



BLESSED BEATITUDES

Exploring Jesus' Vision For The Blessed Life



SMALL GROUP BIBLE STUDY

SARDINIA CHURCH OF CHRIST

SESSION 3: For Those Who Mourn

LEADER NOTES:

- ***Consider opening and closing your session in prayer (including requests at some point). Also consider opening your session in ice breakers of some kind.***
- ***Main Idea:*** *We can find comfort through the Great Comforter (the Holy Spirit).*
- ***Key Truth:*** *Followers of Jesus don't need to suppress their grief or sorrows-- they can bring it to God and allow Him to comfort them.*
- *First century Jewish practices allowed for community grief and public mourning. You see this in the story of the death of Lazarus in John 11:31.*
- *In John 14:16, Jesus promises the Comforter that will come. In this passage, He is referring to the Holy Spirit which advocates for us, guides us and brings us supernatural comfort in our times of grief.*
- *In 2 Corinthians 7:10, we are also introduced to a kind of sorrow that is birthed from grief found in repentance.*
- *Jesus himself faced deep amounts of sorrow and pain: loss of a friend (John 11), for a city and people He loved (Luke 19:41–44), for pain He knew He had to walk through (Matthew 26).*



SCRIPTURE READING: Matthew 5:1-12

1 Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him, 2 and he began to teach them. He said: 3 “Blessed are the poor in spirit, for theirs is the kingdom of heaven. 4 Blessed are those who mourn, for they will be comforted. 5 Blessed are the meek, for they will inherit the earth. 6 Blessed are those who hunger and thirst for righteousness, for they will be filled. 7 Blessed are the merciful, for they will be shown mercy. 8 Blessed are the pure in heart, for they will see God. 9 Blessed are the peacemakers, for they will be called children of God. 10 Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven. 11 “Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. 12 Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you.



SESSION 3: Group Question Guide

- 1. Why do you think Jesus chose to discuss mourning to the crowd?*
- 2. What does this verse reveal about God's heart towards people who are hurting?*
- 3. How does Jesus Himself demonstrate living out this beatitude well? List some times Jesus himself mourned.*
- 4. Where else in Scripture do we see faithful people mourn or experience sorrow?*
- 5. What kinds of things does the Bible call us to mourn?*
- 6. What are some ways people respond to grief or sorrow in their life?*
- 7. Where do you usually look for comfort when life is hard?*
- 8. How might God use mourning and grief to shape us into the people God is forming us into?*

