



### GATHERING TOGETHER

Welcome to Worship. We are so glad that you are joining us today. We invite you to open your spirit to this time of worship, song, prayer, inspiration and challenge.

In consideration of others, please silence electronic devices.

“+” indicates to stand in body or spirit as you choose.

### STATEMENT OF INCLUSION



All people are welcome at First United Methodist Church. We are proudly part of the Reconciling Ministries Network and welcome all persons, regardless of sexual orientation, gender identity, race, ethnicity, age, physical or mental capacity, and education, socio-economic or marital status.

### CHILDREN ARE WELCOME HERE!

#### Nursery Care

(Infant–4 years old)

Nursery care is available every Sunday from 9:00 a.m.–12:00 p.m.

#### Children’s Sunday School and Music

(PreK–6th Grade)

Children age 3 yrs. through 6th grade are invited to Sunday School after the Children’s Sermon in Worship, followed by Children’s Music for children 4 and up. (3 year olds will go to the nursery following Sunday School.) Child Pick Up (for ages 4+) is in Room 202 at 12:00 p.m.

**Questions? Early Pick Up? See the Children’s Ministry Superintendent in the Children’s Ministry Office.**

### INDIGENOUS LAND

### ACKNOWLEDGEMENT

We, acknowledge that the land upon which we worship was the ancestral homeland of the Tongva People for thousands of years. Approximately two thousand Tongva people still live in the Los Angeles area. We honor their connection to this region and give thanks for the opportunity to live, work, worship and learn on this sacred land.

PRELUDE      *We Walk By Faith*      Henry Alford (1810-1871)

### + CALL TO WORSHIP

We open our hearts to God,  
**and invite God’s loving presence to be made known to us.**  
We open our minds to our brilliant Creator,  
**and ask God to renew and transform us.**  
We open our lives to gentle Shepherd,  
**and ask God to guide us on this journey of faith.**  
We open ourselves to God, as the body of Christ,  
**that Christ may live, move, and be known among us.**  
Let us worship God with our hearts, minds, and bodies.

+ OPENING HYMN      *Easter People, Raise Your Voices*      UMH 304

### + WELCOME AND SHARING THE PEACE OF CHRIST

The peace of Christ be with you, **and also with you.**

### COMMUNITY OPPORTUNITIES

TIME FOR YOUNG CHRISTIANS      *Halle, Halle, Halleluja*      TFWS 2026

*Children are invited to come forward or remain seated.  
Sunday School begins after the Time for Young Christians.  
As the children gather, we sing together.*

Halle, Halle, Halleluja!  
Halle, Halle, Halleluja!  
Halle, Halle, Halleluja!  
Halleluja! Halleluja!

Children are invited to come forward or remain seated.

### GATHERING OUR HEARTS IN PRAYER

CENTERING SONG      *Spirit of the Living God*      UMH 393

Spirit of the Living God, fall afresh on me,  
Spirit of the Living God, fall afresh on me.  
Break me, melt me, mold me, fill me.  
Spirit of the Living God, fall afresh on me.

*Moment for Silent Meditation*

## IN OUR PRAYERS...

As a community of faith, let us hold these persons in our prayers:

**Newly Added:** Tom Griffith

**For Healing:** Victoria Audley, Ronan Bessler, Lynette Black, Joyce Breslin, Ann Burke, Albert Davis, Mary Davis, Joyce Dorn, Neal Dougherty, Charlotte Dyson, John Evans, Cameron Fernandez, Cosette Fester, Brett Hain, Sofia Hain, Cindy Heckman, Lisa Jaffe, Norman Jensen, Stephen Kastner, Almeda Kerwin, Julie-Ann Kosakowski, Rachel Lang, Ann Larson and Family, Meredith Lyon, Stone Ma, Allison Masquez, Carol Nunemaker, Katherine Olivas, Mardy Olivas, Donald Palmer and Family, Leslie Parham, Tommy Parham, Jonathan Poutney, Mikala Rahn, Ben Ridgway, Donna Shook, Olivia Schott and family, Priscilla Shurney, Frances Smith, Jeffrey Stephens, Tim Sun, David T., Stan and Barbara von Mayrhauser, Deb and Gary Webster, Jan Wentz, Leilani Williams, Nadine Wittry and family, Sonia Wittry, Jacques Woodard, Richard Zeiss.

**Prayer requests may be shared via [connect@fumcpasadena.org](mailto:connect@fumcpasadena.org) and we will gladly add them.**



## LET'S CONNECT!

Connect cards are located at the back of the sanctuary. Please use a Connect Card to provide or update your contact information, for information on church programs, make a prayer request or communicate a message to our pastors. Place completed cards in the offering box near the back of the sanctuary. If you are part of the Connected (Online) Campus, send an email to [connect@fumcpasadena.org](mailto:connect@fumcpasadena.org).

