



150 YEARS OF SERVICE  
**PASADENA  
 FIRST UNITED  
 METHODIST  
 CHURCH**

**GATHERING TOGETHER**

Welcome to Worship. We are so glad that you are joining us today. We invite you to open your spirit to this time of worship, song, prayer, inspiration and challenge.

In consideration of others, please silence electronic devices.

“+” indicates to stand in body or spirit as you choose.

**STATEMENT OF INCLUSION**



All people are welcome at First United Methodist Church. We are proudly part of the Reconciling Ministries Network and welcome all persons, regardless of sexual orientation, gender identity, race, ethnicity, age, physical or mental capacity, and education, socio-economic or marital status.

**PRELUDE**

*Praise to the Lord, The Almighty* Johann Gottfried Walther (1684-1748)

**+ CALL TO WORSHIP**

In the quiet, in the calm, in the stillness,

**We seek God.**

In the clamor, in the storms, in the grief,

**We seek God.**

In this time, in this place, with each other,

**We seek God.**

Let us gather our hearts and minds, our hopes and fears, our doubts and deepest trust before our Loving and Almighty God this morning. God is our Foundation, God is our Hope.

**Let us worship God.**

**CHILDREN ARE WELCOME HERE!**

**Nursery Care**

(Infant–4 years old)

Nursery care is available every Sunday from 9:00 a.m.–12:00 p.m.

**‘Ohana Sunday School**

(PreK–6th Grade)

Children age 3 yrs. through 6th grade are invited to one room Sunday School (rm 104) after the Children’s Sermon in Worship. Pickup time is 11:00 a.m.

Questions? *Early Pick Up?* See the Children’s Ministry Superintendent in the Children’s Ministry Office.

**+ OPENING HYMN**

*How Firm a Foundation*

UMH 529

**+ WELCOME AND SHARING THE PEACE OF CHRIST**

The peace of Christ be with you, **and also with you.**

**COMMUNITY OPPORTUNITIES**

**BLESSINGS OF ALOHA FOR OUR YOUTH MISSION TEAM**

**TIME FOR YOUNG CHRISTIANS**

*I’m Gonna Sing When the Spirit Says Sing*

UMH 333

*Children are invited to come forward or remain seated.  
 As the children gather, we sing together.*

*I’m gonna sing when the Spirit says sing,  
 I’m gonna sing when the Spirit says sing,  
 I’m gonna sing when the Spirit says sing,  
 and obey the Spirit of the Lord.*

**INDIGENOUS LAND**

**ACKNOWLEDGEMENT**

We, acknowledge that the land upon which we worship was the ancestral homeland of the Tongva People for thousands of years. Approximately two thousand Tongva people still live in the Los Angeles area. We honor their connection to this region and give thanks for the opportunity to live, work, worship and learn on this sacred land.

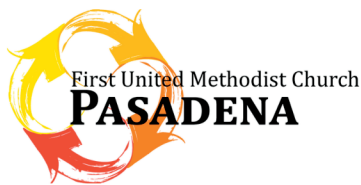
## IN OUR PRAYERS...

As a community of faith, let us hold these persons in our prayers:

**Newly Added:** Sarah Rudchenko, Ann Zeiss

**For Healing:** Ronan Bessler, Lynette Black, Joyce Breslin, Fernando Carrillo, Albert Davis, Mary Davis, Joyce Dorn, Curt Elrod, John Evans, Cameron Fernandez, Cosette Fester, Linda Gerkin, Tom Griffith, Brett Hain, Sofia Hain, Cindy Heckman, Larry Jaffe, Lisa Jaffe, Ami Jenkins, Norman Jensen, Stephen Kastner, Julie-Ann Kosakowski, Rachel Lang, Meredith Lyon, Allison Masquez, Cecilia Militante, Lois Moe, Randy Moe, Carol Nunemaker, Katherine Olivas, Donald Palmer and Family, Leslie Parham, Tommy Parham, Jonathan Poutney, Mario San Juan, Priscilla Shurney, Frances Smith, Jeffrey Stephens, Tim Sun, David T., Karen Thompson, Deb and Gary Webster, Jan Wentz, family of Kathy Windsor, Nadine Wittry and family, Sonia Wittry.

