



500 East Colorado Boulevard
Pasadena, California 91101
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GATHERING TOGETHER

Welcome to Worship. We are so glad that you are joining us today. We worship God in ways that are both ancient and modern, steeped in church tradition and open to God's ongoing call in our lives. We invite you to open your spirit to this time of worship, song, prayer, inspiration and challenge.

In consideration of others, please silence electronic devices.

“+” indicates to stand in body or spirit as you choose.

STATEMENT OF INCLUSION



All people are welcome at First United Methodist Church. We are proudly part of the Reconciling Ministries Network and welcome all persons, regardless of sexual orientation, gender identity, race, ethnicity, age, physical or mental capacity, and education, socio-economic or marital status.

CHILDREN ARE WELCOME HERE!

Nursery Care

(Infant-4 years old)
Nursery care is available every Sunday from 9:30 a.m.-12:00 p.m.

Children's Sunday School and Music
(PreK-6th Grade)

Children age 3 yrs. through 6th grade are invited to Sunday School after the Children's Sermon in Worship, followed by Children's Music for children 4 and up. (3 year olds will go to the nursery following Sunday School.) Child Pick Up (for ages 4+) is in Room 202 at 11:30 a.m.

Questions? Early Pick Up? See the Children's Ministry Superintendent in the Children's Ministry Office.

**INDIGENOUS LAND
ACKNOWLEDGEMENT**

We, acknowledge that the land upon which we worship was the ancestral homeland of the Tongva People for thousands of years. Approximately two thousand Tongva people still live in the Los Angeles area. We honor their connection to this region and give thanks for the opportunity to live, work, worship and learn on this sacred land.

TOLLING THE BELLS

As the bell tolls, we invite you to simply pause as we center our hearts, our spirits, and our bodies in God's presence.

PRELUDE

The Gift of Love Edwin Childs (b. 1945)

+ INVITATION TO WORSHIP

Come to this time of worship, praising God with your whole spirit.

We come, voices and hands lifted up to the Lord.

Come to this place of prayer, seeking God with your whole heart.

We come, ready to hear God's word.

Come to this community of faith, loving God with your whole life.

We come to be transformed into the living Body of Christ.

+ OPENING HYMN

Holy, Holy, Holy! Lord God Almighty UMH 64

+ WELCOME AND SHARING THE PEACE OF CHRIST

The peace of Christ be with you, **and also with you.**

COMMUNITY OPPORTUNITIES

GIFT OF MUSIC

One Step He Leads Pepper Choplin Youth Choir

TIME FOR YOUNG CHRISTIANS

This Little Light of Mine

Children are invited to come forward or remain seated. Sunday School begins after the Time for Young Christians. As the children gather, we sing together.

This little light of mine, I'm goin'a let it shine,
this little light of mine, I'm goin'a let it shine,
this little light of mine, I'm goin'a let it shine,
let it shine, let it shine, let it shine.

IN OUR PRAYERS...

As a community of faith, let us hold these persons in our prayers:

Newly Added: Turkey/Syria earthquake victims, Rene Handley-Arriaza, Phil Chavez and family, Johnathan Nieto

For Healing: Mark Audley, Eric Brubaker, Patricia Bruce, Ann Burke, Mary Davis, Pauline Dominguez, Joyce Dorn, Ann and Neal Dougherty, Brett Hain, Sofia and Woody Hain, Rob Hayes, Laura Hevia Del Puerto and family, Sallie Higginbotham, James Jensen, Lynnel Jensen, Stephen Kastner, Jocelyn Medina, The family and friends of Corina Moray, Sharon Garrison Morrow, Carol Nunemaker, Rev. Pyong Oh, Paula Anderson Peacock, Carlos Peraza, Stephanie Peraza, Celina Romero, Wayne Schenck, Ha-yeong Shin, Donna Shook, Jill Shook, Wendy Stiver, Tim Sun, Phyllis and Howard Underwood, Deb and Gary Webster, Jan Wentz, Sonya Wittry, Richard Zeiss, Rosy Zide.

Prayer requests may be shared via connect@fumcpasadena.org and we will gladly add them.

