



500 East Colorado Boulevard
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STATEMENT OF INCLUSION



All people are welcome at First United Methodist Church. We are proudly part of the Reconciling Ministries Network and welcome all persons, regardless of sexual orientation, gender identity, race, ethnicity, age, physical or mental capacity, and education, socio-economic or marital status.

CHILDREN ARE WELCOME HERE!

Nursery Care

(Infant-4 years old)
Nursery care is available every Sunday from 9:30 a.m.-12:00 p.m.

Children's Sunday School and Music

(PreK-6th Grade)
Children age 3 yrs. through 6th grade are invited to Sunday School after the Children's Sermon in Worship, followed by Children's Music for children 4 and up. (3 year olds will go to the nursery following Sunday School.) Child Pick Up (for ages 4+) is in Room 202 at 12:00 p.m.

Questions? Early Pick Up? See the Children's Ministry Superintendent in the Children's Ministry Office.

INDIGENOUS LAND ACKNOWLEDGEMENT

We, acknowledge that the land upon which we worship was the ancestral homeland of the Tongva People for thousands of years. Approximately two thousand Tongva people still live in the Los Angeles area. We honor their connection to this region and give thanks for the opportunity to live, work, worship and learn on this sacred land.

GATHERING TOGETHER

Welcome to Worship. We are so glad that you are joining us today. We worship God in ways that are both ancient and modern, steeped in church tradition and open to God's ongoing call in our lives. We invite you to open your spirit to this time of worship, song, prayer, inspiration and challenge.

In consideration of others, please silence electronic devices.

"+" indicates to stand in body or spirit as you choose.

TOLLING THE BELLS

As the bell tolls, we invite you to simply pause as we center our hearts, our spirits, and our bodies in God's presence.

PRELUDE

Erstanden ist der heilige Christ Johann Gottfried Walther (1684-1748)
(Arisen is the Holy Christ) Cousin of J.S. Bach

+ INVITATION TO WORSHIP

We gather as people on a journey.
**We believe & we have doubts,
we do good & we sin.
We are imperfect humans,
and still beloved by God.**
Love and grace. Hope and faith.
These are the essence of the one we call God.
**We seek forgiveness & grace from
the One and from those we've harmed.**
Assured of that grace,
we are ready to grow again.
**We yearn for a new way,
a new perspective,
and a clear path.**
Though we are full of trust
and full of doubt, we are here.

Speak to us, God!
Continue creating us!
**Inspire our hearts.
Enlighten our minds.
Guide our actions. Amen.**

+ OPENING HYMN

Crown Him with Many Crowns UMH 327

+ WELCOME AND SHARING THE PEACE OF CHRIST

The peace of Christ be with you, **and also with you.**

IN OUR PRAYERS...

As a community of faith, let us hold these persons in our prayers:

Newly Added: Juliette De Guzman, Kirsten Oh and Family, Crystal Powers, Jim Prior

For Healing: Algernon Baptiste, Patricia Bruce, Phil Chavez and Family, Mary Davis, Joyce Dorn, Ivonne Munguia, Gail Nance, Ann and Neal Dougherty, Brett Hain, Sofia and Woody Hain, Rob Hayes, Sallie Higginbotham, Norman Jensen and family, Janice Jones, Stephen Kastner, David Kinel, Tom Kosakowski, Jocelyn Medina, Kaz Mousavi's niece, the family of Ivonne Mungia, Johnathan Nieto, Carol Nunemaker, Rev. Pyong Oh, Tommy Parham, Lidiya Potapenko and family, Celina Romero, The Roper Family, Wayne Schenck, Emily Schult, Ha-yeong Shin, Donna Shook, Jill Shook, Phyllis Underwood and family, Wendy Stiver, Deb and Gary Webster, Jan Wentz, Sonya Wittry, Richard Zeiss

Prayer requests may be shared via connect@fumcpasadena.org and we will gladly add them.

LET'S CONNECT!