## PRAYERS OF THE PEOPLE

Lord, in your mercy, **hear our prayer.**

## THE LORD'S PRAYER

**Our Father, who art in heaven: hallowed be thy name.  
Thy Kingdom come, thy will be done on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses as we forgive those  
who trespass against us.  
And lead us not into temptation but deliver us from evil.  
For thine is the kingdom and the power and the glory forever. Amen**

## LISTENING FOR GOD'S WORD

### GOSPEL READING

Luke 24: 36b-48

While they were talking about this, Jesus himself stood among them and said to them, "Peace be with you." They were startled and terrified and thought that they were seeing a ghost. He said to them, "Why are you frightened, and why do doubts arise in your hearts? Look at my hands and my feet; see that it is I myself. Touch me and see, for a ghost does not have flesh and bones as you see that I have." And when he had said this, he showed them his hands and his feet. Yet for all their joy they were still disbelieving and wondering, and he said to them, "Have you anything here to eat?" They gave him a piece of broiled fish, and he took it and ate in their presence.

Then he said to them, "These are my words that I spoke to you while I was still with you—that everything written about me in the law of Moses, the prophets, and the psalms must be fulfilled." Then he opened their minds to understand the scriptures, and he said to them, "Thus it is written, that the Messiah is to suffer and to rise from the dead on the third day and that repentance and forgiveness of sins is to be proclaimed in his name to all nations, beginning from Jerusalem. You are witnesses of these things.

The word of God for the people of God. **Thanks be to God.**

### ANTHEM

*Prayer of St. Francis*

Allen Pote  
Joslyn Sarshad, Solo

### SERMON

*Flesh and Bones*

Pastor Amy Aitken

## RESPONDING TO GOD'S WORD AMONG US

### INVITATION TO THE OFFERING

**+PRESENTATION MUSIC** *Praise God, from Whom All Blessings Flow* UMH 94

Praise God, from whom all blessings flow;  
praise God, all creatures here below: Alleluia! Alleluia!  
Praise God, the source of all our gifts!  
Praise Jesus Christ, whose power up-lifts!  
Praise the Spirit, Holy Spirit!  
Alleluia! Alleluia! Alleluia!

## +PRAYER OF DEDICATION

Loving Creator, we come together to present our tithes and offerings. We are reminded of the profound love with which you have called us your children. Help us recognize that our generosity and stewardship of the resources you've entrusted to us are a sign of our commitment to this holy transformation. May these offerings we bring today be a reflection of our love for you and our desire to be faithful stewards of your blessings. Bless our giving and guide us in using these gifts wisely. In Jesus' name, we pray. Amen.

## GOING INTO THE WORLD TO LOVE AND SERVE

### +CLOSING HYMN

*Christ is Alive!*

UMH 318

### +BENEDICTION

### +POSTLUDE

*Improvisation on the hymn, "This Joyful Eastertide"*  
Aaron Shows (b.1989)

## OFFERING TO GOD OUR HEARTS, OUR LIVES AND OUR GIFTS

Giving supports all of the ministries of the church, making it possible for us to offer ministries of hope, hospitality, service and compassion in Pasadena, and around the world.

If you'd like to partner with us and make a financial gift today, you may use your phone to scan the QR code below.



## UPCOMING OPPORTUNITIES @ FIRST UMC

For more information, email us at [connect@fumcpasadena.org](mailto:connect@fumcpasadena.org)

### TODAY

**Pizza with the Pastor (Church Library)**- Join us for Pizza with the Pastor in the Church Library at 11:30 a.m. This is a great time for our newcomers to get to know our pastor, learn about the church ministries, and take a tour of our campus. All are welcome!

**Little Singers of Lyon Concert (Sanctuary)** - The Little Singers of Lyon will be having a free concert as part of their California tour at 4:00 p.m. The concert is free, but donations are welcome.

### COMING UP

**Charge Conference** - We will be having a Charge Conference on May 5 at 1:00 p.m. in Fellowship Hall. Members will vote on the merger with St. James.

**United Women in Faith Morning Group will meet Monday, April 15 at 1:00 p.m. in the Church Lounge** - All are invited to join our United Women in Faith fellowship. Willa Dalrymple, Marilyn Nobori, Barbara Gorton, and Marilynne Wilander will be leading the meeting with a focus on climate justice.

As part of our time together we will be decorating glass votive candle holders with the UWF logo that each member can take home. A special offering will be taken to support climate justice.