Prayer requests may be shared via [connect@fumcpasadena.org](mailto:connect@fumcpasadena.org) and we will gladly add them.



## LET'S CONNECT!

Connect cards are located at the back of the sanctuary. Please use a Connect Card to provide or update your contact information, for information on church programs, make a prayer request or communicate a message to our pastors. Place completed cards in the offering box near the back of the sanctuary. If you are part of the Connected (Online) Campus, send an email to [connect@fumcpasadena.org](mailto:connect@fumcpasadena.org).

## GATHERING OUR HEARTS IN PRAYER

### CENTERING SONG

*Spirit, Spirit of Gentleness*

TFWS 2120 vs. 4

Spirit, Spirit of gentleness, blow through the wilderness calling and free;  
Spirit, Spirit of restlessness, stir me from placidness,  
Wind, wind on the sea.

You call from tomorrow, you break ancient schemes,  
from the bondage of sorrow the captives dream dreams,  
our women see visions, our men clear their eyes,  
with bold new decisions your people arise.

Spirit, Spirit of gentleness, blow through the wilderness calling and free;  
Spirit, Spirit of restlessness, stir me from placidness,  
Wind, wind on the sea.

*Moment for Silent Meditation*

### PRAYERS OF THE PEOPLE

Lord, in your mercy, **hear our prayer.**

### THE LORD'S PRAYER

**Our Father, who art in heaven: hallowed be thy name.  
Thy Kingdom come, thy will be done on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses as we forgive those  
who trespass against us.  
And lead us not into temptation but deliver us from evil.  
For thine is the kingdom and the power and the glory forever. Amen**

### LISTENING FOR GOD'S WORD

#### GOSPEL READING

Mark 4:35-41

On that day, when evening had come, he said to them, "Let us go across to the other side." And leaving the crowd behind, they took him with them in the boat, just as he was. Other boats were with him. A great windstorm arose, and the waves beat into the boat, so that the boat was already being swamped. But he was in the stern, asleep on the cushion, and they woke him up and said to him, "Teacher, do you not care that we are perishing?" And waking up, he rebuked the wind and said to the sea, "Be silent! Be still!" Then the wind ceased, and there was a dead calm. He said to them, "Why are you afraid? Have you still no faith?" And they were filled with great fear and said to one another, "Who then is this, that even the wind and the sea obey him?"

The word of God for the people of God. **Thanks be to God.**

#### ANTHEM

*Be Thou My Vision*

arr. Larry Shackley

#### SERMON

In the Midst of the Storm

Pastor Amy Aitken

## RESPONDING TO GOD'S WORD AMONG US

### INVITATION TO THE OFFERING

+PRESENTATION MUSIC    *Praise God, from Whom All Blessings Flow*    UMH 94

Praise God, from whom all blessings flow;  
praise God, all creatures here below: Alleluia! Alleluia!  
Praise God, the source of all our gifts!  
Praise Jesus Christ, whose power up-lifts!  
Praise the Spirit, Holy Spirit!  
Alleluia! Alleluia! Alleluia!

### +PRAYER OF DEDICATION

Lord of sea and storm, of sunshine and breezes, we present these offerings, gifts of our lives in grateful praise for your faithful and abiding love for us. Use these gifts for the ministries of hope and justice in this, your broken world. We ask this in Jesus' name. AMEN.

## GOING INTO THE WORLD TO LOVE AND SERVE

+CLOSING HYMN                      *It is Well with My Soul*                      UMH 377

### +BENEDICTION

+POSTLUDE                      *Improvisation*                      Aaron Shows (b.1989)

## OFFERING TO GOD OUR HEARTS, OUR LIVES AND OUR GIFTS

Giving supports all of the ministries of the church, making it possible for us to offer ministries of hope, hospitality, service and compassion in Pasadena, and around the world.

If you'd like to partner with us and make a financial gift today, you may use your phone to scan the QR code below.



