

Connecting to God's Movement

Prayer Guide

Developing a pattern of discipline promotes self-control.

Saying no to our natural appetites develops the skills and disciplines necessary to say no to other fleshly desires. (Luke 9:23)

1 Corinthians 9:27 But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.

The word obey in greek (ὕπακούω) means to listen attentively. By implication our listening takes place to follow instruction.

It is the sense of understanding and responding.

Obedience is the outward expression of a heart that has turned to God.

It can be spoken of as an attitude and as a faith-rooted disposition.

The word submit in greek (ὑποτάσσω) means to put oneself under. The emphasis is on voluntary submission.

- voluntary submission by believers to God (James 4:7)
- voluntary submission to authorities (Romans 13:1)
- voluntary submission to one another out of reverence for Christ (Ephesians 5:21-24)

Submission does not imply inferiority of the person. Jesus himself entered the world in submission.

2 John 1:6 And this is love, that we walk according to his commandments; this is the commandment, just as you have heard from the beginning, so that you should walk in it.

Luke 11:28 But he said, "Blessed rather are those who hear the word of God and keep it!"

James 1:25 But the one who looks into the perfect law, the law of liberty, and perseveres, being no hearer who forgets but a doer who acts, he will be blessed in his doing.

This week is going to be characterized by

Love

Hearing the word of God

Perseverance

In addition, the intension is that it be done personally and communally.

Galatians 6:2 Bear one another's burdens, and so fulfill the law of Christ.

James 5:16 Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.

Romans 12:5 so we, though many, are one body in Christ, and individually members one of another.

Ephesians 4:2-3 with all humility and gentleness, with patience, bearing with one another in love, 3 eager to maintain the unity of the Spirit in the bond of peace.

WE collectively listen to the Holy Spirit in our lives and *become a people of action*.

There are no rules - Really listening to the Spirit.

Take it day by day and experiment. You have nothing to prove.

If you choose to do a 1-4 day fast start at the end of the week.

This will give you the opportunity to break the fast with the community of Second Mile with communion.

Make it a point to go on a walk.

As we move our thoughts and spirit move.

Using the Prayer book

- Move through the book day by day.
- Take time to look at the back of the book and read through the Answered Prayer section throughout the week.

This year the book is less about where we have been and directs our focus to where we are going.

Engage in the content throughout the entire day (breakfast, lunch, dinner, break time, etc.).

Use your bible along side the prayer book

- Look up the passages and allow them to sink in.
- Write down verses that are meaningful to you that coincide with the different topics. This will allow further depth and insight into what the Holy Spirit is guiding you through.

Talk with people (your CG, friends, etc.). Move together in learning, growing, and confessing.

The next message series will be... Matthew!!