



### GATHERING TOGETHER

Welcome to Worship. We are so glad that you are joining us today. We invite you to open your spirit to this time of worship, song, prayer, inspiration and challenge.

In consideration of others, please silence electronic devices.

“+” indicates to stand in body or spirit as you choose.

### STATEMENT OF INCLUSION



All people are welcome at First United Methodist Church. We are proudly part of the Reconciling Ministries Network and welcome all persons, regardless of sexual orientation, gender identity, race, ethnicity, age, physical or mental capacity, and education, socio-economic or marital status.

### CHILDREN ARE WELCOME HERE!

#### Nursery Care

(Infant–4 years old)  
Nursery care is available every Sunday from 9:00 a.m.–12:00 p.m.

#### ‘Ohana Sunday School

(PreK–6th Grade)  
Children age 3 yrs. through 6th grade are invited to one room Sunday School (rm 104) after the Children's Sermon in Worship. Pickup time is 11:00 a.m.

Questions? Early Pick Up? See the Children's Ministry Superintendent in the Children's Ministry Office.

### INDIGENOUS LAND

### ACKNOWLEDGEMENT

We, acknowledge that the land upon which we worship was the ancestral homeland of the Tongva People for thousands of years. Approximately two thousand Tongva people still live in the Los Angeles area. We honor their connection to this region and give thanks for the opportunity to live, work, worship and learn on this sacred land.



### PRELUDE

Aria

Paul Manz (1919-2009)

### + CALL TO WORSHIP

Eternal God, you create us in beauty.

**We sing your praise.**

Loving Christ, you heal us and teach us and lead us with love and grace.

**We sing your praise.**

Holy Spirit, you live in us so we shine with your love.

**We sing your praise. We worship in joy. Alleluia!**

### + OPENING HYMN

Gather Us In

TFWS 2236

### + WELCOME AND SHARING THE PEACE OF CHRIST

The peace of Christ be with you, **and also with you.**

### COMMUNITY OPPORTUNITIES

### TIME FOR YOUNG CHRISTIANS

We are the Church

UMH 558

*Children are invited to come forward or remain seated.  
As the children gather, we sing together.*

I am the church! You are the church!  
We are the church together!  
All who follow Jesus, all around the world!  
Yes, we're the church together!

### GATHERING OUR HEARTS IN PRAYER

### CENTERING SONG

Live in Charity

TFWS 2179

Live in charity and steadfast love,  
live in charity; God will dwell with you.

Live in charity and steadfast love,  
live in charity; God will dwell with you.

Moment for Silent Meditation

## IN OUR PRAYERS...

As a community of faith, let us hold these persons in our prayers:

**Newly Added:** Arlene Duncan, Chris Gillmon, Judith Mueller, Crystal Ward and family

**For Healing:** Ruby Alcantara, Ronan Bessler, Sharon Ann Brown, Carol Browne, Joey Cooper, Fred Copeland, Nicholas Cukurs, Willa Dalrymple, Albert Davis, Mary Davis, Melissa Giles, Suanne and Eric Dewey-Hoffman, Family of Ann Dougherty, Family of Eric and Darla Dyson, John Evans, Cameron Fernandez, Cosette Fester, Tom Griffith, Nathan Hahn, Brett Hain, Sofia Hain, Cindy Heckman, Efen Hernandez, Family of Larry Jaffe, Lisa Jaffe, Norman Jensen, Stephen Kastner, Lori Ketterling, Laurie Strathdee King, Julie-Ann Kosakowski, Rachel Lang, Milika Laulile, Meredith Lyon, Michael McRae, Carol Nunemaker, Katherine Olivas, Leslie Parham, Tommy Parham, Jonathan Poutney, Sarah Rudchenko, Irv Seidman and family, Kathleen Sesplaukis, Hazel Slaughter, Frances Smith, Tim Snider, Jim and Amy Sommerville, Jeffrey Stephens, Marge Strand, Tim Sun, Keno Sy and family, David T., Karen Thompson, Carolyn Tokunaga and family, Deb and Gary Webster, Jan Wentz, Nadine Wittry and family, Sonia Wittry, Ann Zeiss