LET'S CONNECT!

Connect cards are located in each pew. Please use a Connect Card to provide or update your contact information, for information on church programs, make a prayer request or communicate a message to our pastors. Place completed cards in the offering boxes near the back and parking lot doors to the sanctuary. If you are part of the Connected (Online) Campus, send an email to connect@fumcpasadena.org.

GATHERING OUR HEARTS IN PRAYER

CENTERING SONG

Beautiful Savior

Beautiful Savior, Lord of all nations,
God and the blessed Mary's child,
thee will I cherish, thee will I honor,
thou my soul's glory, joy and crown.

Moment for Silent Meditation

PRAYERS OF THE PEOPLE

Lord, in your mercy, **hear our prayer.**

THE LORD'S PRAYER

**Our Father, who art in heaven: hallowed be thy name.
Thy Kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses as we forgive those
who trespass against us.
And lead us not into temptation but deliver us from evil.
For thine is the kingdom and the power and the glory forever. Amen**

LISTENING FOR GOD'S WORD

NEW TESTAMENT READING

Matthew 5:21-37

"You have heard it said, 'You shall not murder,' and 'whoever murders shall be liable to judgment.'

"But I say to you that if you are angry with a brother or sister, you will be liable to judgment.

"You have heard it said, 'You shall not commit adultery.'

"But I say to you that everyone who looks at a person with lust has already committed adultery in the heart.

"You have heard it said, 'You shall not swear falsely, but carry out the vows that you have made to the Lord.'

"But I say to you, Do not swear at all, either by heaven or by the earth. Let your 'Yes' be 'Yes' and your 'No,' 'No.'

"You have heard it said, 'An eye for an eye and a tooth for a tooth.'

"But I say to you, Do not resist an evildoer. If anyone strikes you on the cheek, turn the other cheek also.

"You have heard it said, 'You shall love your neighbor and hate your enemy.'

"But I say to you, Love your enemies and pray for those who persecute you, so that you may be children of your Father in heaven."

The Word of God, for the people of God. **Thanks be to God.**

SERMON

You Have Heard It Said...

Rev. Amy Aitken

RESPONDING TO GOD'S WORD AMONG US

OFFERTORY

Take Me to the Water

Rollo Dilworth

+PRESENTATION MUSIC

Praise God, From Whom All Blessings Flow

Praise God, from whom all blessings flow;
praise God, all creatures here below:
Alleluia! Alleluia! Praise God, the source of all our gifts!
Praise Jesus Christ, whose power uplifts!
Praise the Spirit, Holy Spirit!
Alleluia! Alleluia! Alleluia!

+PRAYER OF DEDICATION

God of Abundant Love, Give us the courage to offer your our whole lives so that our faith is not merely in our words but in our lives, not in what we say, but in what we do; passing on your love like the salt that blesses, like a city on a hill, like a lamp on a stand, light for life, your light for the world. Amen.

GOING INTO THE WORLD TO LOVE AND SERVE

+CLOSING HYMN

The Gift of Love

UMH 408

+BENEDICTION

+POSTLUDE

Postlude in C Minor

Edmondstone Duncan (1866-1920)

OFFERING TO GOD OUR HEARTS, OUR LIVES AND OUR GIFTS

Giving supports all of the ministries of the church, making it possible for us to offer ministries of hope, hospitality, service and compassion in Pasadena, and around the world.

If you'd like to partner with us and make a financial gift today, you may use your phone to scan the QR code below to access the church's online giving website. Offering baskets are available by the exits to receive checks and currency.



However you choose to share your gifts, we thank you for being here and sharing in the ministries of First United Methodist Church.

DOWNLOAD OUR APP

Have you downloaded our FUMC app yet?

Visit fumcpasadena.org/app to download the app to your favorite device and stay connected and up to date with out latest content.

UPCOMING OPPORTUNITIES @ FIRST UMC

For more information, email us at connect@fumcpasadena.org

Spirit Seekers Class - Sundays at 8:45 a.m. in the Church Lounge. We will be covering the theme: "A House Divided: A Study of Christian Nationalism" will be the theme for the next Spirit Seekers class until Feb. 19.