Refreshments will be provided by Rosalie Niemann and Crystal Ward.

## TODAY AT FIRST UMC

- 10:00 a.m. - Sunday Worship (Sanctuary)
- 10:15 a.m. - Children's Sunday School (Education Wing)
- 11:00 a.m. - Coffee Hour (Fellowship Hall)
- 11:00 a.m. - Children's Music Classes (Education Wing)
- 11:15 a.m. - Confirmation Class (Youth Lounge Room 207)
- 11:30 a.m. - Pizza with the Pastor (Church Library)
- 12:00 p.m. - Youth Handbells Rehearsal (Handbell Room)
- 12:45 p.m. - Resound Ringers Rehearsal (Handbell Room)
- 4:00 p.m. - Little Singers of Lyon Concert (Sanctuary)

**Third@ First Presents "Paris in Pasadena No. 2" on April 20 at 4:00 p.m.** - "Paris in Pasadena No. 2" is our second FREE Third@First concert featuring music from French composers.

Vicki Ray and Junko Ueno Garrett will return to perform a "four hands, one piano" program, including Debussy, Poulenc, Satie, Ravel and Mihaud, exploring images and stories in each piece.

### **Ending Well Process Groups -**

One of the most important things you do in your senior years may be to store and organize important documents and information for your loved ones. The free Ending Well Zoom Workshop will help you make sense of all the to-dos of organizing your affairs, creating ease for yourself and you loved-ones. To learn more scan the QR code below. Or to register, contact [connect@fumcpasadena.org](mailto:connect@fumcpasadena.org).



### **Less Worry, More Hope Process Group - Every Wednesday in May, 7:00-8:00 p.m. via Zoom -**

Nobody is immune from worry and anxiety but there are healthy ways we can adjust and respond to anxious situations. The Less Worry, More Hope process group is for those who want to explore new ways to think about what causes anxiety and how to respond to feelings of worry. Learn more here.

To register, contact [connect@fumcpasadena.org](mailto:connect@fumcpasadena.org).

**We will be celebrating Earth Day on April 21 after worship on our Colorado Patio.** We are encouraging everyone to drop by and learn about how we can adopt new habits to help our planet. We will also have a **Blessing of the Animals.**

**Turn-A-Page Honors Earth Day on April 21 at 11:30 a.m. in the Church Lounge -** For Earth Day Turn-A-Page is asking participants to choose one of the books below (or a climate change book not listed) to read and discuss:

- *The Boy Who Harnessed the Wind* by William Kamkwamba and Bryan Mealer
- *Don't Even Think About It: Our Brains Are Wired to Ignore Climate Change* by George Marshall
- *The Sixth Extinction* by Elizabeth Kolbert
- *The Future We Choose* by Christiana Figueres

**All are welcome for the discussion, even if you haven't read a climate change book.**

**Crop Walk - April 21 at 1:00 p.m. starting at St. Elizabeth School -** FUMC Pasadena is committed to ending hunger in our community and around the world. CROP Hunger Walk is a nationwide walk that addresses hunger both locally and globally.

Join the FUMC walking team (or make a donation) for the three mile trek starting south on Lake/Woodbury to Washington (we'll visit Friends in Deed on the walk). Visit the QR code to join:



You're welcome to bring your pet and it's easy to return to the starting point if you get tired.

Our goal is to raise \$500 to help those facing hunger in our community.

## **SERVING IN MINISTRY**

The entire congregation shares in offering the ministries of this church. Some of the people who help lead our ministries include:

**Today's Worship Liturgist:**  
**Stone Ma**

**Pastor**  
Rev. Dr. Amy Aitken

**Associate Pastor:**  
Rev. Mina Nau-Mahe

**Director of Music Ministries:**  
Scott Lehmkuhl

**Organist:**  
Aaron Shows

**Ministry Coordinator:**  
Dori Fotsch

**Facilities & Office Manager:**  
Aisha Williams

**Interim Business Manager:**  
Jami Carrera

**Communications Director:**  
Ashley Slade

**Leadership Council Chairperson:**  
Kevin Lussier

**Lay Leader for Finance & Generosity:**  
Mikala Rahn

**Lay Leaders for Missions:**  
Pam Marx & Rosalie Niemann

**Chair of Trustees:**  
Paul Audley

## **RECYCLE YOUR OLD SNEAKERS FOR SUMMER MUSICAL**

Bring your used sneakers to Fellowship Hall for recycling. Funds from recycling support our drama program.

## **TO SIGN UP FOR NEWS@FIRST VISIT FUMCPASADENA.ORG/NEWS**

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