**Prayer requests may be shared via [connect@fumcpasadena.org](mailto:connect@fumcpasadena.org) and we will gladly add them.**

## LET'S CONNECT!

Connect cards are located at the back of the chapel. Please use a Connect Card to provide or update your contact information, for information on church programs, make a prayer request or communicate a message to our pastors. Place completed cards in the offering box near the back of the chapel. If you are part of the Connected (Online) Campus, send an email to [connect@fumcpasadena.org](mailto:connect@fumcpasadena.org).

## PRAYERS OF THE PEOPLE

Lord, in your mercy, **hear our prayer.**

## LISTENING FOR GOD'S WORD

### NEW TESTAMENT READING

Ephesians 4:25-5:2

So then, putting away falsehood, let each of you speak the truth with your neighbor, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Those who steal must give up stealing; rather, let them labor, doing good work with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths but only what is good for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice. Be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

The word of God for the people of God. **Thanks be to God.**

### ANTHEM

*The Majesty and Glory of Your Name* Tom Fetteke  
Joslyn Sarshad, soprano

### SERMON

*Ohana: Living with Life's Complexities and Upholding Human Dignity* Rev. Amy Aitken

## RESPONDING TO GOD'S WORD AMONG US

### INVITATION TO THE OFFERING

+PRESENTATION MUSIC *Praise God, from Whom All Blessings Flow* UMH 94

Praise God, from whom all blessings flow;  
praise God, all creatures here below: Alleluia! Alleluia!  
Praise God, the source of all our gifts!  
Praise Jesus Christ, whose power up-lifts!  
Praise the Spirit, Holy Spirit!  
Alleluia! Alleluia! Alleluia!

### +PRAYER OF DEDICATION

**God of love, your Word is love. In the reading of your holy scriptures today, in the songs we sing, the prayer we offer, and in the proclaiming of your Word, may we hear your love in our hearts, and may it fill us, so that we be people of love and tenderness in our hurting world. Amen.**

## CELEBRATING THE SACRAMENT OF HOLY COMMUNION

In the United Methodist Church, all who love God and are striving to love their neighbor are invited to share in this holy meal. Our communion elements are gluten and alcohol-free so that all may share in this sacrament together.

### THE GREAT THANKSGIVING

UMH 15

### THE LORD'S PRAYER

**Our Father, who art in heaven: hallowed be thy name.  
Thy Kingdom come, thy will be done on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses as we forgive those  
who trespass against us.  
And lead us not into temptation but deliver us from evil.  
For thine is the kingdom and the power and the glory forever. Amen**

### RECEIVING THE ELEMENTS

## GOING INTO THE WORLD TO LOVE AND SERVE

### +CLOSING HYMN

*Help Us Accept Each Other*

UMH 560

### +BENEDICTION

### +POSTLUDE

*Te Deum* Jean-Jacques Charpentier (1734-1794)

## OFFERING TO GOD OUR HEARTS, OUR LIVES AND OUR GIFTS

Giving supports all of the ministries of the church, making it possible for us to offer ministries of hope, hospitality, service and compassion in Pasadena, and around the world.

If you'd like to partner with us and make a financial gift today, you may use your phone to scan the QR code below.



## REVISED SOCIAL PRINCIPLES

Capturing the Wesleyan spirit of social holiness and ethical action, over 4,000 United Methodists from around the world participated in an eight-year process to review and update the United Methodist Social Principles. Completed in 2020, this new draft document reflects the United Methodist response to today's most pressing social issues and was adopted at The General Conference 2024.