Connect cards are located in each pew. Please use a Connect Card to provide or update your contact information, for information on church programs, make a prayer request or communicate a message to our pastors. Place completed cards in the offering boxes near the back and parking lot doors to the sanctuary. If you are part of the Connected (Online) Campus, send an email to connect@fumcpasadena.org.

COMMUNITY OPPORTUNITIES

TIME FOR YOUNG CHRISTIANS

Halle, Halle, Halleluja (TFWS 2026)

Children are invited to come forward or remain seated.
Sunday School begins after the Time for Young Christians.
As the children gather, we sing together.

Halle, Halle, Halleluja!
Halle, Halle, Halleluja!
Halle, Halle, Halleluja!
Halleluja! Halleluja!

GATHERING OUR HEARTS IN PRAYER

CENTERING SONG

Holy Ground (TFWS 2272)

We are standing on holy ground,
and I know that there are angels all around;
let us praise Jesus now;
we are standing in his presence on holy ground.

Moment for Silent Meditation

PRAYERS OF THE PEOPLE

Lord, in your mercy, **hear our prayer.**

THE LORD'S PRAYER

**Our Father, who art in heaven: hallowed be thy name.
Thy Kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses as we forgive those
who trespass against us.
And lead us not into temptation but deliver us from evil.
For thine is the kingdom and the power and the glory forever. Amen**

LISTENING FOR GOD'S WORD

GOSPEL READING

John 20:19-31

When it was evening on that day, the first day of the week, and the doors were locked where the disciples were, for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained." But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them, "Unless I see the mark of the nails in his hands and put my finger in the mark of the nails and my hand in his side, I will not believe."

A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, "Peace be with you." Then he said to Thomas, "Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe." Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe."

Now Jesus did many other signs in the presence of his disciples that are not written in this book. But these are written so that you may continue to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name.

The Word of God, for the people of God. Thanks be to God.

SERMON

This is My Body

Pastor Amy Aitken

RESPONDING TO GOD'S WORD AMONG US

OFFERTORY

We Walk by Faith

Jan Sanborn

+PRESENTATION MUSIC

Praise God, From Whom All Blessings Flow

Praise God, from whom all blessings flow;
praise God, all creatures here below;
Alleluia! Alleluia! Praise God the Source of all of gifts!
Praise Jesus Christ, whose power uplifts!
Praise the Spirit, Holy Spirit!
Alleluia. Alleluia. Alleluia.

+PRAYER OF DEDICATION

**O God, your creative presence makes the earth abundant.
In your love, You provide us with all that we need.
Through this offering, we participate in your work,
so all your people might be surrounded with your love and peace.
Amen.**

GOING INTO THE WORLD TO LOVE AND SERVE

+CLOSING HYMN

Thine Be the Glory

UMH 308

+BENEDICTION

+POSTLUDE

Praise the Lord with Drums and Cymbals Sigfried Karg-Elert (1877-1933)

OFFERING TO GOD OUR HEARTS, OUR LIVES AND OUR GIFTS

Giving supports all of the ministries of the church, making it possible for us to offer ministries of hope, hospitality, service and compassion in Pasadena, and around the world.

If you'd like to partner with us and make a financial gift today, you may use your phone to scan the QR code below to access the church's online giving website. Offering baskets are available by the exits to receive checks and currency.



However you choose to share your gifts, we thank you for being here and sharing in the ministries of First United Methodist Church.

ALTAR FLOWERS

Altar flowers are given today by Danny and Jami Carrera to the glory of God and in memory of their father, Frank G. Carrera, who passed away last year.

MUSIC

While we'd like to provide texts and translations for choir anthems, regrettably, we do not always have space to print them. We are so grateful for the beautiful music offered by our choir and musicians. With or without text, we invite you to allow the music to be a source of God's grace, joy and peace in this time of worship.

UPCOMING OPPORTUNITIES @ FIRST UMC

For more information, email us at connect@fumcpasadena.org

SPECIAL EVENT

Earth Day Sunday is Coming! - Sunday, April 23, FUMC will celebrate the Earth and how we can be kind to it by weaving positive practices into our daily lives.