Through the analysis of experts and text, we will explore the deep causes underlying our current polarization.

Next week we will continue our discussion of the concept: "After Whiteness".

Pastor's Bible Study will meet next Wednesday at 12:00 p.m. (2/15). We will discuss Matthew 17:1-9. Please see the News@First email for the Zoom link.

The United Women in Faith Daytime Group will gather on **Feb. 13** at 1:00 p.m. in the Church Lounge. Rev. Connie Tamkin will speak about her faith journey. Refreshments will be provided.

The United Women in Faith Evening Circle will gather on **Feb. 17** at 7:00 pm. at the home of Leslie and Emma Black. There will be a build your own sandwich bar and snacks. You are encouraged to bring your favorite sandwich ingredient or small snack to share.

Third@First Presents: "My Obsession: Robert Schumann and His Stories" - Feb. 18 at 4:00 p.m. - Pianist and Third@First Artistic Coordinator Junko Uneo will share fascinating anecdotes around Schumann's life and music.

Turn-a-Page Group: We will be discussing **Tuesdays with Morrie** by Mitch Albom on Feb 19. at 11:30 a.m. - Church Lounge. All are welcome.

Fat Sunday Feast - After worship on Sunday, **Feb. 19**, we will enjoy Fat Sunday fellowship with pancakes (including GF and Vegan) and sausage (with alternative). A donation is encouraged.

Ash Wednesday Meditation Garden Feb. 22, 12:00-7:00 p.m. on the Colorado Patio - You are invited to join in a time of meditative reflection as we begin the season of Lent. Guided prayer stations will be set up for you to engage in spiritual practice and reflection. Feel free to stop by any time, for whatever period of time you would like.

New Lenten Series - On March 1, Mikala Rahn will facilitate a Lenten Series on the book **Forgive Everyone Everything** by Father Greg Boyle with art by Fabian Debora. Each session will begin at 6:00 p.m. with a traditional Lenten Bread & Soup Fellowship (optional) and lead into a discussion at 6:30 p.m. The book is available to purchase for \$15 in the church office.

Bad Weather Supply Donations: We are pleased to be hosting the Friends in Deed's Bad Weather Supply program on Thursdays in Great Hall from 5 p.m - 7 p.m. If you are interested in donating cold weather items, please contact Lindsey at lindseyr@friendsindeedpas.org

Mindful Mondays: An all levels easy flow yoga class taught by Darby Orr is taking place on Monday at 12:00 p.m. in the Cloister or Fellowship Hall. Suggested donation is \$15 (FUMC and FCC members and friends may attend for \$5. Cash and epayments accepted.)

Learn more about Hospitality: The Hospitality Ministry Team is the welcome of Jesus to all who come to worship. It is a vital ministry and there are a number of roles and responsibilities. If you are interested in being a part of this ministry, contact Rev. Connie Tamkin, ctamkin@fumcpasadena.org.

TODAY AT FIRST UMC

- 10:00 a.m.: Sunday Worship (Sanctuary)
- 11:00: Coffee Hour and Cupcake Sale for Friends in Deed (Fellowship Hall)
- 11:15: Confirmation Class (Library)
- 11:15: Youth Sunday School (rm 207)
- 12:00 p.m.: Youth Bell Choir
- 12:45: Adult Bell Choir
- 4:30: Youth Choir (Choir Room)
- 5:30: Youth Group and Dinner

FIRST UMC STAFF AND LAY LEADERSHIP

Pastor
Rev. Dr. Amy Aitken

Director of Intentional Faith Development:
Rev. Jennifer Chapman

Minister of Hospitality & Congregational Care:
Rev. Connie Tamkin

Director of Music Ministries:
Scott Lehmkuhl

Organist:
Aaron Shows

Intentional Faith Development Lay Leader:
Mikala Rahn

Extravagant Generosity Ministry Lay Leader:
J.P. Harris

Risk-Taking Mission Ministry Lay Leader:
Beth Gerber

Passionate Worship Lay Leader:
Paul Audley

Director of Media Ministries
Dave Lohr

Today's Worship Leader:
Kevin Wang