## REFERENCE

The call to worship was Adapted  
from a liturgy written by  
Beth Merrill Neal

## UPCOMING OPPORTUNITIES @ FIRST UMC

For more information, email us at [connect@fumcpasadena.org](mailto:connect@fumcpasadena.org)

### TODAY

**Chalk the Walk, 11:00 a.m., Colorado Patio.** - Come write and draw affirming messages of love on our Colorado Patio after worship during Coffee Hour.

### COMING UP

**The United Women in Faith Evening Circle, Friday, June 21, at 7:00 p.m.** - Join us for a gathering with food and fellowship at Learning Works (90 Daisy Pasadena 91101). Let's start the summer off with fun, fellowship, and some card making. Email Jami ([jamicarrera@yahoo.com](mailto:jamicarrera@yahoo.com)) for more information.

**Less Anger, More Peace Tuesdays from 5:00-6:00 p.m. on July 9, 16, 23, 30 & Aug 6** - Anger's obvious, destructive aspects often overshadow its value. This course offers focused reflection on the many faces of an emotion all humans deal with. We can manage our feelings differently to bring more peace into our daily experiences. Participants receive a discussion guide days before each of the five 1-hour Zoom conversations. Sign up at [connect@fumcpasadena.com](mailto:connect@fumcpasadena.com).

**Save the Date! Church Picnic, July 7 at 11:30 a.m., McDonald Park** - It's almost time for our annual church picnic. We'll have fun, food, and games for all. Join us!

**Interested in Joining the Church?** - July 7th is a big day at FUMC! We will hear from our youth about their mission and cultural immersion trip to Hawaii, and we will celebrate our merger with St. James UMC, as their congregation joins ours. If you would also like to join First Church that day, we would love to have you! Please email [connect@fumcpasadena.org](mailto:connect@fumcpasadena.org) to join or to ask any questions.

**Vacation Bible School is July 15 - 19 (9:00 a.m. - 12:00 p.m.)** - This year's theme is Just Like Me! We are inviting children to have fun and make new friends in an inclusive environment. VBS will focus on supporting faith development and teaching students to celebrate their identities.

Registration is open! Visit [fumcpasadena.org/vbs](http://fumcpasadena.org/vbs) to learn more and sign up.

**Turn-A-Page Book Group on July 21, 11:30 a.m. in the Church Lounge** - We will discuss In The Distance by Hernan Diaz. The story recounts the life of Håkan, a Swedish immigrant who is separated from his brother on their journey to the United States in the mid-19th century. Penniless, Håkan travels across the American West, sometimes in very harsh conditions, with the goal of finding his brother in New York City.

Even if you haven't read the book, please feel free to join the discussion.

**ACAC Back to School Drive** - It's that time again! First UMC has long sponsored the Adopt a Child Abuse Caseworker (ACAC) Back to School Program by providing backpacks and school supplies.

Please deliver backpacks, school supplies and any monetary donations to the church by Sunday, **July 28**. See the supply list in the News@First email. There will be a collection container in front of Fellowship Hall. For any questions contact Diane Harris ([dmharris150625@gmail.com](mailto:dmharris150625@gmail.com)).

## TODAY AT FIRST UMC

- 11:00 a.m. - Coffee Hour and Chalk the Walk (Colorado Patio)

## SERVING IN MINISTRY

The entire congregation shares in offering the ministries of this church. Some of the people who help lead our ministries include:

**Pastor**  
Rev. Dr. Amy Aitken

**Associate Pastor:**  
Rev. Mina Nau-Mahe

**Liturgist:**  
Daniel Niemann

**Director of Music Ministries:**  
Scott Lehmkuhl

**Organist:**  
Aaron Shows

**Ministry Coordinator:**  
Dori Fotsch

**Facilities & Office Manager:**  
Aisha Williams

**Interim Business Manager:**  
Jami Carrera

**Communications Director:**  
Ashley Slade

**Leadership Council Chairperson:**  
Kevin Lussier

**Lay Leader for Finance & Generosity:**  
Mikala Rahn

**Lay Leaders for Missions:**  
Pam Marx & Rosalie Niemann

**Chair of Trustees:**  
Paul Audley

## TO SIGN UP FOR NEWS@FIRST VISIT [FUMCPASADENA.ORG/NEWS](http://FUMCPASADENA.ORG/NEWS)

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