Our theme will be "used is cool" to encourage buying less and reusing more. We will have lots of Earth-friendly activities, including a One In, One Out Shop, Mending Workshop, Running Shoe Recycling, a Ye Old "Used" Book Shoppe, and Upcycling Crayons into Gifts.

We will also have our Blessing of the Animals event. Friendly pets are welcome to join us for worship, or be retrieved and brought back to the church for a blessing.

TODAY

Meet the Pastor and Discover FUMC at 11:15 a.m. Room 205 - Welcome to First United Methodist Church! We are so glad you are here! If you are new to this congregation or would like to meet the pastor more personally, find out more about the church, and take a tour of this amazing place. Please join us for pizza and conversation.

The Good Inside Parenting Group in Room 206 from 11:15 a.m. to 12:00 p.m. - We will discuss Good Inside: A Guide to Becoming the Parent You Want to Be by Dr. Becky Kennedy. Pastor Jen will lead the group in discussion and reflection.

Turn-A-Page Book Group at 11:30 a.m. in the Church Lounge - We will be discussing The Measure by Nikki Erlick. All are welcome, even if you haven't read the book.

COMING UP

The United Women in Faith (UWF) will meet Monday, April 17, at 1:00 p.m. in the Church lounge. Willa Dalrymple will present a program on the Call to Prayer and Self-Denial which will support UWF's long-standing commitment to advance racial justice in the church and in the world. All women are invited. Refreshments will be served.

Care for the Caregiver (Third Thursday of the month, 7:00 - 8:30 p.m.) - This support group exists to provide safe space in-person or online via Zoom for emotional and spiritual support and practical information for the caregiver.

Next Meeting: April 20 -Decluttering, downsizing and safety concerns with speaker Lucy De Teresa, The Kind Organizer.

Song by Song by Sondheim, Saturday, April 22 at 4:00 p.m. - Pasadena Playhouse will be hosting a special musical presentation of Sondheim's works at our church, bringing together community choirs from all over LA! Featuring the Gay Men's Chorus of LA, Pasadena Chorale, VOX Femina LA, and ACABELLA (Academy of Music for the Blind), this once-in-a-lifetime choral celebration is FREE to the public!

Movie Night on April 23 at 5:45 p.m. in the Church Lounge - We'll be watching "The Mission" featuring Jeremy Irons and Robert De Niro with exquisite music composed by Ennio Moricone and beautiful cinematography including Iguacu Falls. A simple supper will be served at 5:00 p.m. prior to the film. Reservations for supper may be made by contacting Priscilla Baca.

TODAY AT FIRST UMC

- 10:00 a.m.: Sunday Worship (Sanctuary)
- 11:00: Coffee Hour
- 11:00: Good Inside Class (rm 206)
- 11:15: Meet the Pastor (rm 205)
- 11:15: Confirmation Class (rm 106)
- 11:15: Youth Group Sunday School (rm 207)
- 11:30: Turn-a-Page (Church Lounge)
- 12:00 p.m.: Youth Bell Choir (rm 204)
- 12:45: Adult Bell Choir (rm 204)
- 4:30: Youth Choir (Choir Room)
- 5:30: Youth Group & Dinner (Fellowship Hall)

FIRST UMC STAFF AND LAY LEADERSHIP

Pastor

Rev. Dr. Amy Aitken

Director of Intentional Faith Development:

Rev. Jennifer Chapman

Minister of Hospitality & Congregational Care:

Rev. Connie Tamkin

Director of Music Ministries:

Scott Lehmkuhl

Organist:

Aaron Shows

Lay Leader:

Kevin Lussier

Intentional Faith Development Lay Leader:

Mikala Rahn

Extravagant Generosity Ministry Lay Leader:

J.P. Harris

Risk-Taking Mission Ministry Lay Leader:

Rosalie Niemann

Passionate Worship Lay Leader:

Paul Audley

Director of Media Ministries

Dave Lohr

Today's Worship Leader:

Grace Danziger