

2026 Week of Prayer and Practice

Why is the week of Prayer and Practice part of the annual rhythm of Second Mile?

God what would you have us do next?
Discernment and Dreaming

How does the story you are writing concerning my life overlapping with the story that you are writing for the community of 2M which overlaps with the story that is taking place in Tucson, AZ?

Holiness or Wisdom?
Striving or Training? (work hard)
Works or Grace?

1 Timothy 4:7-10 Rather, train yourself in godliness. **8** For the training of the body has limited benefit, but godliness is beneficial in every way, since it holds promise for the present life and also for the life to come. **9** This saying is trustworthy and deserves full acceptance. **10** For this reason we labor and strive, because we have put our hope in the living God, who is the Savior of all people, especially of those who believe.

Training versus Trying

Romans 12:1-2 Therefore, brothers and sisters, in view of the mercies of God, I urge you to present your bodies as a living sacrifice, holy and pleasing to God; this is your true worship. **2** Do not be conformed to this age, but be transformed by the renewing of your mind, so that you may discern what is the good, pleasing, and perfect will of God.

Trusting Jesus and acknowledging that he is right about everything.

I am a Jesus person and I want to live as a faithful Jesus person.

Living a life of contentment in the kingdom of God.

What did Jesus do concerning spiritual practices

- Solitude and Silence
- Walking with God
- Service and Secrecy
- Study of Scripture
- Learning (growing in intellect).
- Justice and Holiness
- Fellowship with a few who are of like serious mind. Firmly integrated into the church community.
- Sacrifice

All of this is led by the guiding of the Holy Spirit, given to us by Jesus, for the flourishing of our souls.

1 Peter 1:5-8 For this very reason, make every effort to supplement your faith with goodness, goodness with knowledge, knowledge with self-control, self-control with endurance, endurance with godliness, **7** godliness with brotherly affection, and brotherly affection with love. **8** For if you possess these qualities in increasing measure, they will keep you from being useless or unfruitful in the knowledge of our Lord Jesus Christ.

To fully understand grace compels one to be kingdom oriented and actively engaged.

Grace is for your whole life, not just for forgiveness.

Grace is God accomplishing goodness in our life that we cannot or will not do on our own.

Grace is not absent of effort, it is absent of earning.

Philippians 4:9 Do what you have learned and received and heard from me, and seen in me, and the God of peace will be with you.

To do the things of Jesus one must practice and be an example.

Question: Who is modeling you? And if they are, what are they modeling?

The result -> abundant (overflowing) fruit of the Spirit and divine power!

Dallas Willard defines divine power as, “what is accomplished by your words and actions that cannot possibly be explained by your efforts and talents.”

Let's go back to the beginning...discernment and dreaming.

Spiritual and practical are not separated in the kingdom of God. We are whole people.

Question: What do you want to see change in your personal life?

How do you want your relationships to mature and become healthier? (Forgiveness, boundaries, depth, investment)

How would you evaluate your contentment?

Is church an add-on to your already busy schedule or is church the vibrant community of Jesus followers in which you give sacrificially and receive abundantly.