



BLESSED BEATITUDES

Exploring Jesus' Vision For The Blessed Life



SMALL GROUP BIBLE STUDY

SARDINIA CHURCH OF CHRIST

*Eu
n. Mi ipsum
s neque sodale
emper quis. In dic
sed risus ultricies t
nc pulvinar sapien et.
dolor. Vel fringilla est ullam.*

*euismod lacinia at quis risus sed vulputate odio. Sed
euismod lacinia at quis. Ut tellus elementum
ultrices lacus sed turpis tincidunt id aliquet
massa ultricies mi quis. Magna fermentum
us. Eget sit amet tellus cras
vitae et leo duis ut diam
maculis eu non diam phasel
Cursus sit amet dictum
ullamcorper sit amet
semper feugiat nibh
ing elit duis tris
mauris nunc
da fames ac
h mauris.
At*

SESSION 4: Blessed Are The Meek

LEADER NOTES:

- *Consider opening and closing your session in prayer (including requests at some point). Also consider opening your session in ice breakers of some kind.*
- *Main Idea: Meekness is surrendering our strength to God's control.*
- *Many times, when you hear teaching on meekness, you often hear it described simply as humility. It is more correctly understood to be a power or strength that is under control.*
- *The word used in the original languages of the bible for meek is describing a controlled strength that has been trained. It was a word with earlier origins connected to training wild mustangs and taming them.*
- *The climate Jesus was speaking into was volatile. The Roman elite were not being meek, they exerted their strength. The religious elite were grabbing for power and exerting strength they could maintain (specifically among the Pharisees and Scribes). Then there was the local people that may have felt like they had no control or capacity in their life.*



SCRIPTURE READING: Matthew 5:1-12

1 Now when Jesus saw the crowds, he went up on a mountainside and sat down. His disciples came to him, 2 and he began to teach them. He said: 3 “Blessed are the poor in spirit, for theirs is the kingdom of heaven. 4 Blessed are those who mourn, for they will be comforted. 5 Blessed are the meek, for they will inherit the earth. 6 Blessed are those who hunger and thirst for righteousness, for they will be filled. 7 Blessed are the merciful, for they will be shown mercy. 8 Blessed are the pure in heart, for they will see God. 9 Blessed are the peacemakers, for they will be called children of God. 10 Blessed are those who are persecuted because of righteousness, for theirs is the kingdom of heaven. 11 “Blessed are you when people insult you, persecute you and falsely say all kinds of evil against you because of me. 12 Rejoice and be glad, because great is your reward in heaven, for in the same way they persecuted the prophets who were before you.



SESSION 4: Group Question Guide

1. What is the difference between meekness and weakness?
2. How does Jesus' statement challenge the way the world normally thinks about power or strength?
3. How did Jesus demonstrate meekness?
4. What situations in life test your meekness the most?
5. What does it look like for you to release control to God in those situations?
6. If the meek inherit the earth, why are we so often tempted to take control of it ourselves?