## UPCOMING OPPORTUNITIES @ FIRST UMC

For more information, email us at [connect@fumcpasadena.org](mailto:connect@fumcpasadena.org)

### TODAY

**Centered Sundays, August 11, 18, and 25 at 11:30 a.m. in the Church Library** - Today Marylin Nobori will share her Centering Prayer practice. We invite you to relax, try out this practice, and listen to some soothing music.

### COMING UP

**Send Off Celebration for Bishop Sandra Olewine** - Join Cal-Pac on Saturday, August 17 from 2:00 to 4:00 p.m. at FUMC to celebrate Bishop Sandy and shower her with blessings as she prepares for her move to the California-Nevada Annual Conference. Bishop Dottie will provide a blessing at 3:00 p.m.

If you'd like to volunteer to be a host/hostess during the celebration or bring cookies, please sign up here.



**Turn A Page Book Group on August 18th at 11:30 in the Church Lounge** - We will be discussing *Genghis Khan and The Making of the Modern World* by Jack Weatherford. All are welcome to join, even if you have not read the book.

**United Women in Faith Evening Group, August 16 at 7:00 p.m.** - The United Women in Faith Evening Circle will host their monthly meeting and fellowship time on August 16 at 7:00 p.m. We are still looking for a host for this date. If you'd like to volunteer, please contact Jami Carrera ([jamicarrera@yahoo.com](mailto:jamicarrera@yahoo.com)).

**Entheos Potluck, August 24 at 6:00 p.m.** - Join us for a potluck at Beth and Robert Gerber's home to reconnect with old and dear friends and meet new ones. All are invited. Please bring an appetizer, salad, or dessert to share. Donations to our Community Pantry are also welcome! Please consider canned vegetables, soups, individual apple sauce packs, Folgers Classic Medium Roast Coffee (single serve), saltine crackers, Kraft Mac & Cheese, Spam, or Armour beef stew. To RSVP, contact Beth at [beth@lighttext.com](mailto:beth@lighttext.com).

**Hospitality Ministry Training, August 25 after worship in the Sanctuary** - Come join us for a hospitality ministry training after worship. Learn how to greet and welcome new visitors so that they feel at home in our community. Training lasts about an hour. Please contact Dori Fotsch ([dfotsch@fumcpasadena.org](mailto:dfotsch@fumcpasadena.org)) for more details.

**Join us for Labor Day Camp! Ohana in the Woods: No One Gets Left Behind, August 30 - September 2** - Come fellowship with us in the beautiful, scenic San Bernardino mountains at Camp Sky Meadows. Information and registration Forms are available in Fellowship Hall and in the Church Office. The registration deadline is Sunday, August 18. There is a \$25 late fee/family after August 20 and no registrations can be accepted after August 22.

### TODAY AT FIRST UMC

- 11:00 a.m. - Coffee Hour (Fellowship Hall)
- 11:30 a.m. - Centered Sundays (Church Library)

### SERVING IN MINISTRY

The entire congregation shares in offering the ministries of this church. Some of the people who help lead our ministries include:

**Pastor**  
Rev. Dr. Amy Aitken

**Associate Pastor:**  
Rev. Mina Nau-Mahe

**Liturgist:**  
Santiago Alvarez

**Director of Music Ministries:**  
Scott Lehmkuhl

**Organist:**  
Aaron Shows

**Ministry Coordinator:**  
Dori Fotsch

**Facilities & Office Manager:**  
Aisha Williams

**Interim Business Manager:**  
Jami Carrera

**Communications Director:**  
Ashley Slade

**Leadership Council Chairperson:**  
Kevin Lussier

**Lay Leader for Finance & Generosity:**  
Mikala Rahn

**Lay Leaders for Missions:**  
Pam Marx & Rosalie Niemann

**Chair of Trustees:**  
Paul Audley

TO SIGN UP FOR NEWS@FIRST VISIT  
[FUMCPASADENA.ORG/NEWS](http://FUMCPASADENA.ORG/NEWS)

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