrection of Jesus Christ, <sup>22</sup>who has gone into heaven and is at the right hand of God with angels, authorities, and powers subject to him.**



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## **1 Peter 4:3–6**

**<sup>3</sup>For there has already been enough time spent in doing what the Gentiles choose to do: carrying on in unrestrained behavior, evil desires, drunkenness, orgies, carousing, and lawless idolatry. <sup>4</sup>They are surprised that you don’t join them in the same flood of wild living – and they slander you.**



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## **1 Peter 4:3–6**

**<sup>5</sup>They will give an account to the one who stands ready to judge the living and the dead. <sup>6</sup>For this reason the gospel was also preached to those who are now dead, so that, although they might be judged in the flesh according to human standards, they might live in the spirit according to God’s standards.**



# **Ephesians 4:1-16**

**<sup>11</sup>And he himself gave some to be apostles, some prophets, some evangelists, some pastors and teachers, <sup>12</sup>to equip the saints for the work of ministry, to build up the body of Christ, . . .**



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3. **Jesus has gifted the church with leaders to help each one use their gift**



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  - b) Purpose of leadership: equip believers to work the ministry of the church**



# **Ephesians 4:1-16**

**... <sup>13</sup>until we all reach unity in the faith and in the knowledge of God's Son, growing into maturity with a stature measured by Christ's fullness.**



# **Ephesians 4:1-16**

**<sup>14</sup>Then we will no longer be little children, tossed by the waves and blown around by every wind of teaching, by human cunning with cleverness in the techniques of deceit. <sup>15</sup>But speaking the truth in love, let us grow in every way into him who is the head – Christ.**



# **Ephesians 4:1-16**

**<sup>15</sup>But speaking the truth in love, let us grow in every way into him who is the head – Christ. <sup>16</sup>From him the whole body, fitted and knit together by every supporting ligament, promotes the growth of the body for building itself up in love by the proper working of each individual part.**



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  - c) By "truthing", "speaking the truth we grow
  - d) Every ligament – each individual part – promotes growth





# Psalm 68

**FOR THE CHOIR DIRECTOR. A PSALM OF DAVID. A SONG.**

**<sup>1</sup>God arises. His enemies scatter,  
and those who hate him flee from his presence.**

**<sup>2</sup>As smoke is blown away,  
so you blow them away.**

**As wax melts before the fire,  
so the wicked are destroyed before God.**

**<sup>3</sup>But the righteous are glad;  
they rejoice before God and celebrate with joy.**



# Psalm 68

<sup>4</sup>Sing to God! Sing praises to his name.

Exalt him who rides on the clouds—

his name is the Lord – and celebrate before him.

<sup>5</sup>God in his holy dwelling is

a father of the fatherless

and a champion of widows.

<sup>6</sup>God provides homes for those who are deserted.

He leads out the prisoners to prosperity,

but the rebellious live in a scorched land.



# Psalm 68

<sup>7</sup>God, when you went out before your people,  
when you marched through the desert, Selah  
<sup>8</sup>the earth trembled and the skies poured rain  
before God, the God of Sinai,  
before God, the God of Israel. . .

<sup>17</sup>God's chariots are tens of thousands,  
thousands and thousands;  
the Lord is among them in the sanctuary  
as he was at Sinai.



# Psalm 68

**<sup>18</sup>You ascended to the heights, taking away captives;  
you received gifts from people,  
even from the rebellious,  
so that the Lord God might dwell there.,**

**<sup>19</sup>Blessed be the Lord!  
Day after day he bears our burdens;  
God is our salvation.**



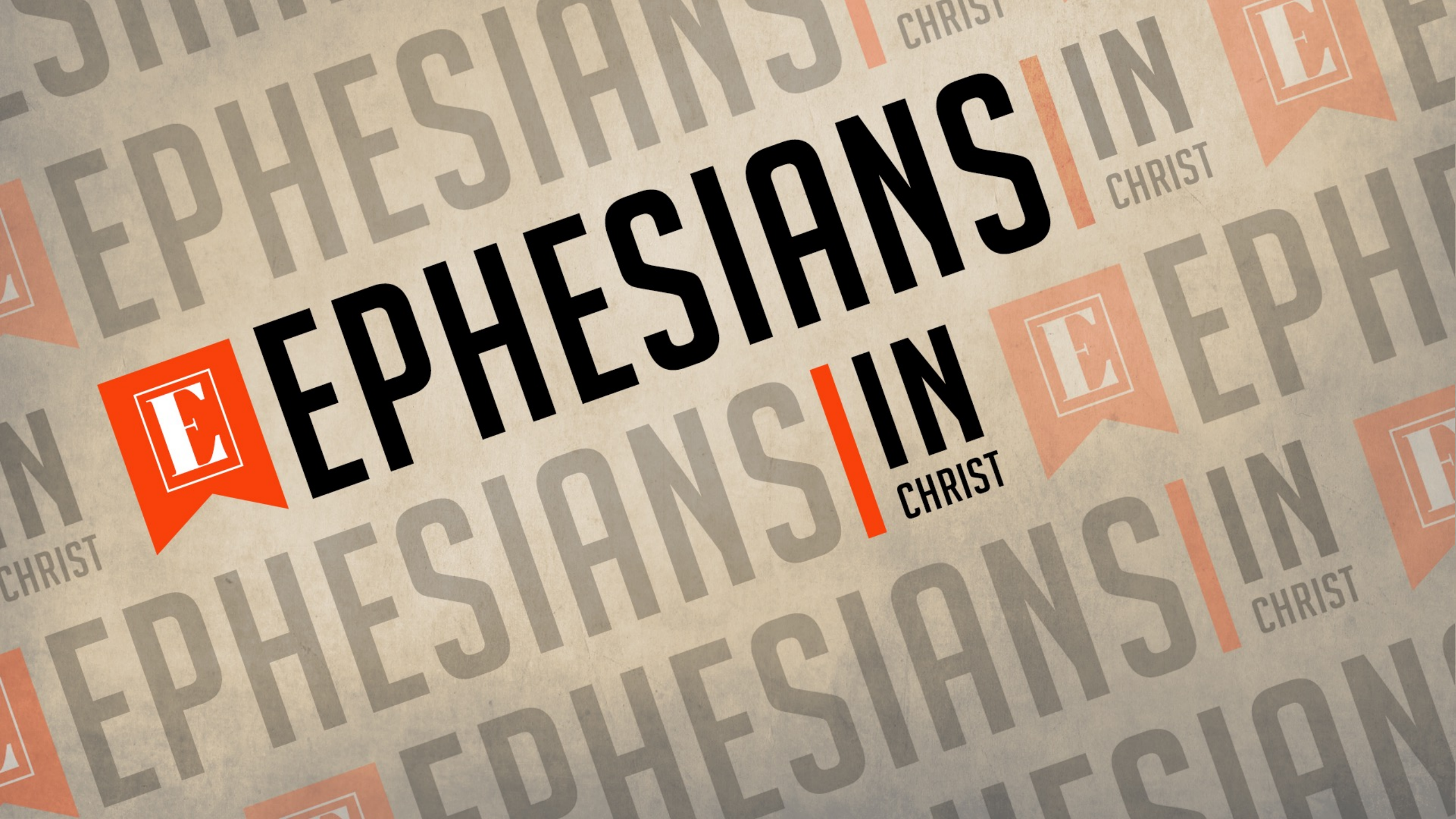
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**EPHESIANS**

**IN**  
CHRIST

